Daily Bread Co-operative (Cambridge) Ltd.

Product List

This price list was correct at the time of going to press, but is subject to change without notification.

Suma Broth Mix **BUTTER BEANS** MARROWFAT PEAS I. Food & £1.65 £1.79 Lima Beans £6.09 1Ka 6 x 500c £8.73 12 x 75a £18.79 £26.09 5Ka 1Kg £9.16 **Drink** Suma Broth Mix - Organic Lemon Drizzle Slice 12.5Ka £40 59 £39.59 5Kg 500a £2 25 75a £1 79 £101.19 MUNG BEANS 6 x 500a £11.89 12 x 75a £18.79 **Baby Food CANNELLINI BEANS** Yellow Split Peas Organic Millionaire Slice 1Ka £5.79 Alubia Beans 5Kq £24.75 500g £2.19 75a £1.86 25Ka £63.25 **ELLA'S KITCHEN** 1Ka £6.39 6 x 500c £11.57 12 x 75a £19.44 Sticky Stem Ginger Slice £27.45 **MUNG BEANS ORGANIC** The Green One Fruit Smoothie **TINNED BEANS** 25Kq £70.15 £1.79 Organic NO VAT!!! 1Kg £12.73 **ORGANIC** 12 x 75a £18.79 £1.25 **CHICKPEAS ORGANIC** 5Ka £55.35 See "Tinned Foods' Vegan Carrot Cake £13.04 1Ka £7.83 The Purple One Fruit Smoothie £1.79 5Ka £33.75 PINTO BEANS YELLOW SPLIT PEAS 12 x 75g Organic NO VAT!!! £18.79 £86.25 1Kg £5.18 £1 23 £3.73 **BURY FARM BAKERY** DARK SPECKLED £22.05 5Kq 12 x 90g £13.04 £14.02 A range of handmade cakes, including £56.35 25Ka **LENTILS** The Red One Fruit Smoothie £35.82 vegan and gluten-free options. Organic NO VAT!!! **RED KIDNEY BEANS** £8.55 Selection varies, individually priced. £36.89 £1.25 1Ka £5.79 Bread 90a 25Ka £94.29 12 x 90a £13 04 5Ka £24.75 **EVERFRESH** The Yellow One Fruit Smoothie Suma 25Ka £63.25 AMAI7IN Organic NO VATIII 500a £3 29 Carrot & Raisin Cake Vegan **RED KIDNEY BEANS** Tortilla Wraps Extra Fibre Organic 3Kg 90a £1.23 £16.43 £3.89 **ORGANIC** 240g £2.95 6 x 500g £17.39 12 x 90g £13.04 8 x 350a £27.38 1Ka £9.77 16 x 240g **ORGANIX DARK SPECKLED** SPECIALITE LOCALE £42.29 5Ka **AMISA** LENTILS ORG Alphabet Biscuits 25Ka £108.09 **Dutch Apple Loaf** Olive Ciabatta Glutenfree £3.25 Suma Prepack - Organic Suma Prepack 5item(s) £4.09 450a 6 x 5item(s) £17.07 3Ka 500Ka £3.35 12 x 450a £43.13 8 x 180c Animal Biscuits Stem Ginger Cake **GREEN LENTILS** RED LENTILS **BIONA** 100a £2.79 450a £4.09 £4.33 1Ka £5.08 1Ka 5 x 100g £12.18 Pumpernickel Bread Org £43 13 £17.98 5Ka 5Ka £21.59 Carrot Stix Organic 500g £2.75 £64 55 25Ka £55 19 25Ka Chocolate & 15a £0.55 Suma Prepack 8 x 500c Suma Prepack 6 x 15q £2.82 Rye Vitality Bread £8.99 500a £1.95 Carob Sweetcorn Ring 500g £2.85 £9.15 3Kg **GREEN LENTILS** 20a £0.84 6 x 500c £14.96 **RED LENTILS ORGANIC ORGANIC BOOJA BOOJA** £5.98 8 x 20a DILLON £4.57 Hazelnut Crunch Truffles (Chilled) £5.82 1Ka Chia Flax Bread Organic **Bean Sprouting** 5Kg £24.43 5Ka £18 99 VAT 25Kg £84.56 25Ka £70.64 250a £4 99 92g £6 25 Suma Prepack - Organic Suma Prepack - Organic 6 x 250a £26.38 8 x 92a £43.97 **GERMINATOR** Flax Keto Bread Organic 500a £2 35 500a £269 Jar VAT **CAROB POWDER** £4.99 750a 250a 3Ka £1261 £3.25 £9.66 £2.82 1Ka £4.25 £26.38 6 x 500g £14.23 6 x 250c 500a £9.55 £10.58 3Ka **FLORENTINE GREEN SPLIT PEAS** Beans. Lentils 6 x 500a £12 43 CAROBOO Pitta Bread White £3.55 1Kg 6 x 750a £17 18 & Peas Raspberry & Honeycomb Crunch VAT £14.85 £2.25 260a SPLIT PEAS £1.35 £23.34 12 x 260a Suma - Green 20 x 32a £23.66 **BLACK EYE BEANS** Pitta Wholemeal **GREEN SPLIT PEAS** Salted Caramel Nutty Bars VAT 500g £1.65 1Kg £6.07 280a £2.25 **ORGANIC** 6 x 500a £8.73 32a £1.69 5Kg £25 99 12 x 280q £23.34 1Kg £6 61 20 x 32g Suma - Yellow £29.58 25Ka £66.41 SCHNITZER 3Ka £1289 Smooth & Creamy Orange Bars VAT 500a £1.75 **BLACK LENTILS** 5Kg £28.36 Baquette Classic Gluten Free 6 x 500g £9.26 £1.69 £72.47 1Ka £6.45 360a 20 x 35a SPLIT PEAS ORGANIC 5Ka £26.45 HARICOT BEANS 6 x 360c Smooth and Creamy Mint Bars VAT Suma - Green Organic 25Ka £93.96 **ORGANIC** £1.69 Suma £2.35 Cakes £9.87 20 x 35q £30.13 1Ka 6 x 500a £12.43 3Kn £14.59 Smooth Cream Coconut Bar VAT 5Ka £42 75 3Ka **BLACK TURTLE BEANS BAKED TO TASTE** 25Kn £109.25 £1 69 Suma - Yellow Organic 20 x 35c £29.58 A selection of gluten-free cakes made 1Ka £5.33 HODMEDOD'S £10.66 by Baked to Taste 5Ka £22.73 CHOCOLATE AND LOVE Carlin Peas (Black Badger) British SUMA PRE-PACKS 25Ka £58.08 Grown Milk Chocolate, Hazelnut VAT Suma Prepack Aduki Beans - Organic Bakewell Slice 500a £1 99 £3 29 500g £2 25 500g £3.85 75g £1.79 12 x 500a £22.05 14 x 80a £40.03 £11.89 6 x 500a 6 x 500a £20.35 12 x 75q Fava Beans Split Organic British Panama 80% Chocolate Bar VAT Dark Speckled Lentils Organic Chocolate Fudge Slice **BROWN LENTILS** Grown £3 35 80a 500a £4 15 75a £1.86 £1.99 14 x 80a £40.87 1Ka £3.78 6 x 500a £21 94 12 x 75a £19.44 12 x 500a £22.05 5Kq £15.61 **CHOCOLATE DROPS** Organic Bean Mix Coconut & Cherry Flapjack (2) Fava Beans Whole British Grown 25Ka £56.03 70g 100a £2.29 500a £3 15 £1.79 Suma Prepack 500g £2.29 250q £5 14 6 x 500a 12 x 500g £16.65 12 x 70a £24.57 £18.79 500a 500a £9.49 Pinto Beans Organic Whole Blue Peas - British Grown Double Chocolate Brownie Slice 6 x 500a £11.89 £17.59 1Kg 500a 75a £1.86 500q £1 69 6 x 500g £17.89 12 x 750 £19 44 £18.69 12 x 500q

CHOCOLATE DROPS		EQUAL EXCHANGE		Atey Ate 88% VAT		Dark Chocolate With Lemon &		BONSAN	
ORGANIC		55 % Dark Chocolate with Lemo	n	35g	£2.19	Cardamon Organic VAT	00.00	Caesar Dressing	
		Ginger and Pepper VAT		75g Creamy Mylk VAT	£3.49	75g 10 x 75g	£2.99 £26.38	310ml	£3.35
**	£5.74		£2.79	35g	£2.09	Milk Chocolate With Cornish S		6 x 310ml	£17.64
		12 x 100g 55% Dark Chocolate Caramel a	£29.48 and	Creamy Orange - Limited Ed V	ΑT	& Lime VAT		Hot and Fiery Chilli Sauce	C2 EE
CONSCIOUS		Sea Salt VAT		35g	£2.09	75g 10 x 75g	£2.99 £26.38	140ml 6 x 140ml	£3.55 £18.71
Chocolate Coated Brazils VAT		100g	£2.79	Creamy Orange - Limited Ed. V		Milk Chocolate With Hazelnut 8		Sweet Mustard Dressing	2.0
	£2.49		£29.48	75g Dark Mylk VAT	£3.49	Almond Organic VAT		325ml	£3.19
	17.50	65% Dark Chocolate with Orang Organic VAT	je	35q	£2.09	75g	~L.00	6 x 325ml	£16.87
Dark Side 75% Raw Bar VAT		100g	£2.79	Euphoric Orange VAT	22.00	10 x 75g	£26.38	DELOUIS	
**		12 x 100g	£29.48	35g	£2.19	SUMA		Dijon Mustard	
10 x 60q £2 Four Nuts Raw Bar VAT	24.58	HEAVENLY CHOCOL	ATE	75g	£3.49	Cacao Nibs Organic	04.75	200g 6 x 200g	£3.39 £17.91
	£2.79	All 30g Bars VAT		Minty Mylk VAT 35g	£3 U0	100g 6 x 100g	£1.75 £9.26	Wholegrain Mustard Organic	L11.31
	24.58		£1.89	Signature Seventy 70% VAT	22.00	VEGO	20.20	200g	£3.39
Goji & Coconut Raw Bar VAT		6	£9.87	35q	£2.19	Chocolate & Rice Crisp Bar VA	т	6 x 200g	£17.91
	£2.79 24.58	HU		75g	£3.49	40a	£1.72	DINE	
Love Potion No9 Raw Bar VAT		Almond Butter Crispy Dark Bar \		MR POPPLE'S		20 x 40g	£31.01	Hollandaise Sauce	
* ***	2.79	60g 12 x 60a	£3.79 £40.99	CHOCOLATE		Hazelnut Choc Melts		205g	£2.79
	24.58	Cashew Butter Vanilla Dark Cho		Creamy Mylk VAT		180g 10 x 180g	£6.15 £54.33	6 x 205q Honey Mustard Dressing	£14.79
Orange & Tangerine Raw Bar VA 60q £	.i £2.79	60g	£3.79	75g	£3.49	Pralines Vegolino VAT	104.00	260q	£3.49
	24.58	12 x 60g	£40.99	NAKD		180g	£5.95	6 x 260g	£18.23
DELICIOUSLY ELLA		MONTEZUMA		Double Chocolish Big Bite VAT		8 x 180q	£42.28	GEO ORGANICS	
Chocolate Orange Dipped Almono	ds	Absolute Black - Almond Cocoa	Nibs	50g 16 x 50a		Vegan Chocolate Bar with Haz Organic VAT	els	Mango Chutney Organic	
VAT		VAT	£2.79	Salted Caramel VAT	L2J.JJ	65q	£2.59	300g	£3.39
**	£1.29	90g 12 x 90a	£2.79 £30.37	35g	£0.99	30 x 65q	£68.31	6 x 300g	£17.91
	13.33	Absolute Black - Dark Chocolate		18 x 35g	£15.79	White Almond Bliss Bar VAT		INSPIRED VEGAN	
Peanut Butter Cup - No VAT 36g £	£1.69	90g	£2.79	OMBAR		50g		Mayonnaise	
	17.06		£30.37	Coco Milk Buttons VAT		18 x 50g	£35.46	205g	£2.39
Salted Caramel Cup - No VAT		Absolute Black - Mint VAT 90g	£2.79	25g	21.00	VIVANI		6 x 205g	£13.62
	£1.69		£30.28	15 x 25g Coco Mylk Chocolate Bar VAT	£20.24	Black Cherry VAT	04.40	JANDA	
12 x 36g £1 Salted Chocolate Dipped Almonds	17.06	Absolute Black - Orange Cocoa		35q	£2 05	35g 18 x 35g	£1.46 £24.49	Buffalo Sauce 190a	00.00
VAT	3	VAT	00.00			Coconut Crunch Bar VAT	227.73	6 x 190g	£2.99 £15.79
27q £	£1.29	90g 12 x 90g	£3.29 £35.82	Dark 72% Buttons VAT		35g	£1.59	Burger Sauce	2.0
12 x 27g £1	13.33	Black Forest Gateau VAT	200.02	25g		18 x 35q		165g	£2.99
DIVINE		90g	£3.29	15 x 25g Hazelnut Centre Org VAT	£20.24	Dark Cooking Chocolate No VA 200q	£3.69	6 x 165g	£15.96
41% Dark Smooth Hazelnut VAT			£35.82	35q	£2.05	10 x 200g	£32.56	MANFOOD	
	.2.30	Chilli Bonkers - Dark Choc & Ch Organic VAT	11111			Dark Nougat Croccante VAT		Chunky Piccalilli	
15 x 90q £3 After Dinner Mint Thins VAT	38.65	90q	£3.29	Oat Milk Fruit & Nut Org VAT		35q	£1.59	300g 6 x 300g	£3.74 £20.69
		• • • • • • • • • • • • • • • • • • • •	£35.82	70g 10 x 70g		18 x 35g White Nougat Rice Bar VAT	£24.97	Dried Fruit Chutney	120.09
Dark Chocolate 60% Pink Himala	yan	Happy Hippy - Orange & Gerani	um	Oat Milk Hazelnut Org VAT	L20.34	35g	£1.46	300g	£3.49
Salt VAT		Organic VAT 90g	£2.79	70g	£2.39	18 x 35q	£23.19	6 x 300g	£18.32
			£30.37		£20.94			Pear, Ginger and Fig Chutney	
Dark Chocolate 70% VAT	30.00	Hot Pickle - Chilli & Lime Organi		Oat Milk Salt Caramel Org VAT		Condiments &	<u>۶</u>	300g 6 x 300g	£3.49 £18.32
90g £		90q	£2.79	70g 10 x 70g	£2.39 £20.94	Dressings		RUBIES IN THE RUE	
	38.66	12 x 90g Spice It Up - Dark Choc & Ginge	£30.37 er VAT	Oat Milk Smooth Org VAT				NODIEG IN THE NOE	JULL
Dark Chocolate 85% VAT 90g £	£2.95							Garlic Mayonnaise	
		90a	£3.29	70q		BIONA		Garlic Mayonnaise 240a	£2.99
15 x 90q £3	38.66	90q 12 x 90g	£3.29 £35.82	70a 10 x 70g		BBQ Sauce Organic	00.45	240g 6 x 240g	£2.99 £15.43
Dark Chocolate With Ginger &				70q 10 x 70q Pistachio Centre Mini Bar VAT	£20.94	BBQ Sauce Organic 250ml	£3.45 £18.18	240g 6 x 240g Pink Onion & Chilli Relish	£15.43
Dark Chocolate With Ginger & Orange VAT	38.66	12 x 90g		70q 10 x 70g Pistachio Centre Mini Bar VAT 35g	£20.94 £2.05	BBQ Sauce Organic	£3.45 £18.18	240g 6 x 240g Pink Onion & Chilli Relish 200g	£15.43 £3.49
Dark Chocolate With Ginger & Orange VAT 90g £	38.66 £2.95	12 x 90q st MOO FREE Bunnycomb Mini VAT 20g	£35.82 £0.59	70q 10 x 70q Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT	£20.94 £2.05 £18.04	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q	£18.18 £3.65	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200a	£15.43
Dark Chocolate With Ginger & Orange VAT 90g £	38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q	£35.82	70q 10 x 70g Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT 35q	£20.94 £2.05 £18.04 £2.05	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q	£18.18	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200g Plant-Based Mayo 285ml	£15.43 £3.49 £17.97 £3.35
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT	38.66 £2.95	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT	£35.82 £0.59 £10.58	70q 10 x 70g Pistachio Centre Mini Bar VAT 35q 10 x 35g Strawberry Mylk Mini Bar VAT 35q 10 x 35q	£20.94 £2.05 £18.04 £2.05 £18.04	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic	£18.18 £3.65 £19.25	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200g Plant-Based Mayo 285ml 8 x 285ml	£15.43 £3.49 £17.97
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT 90q £ 15 x 90q £ 25 x 90q £	38.66 £2.95 38.66 £2.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q	£35.82 £0.59	70q 10 x 70g Pistachio Centre Mini Bar VAT 35q 10 x 35g Strawberry Mylk Mini Bar VAT 35q 10 x 35q ORGANIC SEED & B	£20.94 £2.05 £18.04 £2.05 £18.04	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q	£18.18 £3.65 £19.25 £2.85	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200g Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish	£15.43 £3.49 £17.97 £3.35 £23.64
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT	38.66 £2.95 38.66 £2.95 38.66 ⁄AT	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q	£35.82 £0.59 £10.58 £2.19	70q 10 x 70q Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT 35q 10 x 35q ORGANIC SEED & BICOMPANY	£20.94 £2.05 £18.04 £2.05 £18.04 EAN	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q	£18.18 £3.65 £19.25	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200g Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200g	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT 90q £ 15 x 90q £ Dark Chocolate With Raspberry V 90q £	38.66 £2.95 38.66 £2.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT	£35.82 £0.59 £10.58 £2.19	70q 10 x 70q Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT 35q 10 x 35q ORGANIC SEED & BI COMPANY 72% Dark Mandarin & Ginger V	£20.94 £2.05 £18.04 £2.05 £18.04 EAN	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25	240g 6 x 240g Pink Onion & Chilli Relish 200g 6 x 200g Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200g 6 x 200g	£15.43 £3.49 £17.97 £3.35 £23.64
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £ Dark Chocolate With Mint VAT 90q £ 15 x 90q £ Dark Chocolate With Raspberry V 90q £	38.66 £2.95 38.66 £2.95 38.66 /AT £2.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT	£0.59 £10.58 £2.19 £23.16	70q 10 x 70q Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT 35q 10 x 35q ORGANIC SEED & B COMPANY 72% Dark Mandarin & Ginger V 75q	£20.94 £2.05 £18.04 £2.05 £18.04 EAN	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q	£18.18 £3.65 £19.25 £2.85 £14.96	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49
Dark Chocolate With Ginger & Orange VAT 90q f. 15 x 90q f. 23 Dark Chocolate With Mint VAT 90q f. 35 x 90q f. 37 Dark Chocolate With Raspberry V 90q f. 45 x 90q f. 37 Milk Chocolate With Salt & Toffee N 90q f. 45	22.95 38.66 22.95 38.66 4AT 22.95 38.66 VAT 22.95	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80a 12 x 80q Mint Mini VAT Orange Mini VAT 20q	£0.59 £10.58 £2.19 £23.16	70a 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35g ORGANIC SEED & B COMPANY 72% Dark Mandarin & Ginger V 75g	£20.94 £2.05 £18.04 £2.05 £18.04 EAN 'AT £2.99	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97
Dark Chocolate With Ginger & Orange VAT 90q £3 15 x 90q £3 Dark Chocolate With Mint VAT 90q £3 15 x 90q £3 Dark Chocolate With Raspberry V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3	38.66 £2.95 38.66 £2.95 38.66 /AT £2.95 38.66 VAT	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT 20q	£0.59 £10.58 £2.19 £23.16	70q 10 x 70q Pistachio Centre Mini Bar VAT 35q 10 x 35q Strawberry Mylk Mini Bar VAT 35q 10 x 35q ORGANIC SEED & BI COMPANY 72% Dark Mandarin & Ginger V 75q 10 x 75q	£20.94 £2.05 £18.04 £2.05 £18.04 EAN AT £2.99 £26.38	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49
Dark Chocolate With Ginger & Orange VAT 90q £3 15 x 90q £3 Dark Chocolate With Mint VAT 90q £3 15 x 90q £3 Dark Chocolate With Raspberry V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate 45%	38.66 £2.95 38.66 £2.95 38.66 /AT £2.95 38.66 VAT £2.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT 20q 20 x 20q Corange Mini VAT 80q 20 x 20q Corganic Salted Caramel VAT	£35.82 £0.59 £10.58 £2.19 £23.16 £0.59 £10.57 £2.19	70q 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35g ORGANIC SEED & Bi COMPANY 72% Dark Mandarin & Ginger V 75g 10 x 75g SEED AND BEAN Dark Chocolate With Coconut & Raspberry Organic VAT	£20.94 £2.05 £18.04 £2.05 £18.04 EAN AT £2.99 £26.38	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org 300ml 6 x 300ml Sweet Chilli Sauce Organic	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09 £2.95 £15.49	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97
Dark Chocolate With Ginger & Orange VAT 90q £3 15 x 90q £3 Dark Chocolate With Mint VAT 90q £3 Dark Chocolate With Raspberry V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate 45% 90q £3	22.95 38.66 22.95 38.66 4AT 22.95 38.66 VAT 22.95	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT 20q 20 x 20q Corganic Salted Caramel VAT 80q 12 x 80q	£35.82 £0.59 £10.58 £2.19 £23.16 £0.59 £10.57 £2.19 £24.86	70a 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35q ORGANIC SEED & B COMPANY 72% Dark Mandarin & Ginger V 75g 10 x 75g SEED AND BEAN Dark Chocolate With Coconut & Raspberry Organic VAT	£20.94 £2.05 £18.04 £2.05 £18.04 EAN 'AT £2.99 £26.38	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org 300ml 6 x 300ml Sweet Chilli Sauce Organic 250ml	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09 £2.95 £15.49	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney 200q 6 x 200q	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97
Dark Chocolate With Ginger & Orange VAT 90q £3 15 x 90q £3 Dark Chocolate With Mint VAT 90q £3 15 x 90q £3 Dark Chocolate With Raspberry V 90q £3 15 x 90q £3 Milk Chcolate With Salt & Toffee V 90q £3 Milk Chocolate With Salt & Toffee V 90q £3 Milk Chocolate 45% 90q £3 Milk Chocolate 45% 90q £3 Milk Chocolate 45%	22.95 38.66 22.95 38.66 4AT 22.95 38.66 VAT 22.95 38.66 22.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80a 12 x 80q Mint Mini VAT Orange Mini VAT 20q 20 x 20q Corganic Salted Caramel VAT 80q 12 x 80q Corginal "Choccy" Bar Mini VAT	£35.82 £0.59 £10.58 £2.19 £23.16 £0.59 £10.57 £2.19 £24.86	70q 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35g ORGANIC SEED & Bi COMPANY 72% Dark Mandarin & Ginger V 75g 10 x 75g SEED AND BEAN Dark Chocolate With Coconut & Raspberry Organic VAT 75g 10 x 75g	£20.94 £2.05 £18.04 £2.05 £18.04 EAN 'AT £2.99 £26.38	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org 300ml 6 x 300ml Sweet Chilli Sauce Organic 250ml 6 x 250ml	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09 £2.95 £15.49 £3.45 £18.18	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney 200q 6 x 200q SUMA Mayonnaise Organic 300q	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97 £2.55 £13.27
Dark Chocolate With Ginger & Orange VAT 90q £ 15 x 90q £	22.95 38.66 22.95 38.66 4AT 22.95 38.66 VAT 22.95 38.66 22.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT 20q 20 x 20q Organic Salted Caramel VAT 80q 12 x 80q 12 x 80q 0riginal "Choccy" Bar Mini VAT	£35.82 £0.59 £10.58 £2.19 £23.16 £0.59 £10.57 £2.19 £24.86 £0.59	70a 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35q ORGANIC SEED & B COMPANY 72% Dark Mandarin & Ginger V 75g 10 x 75g SEED AND BEAN Dark Chocolate With Coconut & Raspberry Organic VAT	£20.94 £2.05 £18.04 £2.05 £18.04 EAN 'AT £2.99 £26.38	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org 300ml 6 x 300ml Sweet Chilli Sauce Organic 250ml 6 x 250ml Tomato Ketchup Classic Squee	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09 £2.95 £15.49 £3.45 £18.18	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney 200q 6 x 200q SUMA Mayonnaise Organic 300q 6 x 300q 6 x 300q	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97 £2.55 £13.27
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Dark Chocolate With Ginger & Orange VAT 90q	22.95 38.66 22.95 38.66 22.95 38.66 22.95 38.66 VAT 22.95 38.66 22.95 38.66 22.95 38.66	12 x 90q MOO FREE Bunnycomb Mini VAT 20q 20 x 20q Cinder Toffee VAT 80q 12 x 80q Mint Mini VAT Orange Mini VAT 20q 20 x 20q Cramic Salted Caramel VAT 80q 12 x 80q 13 x 80q 14 x 80q 15 x 80q 16 x 80q 17 x 80q 18 x 80q 19 x 80q 19 x 80q 10 x	£0.59 £10.58 £23.16 £0.59 £10.57 £2.19 £10.57 £2.19 £10.57 £2.19 £10.57	70a 10 x 70g Pistachio Centre Mini Bar VAT 35g 10 x 35g Strawberry Mylk Mini Bar VAT 35g 10 x 35a ORGANIC SEED & BI COMPANY 72% Dark Mandarin & Ginger V 75g 10 x 75g SEED AND BEAN Dark Chocolate With Coconut & Raspberry Organic VAT 75g 10 x 75g Dark Chocolate With Espresso Organic VAT 75g	£20.94 £2.05 £18.04 £2.05 £18.04 EAN AT £2.99 £26.38 £2.99	BBQ Sauce Organic 250ml 6 x 250ml Brown Sauce Organic 270q 6 x 270q Egg Free Mayonnaise Organic 230q 6 x 230q Horseradish Relish Organic 125q 6 x 125q Mustard Medium Hot Org 300ml 6 x 300ml 6 x 300ml Sweet Chilli Sauce Organic 250ml Tomato Ketchup Classic Squee 560q 12 x 560q Tomato Ketchup Organic 340q	£18.18 £3.65 £19.25 £2.85 £14.96 £3.25 £17.09 £2.95 £15.49 £3.45 £18.18 £2zy £4.35 £45.99 £3.45	240q 6 x 240q Pink Onion & Chilli Relish 200q 6 x 200q Plant-Based Mayo 285ml 8 x 285ml Spicy Tomato Relish 200q 6 x 200q SHAWS Apricot & Ginger Chutney 200q 6 x 200q SUMA Mayonnaise Organic 300q 6 x 300q VINEGAR	£15.43 £3.49 £17.97 £3.35 £23.64 £3.49 £17.97 £2.55 £13.27
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Cooking Aids	٦	SOURDOUGH STAR Bread Matters Organic	TER	BIONA		125g	£3.05	•	£1.85
		10g	£4.99	Hazelnut Waffles Organic 175a	£3.25	12 x 125g Peanut Butter Cookies Gluten		12 x 250g Rough Oatcakes	£19.46
AGAR AGAR FLAKES		12 x 10q		12 x 175q	£34.19	125a	£3.05	•	£1.35
Algamar 50g £4	.72	THE RAW CHOCOLA	ATE	Honey Waffles Organic 175q	£2.85	12 x 125q		10 x 291q	£11.98
16 x 50g £70		CO.		12 x 175g	£29.91	KALLO		Stem Ginger Oat Biscuits	£2.05
BAKING POWDER		Cacao Butter Buttons 200g	£6.99	BORAKIS		Beetroot Veggie Cakes		200g 10 x 200g	£2.05 £17.89
1Kg £10	.91	6 x 200g	£38.31	All Biscuits -		122q 6 x 122q	£3.59 £18.92	ORGANICO	
Suma Gluten Free 200q £2	.45	TOMATO PUREE		Koulouria/Cinnamon/Olive 140a	£3.05	Belgian Dark Chocolate Rice		Spelt Breadsticks	
6 x 200g £12		Organic In Tubes. No Added Ingredients Suma		CLEARSPRING	20.00	Thins Organic VAT 90q	£3 3E	120g 8 x 120g	£2.95 £20.78
BREADCRUMBS		200q	£1.65	Brown Rice Cakes Buckwheat	&	16 x 90g	£47.31	ORGRAN	L20.10
Brown Rice Clearspring		24 x 200g	£34.88	Amaranth		Belgian Milk Chocolate Rice C Thins Organic VAT	ake	Toasted Corn Crispbread	
250g £4 12 x 250g £47	.49 .46	VEGETARIAN SUET		120g 6 x 120g	£1.69 £8.94	•	£3.45	125g	£2.15
CACAO NIBS ORGANIO		Suma		Sea Vegetable & Black Peppe		16 x 90g	£48.75	6 x 125g	£11.45
Suma		250g 6 x 250g	£3.15 £16.65	Oatcakes Organic	£3.29	Blueberry & Vanilla Rice Cake	£3.59	PAPPADUMS	
1Kq £11	.79	WHEAT GLUTEN FL		15 x 200g		6 x 131g	£18.86	Pataks Plain 100g	£2.09
CERTO		Suma Vital		Traditional Oatcakes Organic		Corn Cakes Organic		12 x 100q	£21.59
Apple Pectin		500g	£5.35	200q 15 x 200g	£2.99	130g 12 x 130g	£2.25 £23.89	REAL FOODS	
250ml £3 6 x 250ml £16		6 x 500q	£28.28	DOVES FARM	200.01	Protein Lentil Rice Cake	220.00	Corn Thins Original	
COOKING CHOCOLATE		XANTHAN GUM Suma VAT		Chocolate Chip Cookies Glute	n Free	100g	£2.45	150q 6 x 150q	£1.95 £10.31
see "Chocolate & Carob"		100g	£3.39	Organic		Sea Salt and Balsamic Vinega Cakes VAT	Ir Rice	RHYTHM 108	£10.31
		6 x 100g	£17.93	180g 12 x 180g	£2.59 £27.73	127g	£2.69	Almond Biscotti	
CREAMED COCONUT		YAKSO		Digestive Biscuits Organic	۱۱۱۱ د د د	6 x 127q Sesame Rice Cake Organic	£14.16	135g	£3.29
Biona Creamed Coconut		Yakso Rice Papers Organic		200g	£1.69	130q	£1.89	8 x 135g	£23.69
77		150g 15 x 150g	£3.65 £48.03	12 x 200g Double Chocolate Cookies Glu	£17.18 Iten	6 x 130g	£9.89	Coconut Cookie 135q	£3.29
Suma Pre-pack Creamed Coconut		YEAST	210.00	Free Organic		Thin Rice Cakes Unsalted Org	ganic £2.05	8 x 135g	£23.69
Organic	15	Doves Farm Quick Yeast		180g 12 x 180g	£2.59 £27.73	12 x 130q	£21.61	Double Choco Hazelnut Biscu	
200g £2 12 x 200g £25	.45 .78	125g	£1.99	Fruity Oat Digestives	LZ1.13	Wholegrain with Salt Thick Ric		135q 8 x 135g	£3.29 £23.18
CUSTARD POWDER		8 x 125g 16 x 125g	£14.91 £27.77	200g	£2.09	130g 12 x 130g	£2.15 £22.59	Lemon Ginger Chia	
Just Wholefoods		Fermipan Instant Dried	221.11	12 x 200g Lemon Zest Cookies Gluten Fi	£21.99	LAZY DAY		135g 8 x 135g	£3.29 £23.18
**		500g	£7.69	150q		Chocolate Orange Slice - Glut	en &	RUDE HEALTH	220.10
	.35	20 x 500g Fresh	£135.91	12 x 150g		Dairy Free	00.45	Ginger Turmeric Oaty	
JELLY CRYSTALS Lemon Vegan		100g	£0.57	Stem Ginger Cookies Gluten F 150g		150g 8 x 150g	£3.45 £24.16	200g	£2.49
•	.99	500g 1Kg	£2.52 £3.98	12 x 150g		Millionaire's Shortbread - Glut		12 x 200g Multigrain Thins	£26.47
12 x 85g £20	.81	YEAST FLAKES	LJ.30	DR KARG		Dairy Free 150g	£3.45	160a	£2.75
Raspberry Vegan 85g £1	gg	Engevita		3 Grain & 3 Seed Crispbread		8 x 150g	£24.16	5 x 160g	£12.11
		100g	£3.95	200g 8 x 200g	£3.49 £24.69	Rocky Road - Vegan & Suitab Coeliacs	le for	TRAIDCRAFT	
Strawberry Vegan	00	6 x 100g Engevita. With B12	£20.89	Emmental Cheese & Pumpkin		150a	£3.45	Double Chocolate Cookies Fa	
		100g	£4.25	Crispbread 200q	c2 e0	8 x 150g	£24.16	180g 8 x 180g	£2.79 £19.63
Tropical Fruits Vegan		6 x 100g	£22.44	8 x 200g	£3.69 £26.04		Dairy	Stem Ginger Cookies Fair Tra	
85g £1 12 x 85g £20	.99	Crackers &		EASY BEAN		150g	£2.45		
LEMON JUICE	.01			Green Pea and Chia Crackers		8 x 150g	£17.14	Dried Fruit &	
Sunita		Biscuits		150g		MR ORGANIC		Vegetables	
	.61	ADONIS		8 x 150q Lentil Poppy Seed Crackers	£24.48	Cocoa Biscuits Organic 250q	£2.39	Vegetables	
12 x 200ml £6 Sunita Large Organic	.39	Keto Black Pepper & Sea Salt		150g	£4.15	12 x 250g	£25.26	APPLE RINGS	
• •	.49	Crackers 60q	לט גב	8 x 150g Moroccan Chickpea Crispbrea	£28.99	Orange Cocoa Biscuits Organ		250g	£4.39
6 x 1L £33		10 x 60q	£3.35 £29.36			250g 12 x 250g	£2.79 £29.83	500q 1Kg	£8.36 £15.83
Sunita Small Organic 250ml £1	.79	AMISA		8 x 110g	£28.99	NAIRNS		5Kq	£59.37
12 x 250ml £18		Buckwheat Crispbread Organic	С	FINN CRISPBREAD		Cheese Oatcakes		Suma Pre Pack 150g 150g	£2.49
	.63	Gluten Free							
LIME JUICE	.63		C2 0E	Original Rye	04.70	200g	£2.09	6 x 150g	£13.17
LIME JUICE Sunita	.63	120g 12 x 120g	£2.95 £30.98	250g	£1.79 £18.72	12 x 200g	£2.09 £22.08	Suma Pre Pack 1kg	
Sunita 200ml £0	.61	120g 12 x 120g Chickpea Crispbread GF Org	£30.98	250g 12 x 250g	£1.79 £18.72			Suma Pre Pack 1kg 1Kq	£13.17
Sunita 200ml £0 12 x 200ml £6	.61	120g 12 x 120g Chickpea Crispbread GF Org 100q	£30.98 £1.99	250g	£1.79 £18.72	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g	£22.08	Suma Pre Pack 1kg 1Kq APRICOTS	£13.51
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1	.61 .39	120g 12 x 120g Chickpea Crispbread GF Org	£30.98	250g 12 x 250g HONEYROSE All-Butter Shortbread GF 125g	£18.72	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes	£22.08 £2.05 £14.31	Suma Pre Pack 1kg 1Kq	£13.51
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £15	.61 .39	120g 12 x 120g Chickpea Crispbread GF Org 100g 12 x 100g Protein Lentil Crispbread 100g	£30.98 £1.99 £21.34 £2.19	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q	£18.72	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g	£22.08	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q	£13.51 ured £1.99
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £15 PSYLLIUM HUSK	.61 .39	120g 12 x 120g Chickpea Crispbread GF Org 100q 12 x 100g Protein Lentil Crispbread 100g 12 x 100g	£30.98 £1.99 £21.34 £2.19	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY	£18.72 £3.39 £18.02	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake	£22.08 £2.05 £14.31 £1.49 £15.56	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q 6 x 125q	£13.51 ured £1.99 £10.54
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £15 PSYLLIUM HUSK Suma VAT	.61 .39 .79 .38	120g 12 x 120g Chickpea Crispbread GF Org 100q 12 x 100g Protein Lentil Crispbread 100g 12 x 100g Quinoa Fibre Plus Crispbread 100g	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Of Free	£18.72 £3.39 £18.02	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q	£13.51 ured £1.99 £10.54
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £15 PSYLLIUM HUSK Suma VAT	.61 .39 .79 .38	120q 12 x 120q Chickpea Crispbread GF Org 100q 12 x 100q Protein Lentil Crispbread 100q 12 x 100q Quinoa Fibre Plus Crispbread 100q 12 x 100q	£30.98 £1.99 £21.34 £2.19 £23.48	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Gree 125q	£18.72 £3.39 £18.02 Gluten £3.05	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125g 6 x 125q Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph	£13.51 ured £1.99 £10.54 ured 1kg £11.29
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £1 PSYLLIUM HUSK Suma VAT 200g £6	.61 .39 .79 .38	120g 12 x 120g Chickpea Crispbread GF Org 100q 12 x 100g Protein Lentil Crispbread 100g 12 x 100g Quinoa Fibre Plus Crispbread 100g	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89 £20.26	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Of Free 125q 12 x 125q	£18.72 £3.39 £18.02 Gluten £3.05 £32.08	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits £2.69	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125g 6 x 125q Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph 250g	£13.51 ured £1.99 £10.54 ured 1kg £11.29
Sunita 200ml £0 12 x 200ml £0 Sunita. Organic 250ml £1 12 x 250ml £1 PSYLLIUM HUSK Suma VAT 200g £6 6 x 200q £33 SODIUM BICARBONAT Bicarbonate of Soda VAT	.61 .39 .79 .38	120q 12 x 120q Chickpea Crispbread GF Org 100q 12 x 100q Protein Lentil Crispbread 100q 12 x 100q Quinoa Fibre Plus Crispbread 100q 12 x 100q Veggie Garden Crispbread	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89 £20.26 £1.69	250q 12 x 250g HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Gree 125q 12 x 125q Double Chocolate Chip Cookies Gluten Free	£18.72 £3.39 £18.02 Gluten £3.05 £32.08	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q 6 x 125q Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph 250g 250q 6 x 250q	£13.51 ured £1.99 £10.54 ured 1kg £11.29 ured £3.49 £18.45
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £1 PSYLLIUM HUSK Suma VAT 200q £6 6 x 200q £33 SODIUM BICARBONAT Bicarbonate of Soda VAT 1Kg £5	.61 .39 .79 .38	120q 12 x 120q Chickpea Crispbread GF Org 100q 12 x 100q Protein Lentil Crispbread 100q 12 x 100q Quinoa Fibre Plus Crispbread 100q 12 x 100q Veggie Garden Crispbread 100q	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89 £20.26 £1.69	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Gree 125q 12 x 125q Double Chocolate Chip Cookie Gluten Free	£18.72 £3.39 £18.02 Gluten £3.05 £32.08 es	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit 160g 12 x 160g Mixed Berry Oat Biscuits	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits £2.69 £28.58	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q 6 x 125q Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph 250g 250q 6 x 250q Suma Pre Pack Whole Sulph	£13.51 ured £1.99 £10.54 ured 1kg £11.29 ured £3.49 £18.45
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £1 PSYLLIUM HUSK Suma VAT 200g £6 6 x 200q £33 SODIUM BICARBONAT Bicarbonate of Soda VAT 1Kg £5 Suma	.61 .39 .79 .38	120q 12 x 120q Chickpea Crispbread GF Org 100q 12 x 100q Protein Lentil Crispbread 100q 12 x 100q Quinoa Fibre Plus Crispbread 100q 12 x 100q Veggie Garden Crispbread 100q	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89 £20.26 £1.69	250q 12 x 250g HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Gree 125q 12 x 125q Double Chocolate Chip Cookies Gluten Free	£18.72 £3.39 £18.02 Gluten £3.05 £32.08 es	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit 160g 12 x 160g Mixed Berry Oat Biscuits	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits £2.69 £28.58	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q 6 x 125g Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph 250g 250q 6 x 250q Suma Pre Pack Whole Sulph 500g 500q	£13.51 ured £1.99 £10.54 ured 1kg £11.29 ured £3.49 £18.45 ured £6.99
Sunita 200ml £0 12 x 200ml £6 Sunita. Organic 250ml £1 12 x 250ml £1 PSYLLIUM HUSK Suma VAT 200g £6 6 x 200q £33 SODIUM BICARBONAT Bicarbonate of Soda VAT 1Kq £5 Suma	.61 .39 .79 .38	120q 12 x 120q Chickpea Crispbread GF Org 100q 12 x 100q Protein Lentil Crispbread 100q 12 x 100q Quinoa Fibre Plus Crispbread 100q 12 x 100q Veggie Garden Crispbread 100q	£30.98 £1.99 £21.34 £2.19 £23.48 £1.89 £20.26 £1.69	250q 12 x 250q HONEYROSE All-Butter Shortbread GF 125q 6 x 125q ISLAND BAKERY Cranberry & Orange Cookies Gree 125q 12 x 125q Double Chocolate Chip Cookie Gluten Free	£18.72 £3.39 £18.02 Gluten £3.05 £32.08 es	12 x 200g Dark Chocolate Oat Biscuits 200g 8 x 200g Fine Oatcakes 218g 12 x 218g Fruit and Seed Oatcake 225g 8 x 225g Gluten Free Break Oat & Fruit 160g 12 x 160g Mixed Berry Oat Biscuits	£22.08 £2.05 £14.31 £1.49 £15.56 £2.09 £14.72 Biscuits £2.69 £28.58	Suma Pre Pack 1kg 1Kq APRICOTS Suma Pre Pack Whole Sulph 125g 125q 6 x 125q Suma Pre Pack Whole Sulph 1Kq Suma Pre Pack Whole Sulph 250g 250q 6 x 250q Suma Pre Pack Whole Sulph 500g	£13.51 ured £1.99 £10.54 ured 1kg £11.29 ured £3.49 £18.45 ured

0 0 0 1 14/1 1 11					it is subject to change			
Suma Pre Pack Whole Unsulphured	Suma Pre Pack 250g		Suma Pre Pack 500g		MIII DEDDIES ODC	ANIIC	Suma Pre Pack 500g	
1kg	250g	£3.65	500a	£5.55	MULBERRIES ORG	ANIC	500g	£3.15
1Kg £14.	32 6 x 250a		6 x 500g	£29.34	Suma Prepack		6 x 500q	£16.65
Suma Pre Pack Whole Unsulphured	Suma Pre Pack125g	2.0.20		220.0	250g	£1.85		
250g	•	CO 0E	FIGS ORGANIC		6 x 250q	£9.78	SUNDRIED TOMAT	IOES
-	125g 35 6 x 125g	£2.05 £10.84	Suma Pre Pack 1kg		PAPAYA		ORGANIC	
6 x 250g £20.	\ r		1Kg	£12.85			250q	£6.44
Whole Sulphured	CRYSTALLISE	D GINGER	Suma Pre Pack 250g		Suma Pre Pack - Diced		500q	£11.81
·	Suma Pre Pack 125g \	VAT	250q	£3.49	125q	£1.65	1Kg	£21.22
500g £8.	1 105		6 x 250q	£18.44	1Kg	£9.93	5Kq	£95.88
1Kg £15.			Suma Pre Pack 500g	£10.44	PEACHES		10Kg	£130.56
	65 6 x 125g 72 Suma Pre Pack 1kg V		-					
12.5Kg £175.	=		500g	£6.45	Suma Pre Pack 1kg		TROPICAL	
APRICOTS CHOPPED	1Kg		6 x 500g	£34.09	1Kg	£11.99	WHOLEFOODS	
500q £5.	Suma Pre Pack 250g \	VAI	FLAME RAISINS		Suma Pre Pack 250g		Bogoya Banana Slices Fairt	trade
1Kg £10.	18 250g	£2.85	Suma Pre Pack 1kg		250g	£3.25	125a	£2.98
5Kg £47.		£15.07	•	05.04	6 x 250q	£17.19	14 x 125g	£36.06
	S CRYSTALLISE	D GINGER	1Kg	£5.91	PEARS		Sun Dried Mango Org	200.00
Suma Pre Pack Chopped Sulphured		DOMOLIK	Suma Pre Pack 250g		-		100g	£2.98
1kg			250g		Suma Pre Pack 1kg		14 x 100g	£36.83
-	Suma Pre Pack VAT		6 x 250g	£8.73	1Kq	£12.43	Sundried Pineapple Fairtrad	
1Kg £10.	125g	£1.99	Suma Pre Pack 500g		Suma Pre Pack 250g			
APRICOTS ORGANIC	250g	£3.49	500g	£2.79	250a	£3.25	100g	£2.99
Suma Pre Pack Whole Unsulphured	6 x 125g	£10.53	6 x 500g	£14.75	6 x 250q	£17.19	14 x 100g	£36.06
1kg	1	£13.45	FRUIT SALAD				TURKISH SULTAN	AS
=	6 x 250g	£18.45			PINEAPPLE		Suma Pre Pack 1kg	
1Kg £16. Suma Pre Pack Whole Unsulphured	CURRANTS		Suma Pre Pack 1kg		Diced With added Sugar		ŭ	£4.62
250g		20.00	1	£15.15	500q	£6.79	1Kg Suma Pro Pack 500g	14.02
	500g	£3.06	Suma Pre Pack 250g		1Kg	£12.43	Suma Pre Pack 500g	
	25 1Kg	£5.59	250q	£3.89	**	£44.53	500g	£2.29
	17 5Kq	£24.61	6 x 250g		Suma Prepack Diced		6 x 500g	£12.11
Suma Pre Pack Whole Unsulphured	12.5Kg	£49.22		-	1Ka	£8.63	B	
500g	Suma Pre Pack 1kg		GLACE CHERRIES			~0.00	Drinks, Coff	ee l
	99 1Ka	£6.23	Dark Red		PRUNES PITTED		,	
6 x 500q £42.	Suma Pre Pack 250g		250g	£4.62	Suma Pre Pack Ashlock Pitter	d 1kg	CAFEDIRECT	
AUSTRALIAN SULTANA	S 250g	£1.75	500g	£8.42	1Ka	£9.22		
	6 x 250g	£9.27	Suma Pre-pack - Bright Red		Suma Pre Pack Ashlock Pitter		Intense Roast Ground Coffe	е
Suma Pre Pack 250g	CUDDANTS OF		200g	£3.05		U		
	9 CURRANTS OF	RGANIC	6 x 200g	£16.14	6 x 500q	£4.85	Kilimanjaro Ground Coffee	
	34 Suma Pre Pack		Suma Pre-pack - Dark Red	210.14	6 X 500Q	£25.64	227g	£5.55
Suma Pre Pack 500g	250g	£2.15		C2 0F	PRUNES PITTED		6 x 227g	£29.28
500g £4.	29 500g	£3.79	200q	£3.05	ORGANIC		Lively Roast Ground	
6 x 500g £22.	68 6 x 250g	£11.37	1Kg	£14.08	Suma Pre Pack 1kg		227g	£5.35
BANANA CHIPS	6 x 500g	£20.04	6 x 200g	£16.14	· ·	£16.84	Machu Picchu Coffee Beans	
	DATES		GOJI BERRIES		1Kg Suma Pre Pack 500g	10.04	227g	£5.55
		41	250g	£4.46	•		6 x 227g	£29.28
1Kg £8.	51 Suma Pre Pack Pitted	1kg	500g	£8.14	500g	£7.75	Machu Picchu Decaf Groun	
6.8Kg £42.	⁰⁹ 1Kg	£4.37	1Kg	£14.89	6 x 500q	£40.98		
BANANA CHIPS -	Suma Pre Pack Pitted	250g	5Kg		RAISINS		227g	£5.39
ORGANIC	250g	£1.35			Suma Pre Pack 1kg		6 x 227g	£28.76
		٨١.٥٥	Suma Pre Pack Iko					
	6 x 250g	£7.14	Suma Pre Pack 1kg	£15.82	•	05.07	Machu Picchu Ground Coffe	· ·
Banana Chips - Organic	6 x 250g Suma Pre Pack Pitted	£7.14	1Kg	£15.82	1	£5.07	227g	£5.55
Banana Chips - Organic 250q £2.	6 x 250g Suma Pre Pack Pitted	£7.14 500g	1Kg The Raw Chocolate Co. Pre		1 Suma Pre Pack 250g		227g 6 x 227g	· ·
Banana Chips - Organic	6 x 250g Suma Pre Pack Pitted 55 500g	£7.14 500g £1.99	1Kg		1 Suma Pre Pack 250g 250g		227g	£5.55
Banana Chips - Organic 250q £2.	6 x 250g Suma Pre Pack Pitted 55 500g 6 x 500g	£7.14 500g £1.99 £10.52	1Kg The Raw Chocolate Co. Pre		1 Suma Pre Pack 250g		227g 6 x 227g	£5.55
Banana Chips - Organic 250q £2. 6 x 250q £13.	6 x 250g Suma Pre Pack Pitted 55 500g	£7.14 500g £1.99 £10.52	1Kg The Raw Chocolate Co. Pre		1 Suma Pre Pack 250g 250g	£1.55	227g 6 x 227g Mayan Gold Ground	£5.55 £29.28
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE	6 x 250g Suma Pre Pack Pitted 55 500g 6 x 500g	£7.14 500g £1.99 £10.52	1Kg The Raw Chocolate Co. Pre 150g MANGO PIECES	Pack	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g	£1.55	227g 6 x 227g Mayan Gold Ground 227g	£5.55 £29.28 £5.55 £29.28
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg	£7.14 500g £1.99 £10.52 PED	1Kg The Raw Chocolate Co. Pre 150g MANGO PIECES 250g	Pack £6.52	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC	£1.55	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe	£5.55 £29.28 £5.55 £29.28
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg	£7.14 500g £1.99 £10.52 PED	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q	£6.52 £11.95	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC Suma Pre Pack 1kg	£1.55 £2.75	227g 6 x 227g Mayan Gold Ground 227g 6 x 227g	£5.55 £29.28 £5.55 £29.28
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1kq DATES MEDJO	£7.14 500g £1.99 £10.52 PED	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq	£6.52 £11.95 £21.89	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC Suma Pre Pack 1kg 1Kg	£1.55	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q	£5.55 £29.28 £5.55 £29.28 ee
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg	£7.14 500g £1.99 £10.52 PED	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q	£6.52 £11.95	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC Suma Pre Pack 1kg	£1.55 £2.75	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER	£5.55 £29.28 £5.55 £29.28 eee £5.35 £28.15
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1kq DATES MEDJO	£7.14 500g £1.99 £10.52 PED	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq	£6.52 £11.95 £21.89 £103.92	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC Suma Pre Pack 1kg 1Kg	£1.55 £2.75	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q	£5.55 £29.28 £5.55 £29.28 eee £5.35 £28.15
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5. 6 x 250q £9. BLUEBERRIES	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1Kq DATES MEDJO ORGANIC Suma Pre Pack 1kg	£7.14 500g £1.99 £10.52 PED	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq MANGO SLICES	£6.52 £11.95 £21.89 £103.92	1 Suma Pre Pack 250g 250q Suma Pre Pack 500g 500q RAISINS ORGANIC Suma Pre Pack 1kg 1Kq Suma Pre Pack 250g 250q 6 x 250q	£1.55 £2.75 £6.04	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER Instant Coffee Decaffeinated	£5.55 £29.28 £5.55 £29.28 eee £5.35 £28.15
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5. 6 x 250g £9. BLUEBERRIES 250q £8.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1Kq DATES MEDJO ORGANIC Suma Pre Pack 1kg 9 1Kq	£7.14 500g £1.99 £10.52 PED £5.25	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq	£6.52 £11.95 £21.89 £103.92	1 Suma Pre Pack 250g 250g Suma Pre Pack 500g 500g RAISINS ORGANIC Suma Pre Pack 1kg 1Kg Suma Pre Pack 250g 250g	£1.55 £2.75 £6.04 £1.99	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER Instant Coffee Decaffeinated	£5.55 £29.28 £5.55 £29.28 ee £5.35 £28.15
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5. 6 x 250q £9. BLUEBERRIES 250q £8. 500q £8.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1Kq DATES MEDJO ORGANIC Suma Pre Pack 1kg 9 1Kq Suma Pre Pack 250g	£7.14 500g £1.99 £10.52 PED £5.25 POL	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq MANGO SLICES	£6.52 £11.95 £21.89 £103.92	1 Suma Pre Pack 250g 250q Suma Pre Pack 500g 500q RAISINS ORGANIC Suma Pre Pack 1kg 1Kq Suma Pre Pack 250g 250q 6 x 250q	£1.55 £2.75 £6.04 £1.99	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER Instant Coffee Decaffeinated 100q	£5.55 £29.28 £5.55 £29.28 ee £5.35 £28.15 d Organic £8.29 £43.94
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5. 6 x 250q £9. BLUEBERRIES 250q £8. 500q £15. 1Kq £28.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1Kq DATES MEDJO ORGANIC Suma Pre Pack 1kg 1Kq Suma Pre Pack 250g 6 Suma Pre Pack 250g 6 Suma Pre Pack 250g	£7.14 500g £1.99 £10.52 PED £5.25 POL £17.27 £4.39	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq MANGO SLICES ORGANIC	£6.52 £11.95 £21.89 £103.92 £230.19	1 Suma Pre Pack 250g 250q Suma Pre Pack 500g 500q RAISINS ORGANIC Suma Pre Pack 1kg 1Kg Suma Pre Pack 250g 250g 6 x 250q Suma Pre Pack 500g 500q	£1.55 £2.75 £6.04 £1.99 £10.54	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER Instant Coffee Decaffeinated 100q 6 x 100q Instant Coffee Organic Fairt	£5.55 £29.28 £5.55 £29.28 ee £5.35 £28.15 d Organic £8.29 £43.94
Banana Chips - Organic 250q £2. 6 x 250q £13. BANANA CHIPS - WHOLE Whole Banana Chips 250q £1. 1Kq £5. 6 x 250q £9. BLUEBERRIES 250q £8. 500q £15. 1Kq £28. 11.34Kq £35.	6 x 250q Suma Pre Pack Pitted 500q 6 x 500q DATES CHOPP Suma Pre Pack 1kg 1Kq DATES MEDJO ORGANIC Suma Pre Pack 1kg 9 1Kq 6 Suma Pre Pack 250g 6 250q 1 6 x 250q	£7.14 500g £1.99 £10.52 PED £5.25 POL £17.27 £4.39 £23.21	1Kq The Raw Chocolate Co. Pre 150g MANGO PIECES 250q 500q 1Kq 5Kq 12.5Kq MANGO SLICES ORGANIC Essential Prepack 250g 250q	£6.52 £11.95 £21.89 £103.92 £230.19	1 Suma Pre Pack 250g 250q Suma Pre Pack 500g 500q RAISINS ORGANIC Suma Pre Pack 1kg 1Kq Suma Pre Pack 250g 250q 6 x 250q Suma Pre Pack 500g 500q 6 x 500g	£1.55 £2.75 £6.04 £1.99 £10.54 £3.19 £16.87	227q 6 x 227q Mayan Gold Ground 227q 6 x 227q Smooth Roast Ground Coffe 227q 6 x 227q CLIPPER Instant Coffee Decaffeinated 100q 6 x 100q Instant Coffee Organic Fairt	£5.55 £29.28 £5.55 £29.28 ee £5.35 £28.15 d Organic £8.29 £43.94 rade
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Section Sect	Guatemala Roasted and Grounded	Elderflower Organic Cordial VA	ΑT	CHARITEA		MINOR FIGURES		DIVINE	
Authors	Coffee Org			Black Organic Fairtrade - No V	AT	Chai Latte		Drinking Chocolate	
Common	**								
Section Control planes Control pla		-		•			£21.04		
The property of the property							£1 99		
March March College		• •			۸T	12 x 200ml		•	05.55
Bank State Carte Grown C	•								
Part		-					£2.05	MONTEZUMA'S	
Second Control Control Second Contro	· ·			=			2200		
Second Control Contr			LZ 1.03	24 x 330ml	£26.62		/AT	300g	
2000 24.47 2001 2002		500ml	£6.39	FIREFLY			£3.69		£43.08
Part	•		£33.81	Kiwi Lime & Mint VAT			£19.44		
Part			£6 30		£2.05	SUMA		•	
Septemble Sept	PERCOL				£21./8		re		
1906 1907 1908		· · ·			£2.05	•	£6.20	••	
Part		0 500 1		12 x 330ml	£21.78				~
March Marc	**		120.17	HONEGAR			anic	Thick Hot Chocolate Drink	
Second process	•			· -			£5 60		
Section Sect	6 x 100q £22.57	1	£7 79					6 x 275g	£22.79
Page	Rich Americano Ground Coffee	6 x 1L			L31.03	Apple Juice Pure Concentrated	I VAT		
Part	**	•			/ΔΤ			•	
Six 1000			£6.09						
Stront Colombia instant Colombia Colom	100g £4.79		202.12	6 x 750ml			NY		217.00
Second Columbian Ground College 15.00 1.5.		3301111		· · · · · · · ·		•	£2 60		
Sample S		6 x 330ml	£17.63	750ml 6 x 750ml					£4.29
Second Columbian Ground Coffee 6 x 30ml 5 x 30ml	6 x 100g £25.44		£3 35		220.01	Cranberry Juice VAT		6 x 320g	
SumA 1	Smooth Columbian Ground Coffee							SWEET REVOLUTION	NC
Solida Famenic Ground Coffee 6.19 6.11 6.14 6.20 6.7 f50ml 6.20 6.7 f50ml 6.20 6		Peach Apricot Apple Juice VAT	-		£20.37		£28.59	Matcha Latte with Vanilla	
Power parties Double reminded Columb Col	SUMA			-	t3 00			**	
March Common Coffee Bears Fairtrade Common Coffee Fairtrade Cof			130.49				weet		£35.22
March College Bears Fairbrade Facility	••	1L	£7.59				.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
227q E.53 570ml E.54 6 x 227q E.53 6 x 270ml E.54 6 x 750ml E.54 E.5 E.54 E.54 E.54 E.54 E.54 E.54 E.54 E.54 E.5	**		£40.15					•	£3 20
Colombia Ground Coffee Fairtrade	**	,	C1 65				£33.05		
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Second Facinitizade Facinitiza		6 x 750ml		750ml				Wake Cup	
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Apple & Rhubart Juice VAT Factor	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT	£3.65 £19.27	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml	£3.89 £20.69 £3.89 £20.69 £3.89	Cranberry Sparkling Drink Orgo VAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml	£1.49 £32.41 £1.49	125q 9 x 125q Drinks, Tea	£33.93
Ethiopian Coffee Beans Fairtrade 6 x 1	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11 Ethiopia Yirgacheffe Ground Coffee	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT 1L	£3.65 £19.27	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml 6 x 750ml	£3.89 £20.69 £3.89 £20.69 £3.89	Cranberry Sparkling Drink Orgo VAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml 24 x 330ml	£1.49 £32.41 £1.49 £30.18	125q 9 x 125q Drinks, Tea CLEARSPRING Genmaicha Green Tea Organ	£33.93
227q 52.26 200ml 52.25	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11 Ethiopia Yirgacheffe Ground Coffee Fairtrade 227q £6.19	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT 1L 6 x 1L Apple & Rhubarb Juice VAT	£3.65 £19.27 £3.65 £19.25	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml 6 x 750ml 6 x 750ml Prune Juice VAT 750ml	£3.89 £20.69 £3.89 £20.69 £3.89 £20.69	Cranberry Sparkling Drink OrgovAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml 24 x 330ml Lemonade Sparkling Drink OrgovAT	£1.49 £32.41 £1.49 £30.18 anic	125q 9 x 125q Drinks, Tea CLEARSPRING Genmaicha Green Tea Organ 20	£33.93
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E17.12 F3.49 F3.40 F3.49 F3.40 F3.49 F3.40 F3.89 F3.40 F3.49 F3.40 F3.	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11 Ethiopia Yirgacheffe Ground Coffee Fairtrade 227q £6.19 6 x 227q £32.87 Ethiopian Coffee Beans Fairtrade 227q £6.19 6 x 227q £32.87	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT 1L 6 x 1L Apple & Rhubarb Juice VAT 1L 6 x 1L Apple and Pear Mini VAT	£3.65 £19.27 £3.65 £19.25 £3.65 £19.25	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml 6 x 750ml Prune Juice VAT 750ml 6 x 750ml Tomato Juice VAT 750ml	£3.89 £20.69 £3.89 £20.69 £3.89 £20.69 £4.09 £21.55 £3.89	Cranberry Sparkling Drink OrgoVAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml 24 x 330ml Lemonade Sparkling Drink Org VAT 330ml 24 x 330ml	£1.49 £32.41 £1.49 £30.18 anic £1.49 £32.41	125g 9 x 125q Drinks, Tea CLEARSPRING Genmaicha Green Tea Organ 20 4 x 20 Matcha Green Tea Blend Org 20 4 x 20	£33.93 nic £3.49 £12.29 panic £3.99 £14.06
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Example Exam	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11 Ethiopia Yirgacheffe Ground Coffee Fairtrade 227q £6.19 6 x 227q £32.87 Ethiopian Coffee Beans Fairtrade 227q £6.19 6 x 227q £32.87 Honduras Ground Coffee Fairtrade	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT 1L 6 x 1L Apple & Rhubarb Juice VAT 1L 6 x 1L Apple and Pear Mini VAT 200ml 3 x 200ml 18 x 200ml	£3.65 £19.27 £3.65 £19.25 £3.65 £19.25 £1.23 £3.25	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml 6 x 750ml Prune Juice VAT 750ml 6 x 750ml Tomato Juice Organic VAT 750ml 6 x 750ml Vegetable Juice Organic VAT 750ml	£3.89 £20.69 £3.89 £20.69 £4.09 £21.55 £3.89 £20.69	Cranberry Sparkling Drink OrgoVAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml 24 x 330ml Lemonade Sparkling Drink OrgoVAT 330ml 24 x 330ml 24 x 330ml Drinks, Other	£1.49 £32.41 £1.49 £30.18 anic £1.49 £32.41	125q 9 x 125q Drinks, Tea CLEARSPRING Genmaicha Green Tea Organ 20 4 x 20 Matcha Green Tea Blend Org 20 4 x 20 Matcha Green Tea Powder O 40q	£33.93 silc £3.49 £12.29 tanic £3.99 £14.06 rganic £10.99
Peru Ground Coffee Fairtrade Cloudy Apple Juice VAT 250ml £1.42 6 x 100 £28.01 CLIPPER	Colombia Ground Coffee Fairtrade 227q £5.39 6 x 227q £28.68 Espresso Ground Fairtrade 227q £5.99 6 x 227q £31.11 Ethiopia Yirgacheffe Ground Coffee Fairtrade 227q £6.19 6 x 227q £32.87 Ethiopian Coffee Beans Fairtrade 227q £6.19 6 x 227q £32.69 Honduras Ground Coffee Fairtrade 227q £52.69 Honduras Ground Coffee Fairtrade 227q £53.69 Honduras Ground Coffee Fairtrade	CAWSTON PRESS Apple & Elderflower Juice VAT 1L 6 x 1L Apple & Ginger Juice VAT 1L 6 x 1L Apple & Rhubarb Juice VAT 1L 6 x 1L Apple and Pear Mini VAT 200ml 3 x 200ml 18 x 200ml Apple Mango Mini VAT 200ml	£24.61 £3.65 £19.27 £3.65 £19.25 £3.65 £19.25 £1.23 £3.25 £17.12	6 x 750ml Carrot Juice Organic VAT 750ml 6 x 750ml Pear Juice Organic VAT 750ml 6 x 750ml Prune Juice VAT 750ml 6 x 750ml Tomato Juice Organic VAT 750ml 6 x 750ml Vegetable Juice Organic VAT 750ml 6 x 750ml Vegetable Juice Organic VAT 750ml 6 x 750ml	£3.89 £20.69 £3.89 £20.69 £4.09 £21.55 £3.89 £20.69	Cranberry Sparkling Drink OrgoVAT 330ml 24 x 330ml Elderflower Sparkling VAT 330ml 24 x 330ml Lemonade Sparkling Drink OrgVAT 330ml 24 x 330ml Drinks, Other Hot BAMBU	£1.49 £32.41 £1.49 £30.18 anic £1.49 £32.41	125q 9 x 125q Drinks, Tea CLEARSPRING Genmaicha Green Tea Organ 20 4 x 20 Matcha Green Tea Blend Org 20 4 x 20 Matcha Green Tea Powder O 40q 10 x 40q Sencha Green Tea	£33.93 £3.49 £12.29 annic £3.99 £14.06 rganic £10.99 £96.81
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English Breakfast Tea Bags Organic	Karma Mama Organic		Tulsi Clarity		Rose Water Organic		GLEBE FARM	
40 £3.35	20item(s)	£3.59	20	£4.29	100ml	£4.19		
	4 x 20item(s)	£12.67			6 x 100ml	£22.14	Oat Flour Gluten Free	
English Breakfast Tea Bags Organic	Lemon & Ginger Tea Bags Org	ganic	тіск тоск		TAYLOR & COLLED	CE	300g	£3.19
Large	20	£2.65				GE	6 x 300q	£17.29
80 £4.65	6 x 20	£13.99	Chai Relax		Vanilla Bean Paste		MAIZE MEAL ORGA	ANIC
	Liquorice Tea Bags Organic		20	£2.25		£7.95	Suma	
Everyday Tea Bags Organic	20	£2.65	6 x 20	£11.73	12 x 65g	£83.84	500a	£2.49
	6 x 20	£13.99	Rooibos Tea Looseleaf		Vanilla Extract		6 x 500g	£2.49 £13.17
	Nettle Tea Bags Organic	210.00	100q	£2.89	100ml	£10.55		£13.17
Green & Mint Organic		£2.65	6 x 100g	£15.14	6 x 100ml	£55.65	POLENTA	
=	20 6 x 20	£2.00	YOGI				Suma	
					Flour (Non-		5Kg	£12.88
Green Tea Bags Organic	Peppermint Tea Bags Organic		Echinacea Tea Bags		•		Suma Prepack	212.00
	20	£2.65			wheat)			C4 OF
	6 x 20	£13.99		£14.62			500g	£1.95
6 x 40 £15.26	Raspberry Leaf Tea Bags Orga		Ginger Tea Bags Organic		AMISA		6 x 500q	£10.31
Green Tea Bags with Lemon Organic	20	£2.19	17	£2.75	Chestnut Flour Organic		POLENTA ORGANI	С
	6 x 20	£11.62	6 x 17	£14.62	350a	£5.99	Suma	
	RooibosTea Bags Organic		Inner Harmony Tea Bags		6 x 350g	£31.58		£12.12
Green Tea Loose Organic	1	£4.85	17	£2.75		£31.30		L 12.12
80g £3.79	6 x 80	£25.47	6 x 17	£14.62	BARLEY FLOUR		POTATO FLOUR	
6 x 80q £20.05	Sleep Easy Tea Bags Organic		Loose Classic Chai		ORGANIC		Suma	
Indian Chai Tea Bags Organic	20	£2.65		£2 95	Watermill		500g	£2.35
20 £2.19	6 x 20	£13.99	8 x 90q	£20.79		£2.44	0 500	£12.41
	Snore & Peace Organic		Mint Liquorice Tea Bags	220.13			**	
Pure Green Tea Loose Leaf	20item(s)	£2.99		בט זר			RUDE HEALTH	
80g £3.79	4 x 20item(s)	£10.49	1/	£2.75	BROWN RICE FLOU	R	Sprouted Whole Buckwheat F	lour
	Wild Berry Infusion	~10.+3		£14.62	Organic		Organic	
White Tea Bags Organic Fairtrade		C4 0F	Sweet Chili Tea Bags	00 :-	500q	£2.45	500g	£6.49
	25 6 x 25	£4.05	1/	£2.49	6 x 500g	£12.95	E 500	£28.16
		£21.39		£12.94		2.2.00	SOYA FLOUR ORG	ANIC
6 x 40 £18.79	DRAGONFLY		Throat Comfort Tea Bags		CHESTNUT FLOUR			
FLORADIX	Moonlight Jasmine Organic		17	£2.75	Shipton Mill		Essential Toasted & Organic	
Hawthorne Tea	20item(s)	£2.65	6 x 17	£14.62	500a	£6.95	500q	£5.31
	4 x 20item(s)	£9.27	Turmeric Orange Tea		6 x 500q	£36.81	6 x 500g	£28.51
	Mountain Honeybush Tea	23.21	1	£2.49	COCONUT FLOUR		TAPIOCA FLOUR	
Sage Tea	· · · · · · · · · · · · · · · · · · ·	00.05	6 x 17	£13.17				
=	20item(s)	£2.65			Biona Organic		Suma	
	4 x 20item(s)	£9.27	Drinks, Water	٠	500g	£3.05	500g	£2.95
12 £26.61	Rooibos Breakfast Tea		Brinko, Water		12 x 500g	£32.05	6 x 500q	£15.59
GREEN TEA SENCHA	40	£3.25	HARROGATE		CORN FLOUR		TEFF FLOUR BROW	٧N
Small Leaf Green Tea Loose	4 x 40	£11.49					Suma	
100g £2.34	Rooibos Earl Grey Tea		Spring Sparkling Water VAT		Suma Pre-pack			CO OF
1009 22.07								
250a £5.16	40	£3.25	750ml	£1.65		£2.25	500q	£3.95
250q £5.16	4 x 40		750ml 12 x 750ml		500g 6 x 500g	£2.25 £11.89	6 x 500g	£20.88
1Kg £15.64	4 × 40				6 x 500g			£20.88
	4 x 40		12 x 750ml Still Spring Water VAT	£17.19	6 x 500g DOVES FARM PRE-		6 x 500g THE PRIOR'S FLOU	£20.88 JR
1Kg £15.64	4 x 40 Rooibos Vanilla Tea	£11.49 £3.09	12 x 750ml Still Spring Water VAT		6 x 500q DOVES FARM PRE- PACKS	£11.89	6 x 500g THE PRIOR'S FLOU Stoneground Organic White F	£20.88 JR Rye Flour
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea	4 x 40 Rooibos Vanilla Tea 40 4 x 40	£11.49 £3.09	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml	£17.19	6 x 500q DOVES FARM PRE- PACKS Brown Bread Flour Gluten Free	£11.89	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq	£20.88 JR Rye Flour £12.39
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100g £6.49	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX	£11.49 £3.09	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET	£17.19	6 x 500g DOVES FARM PRE- PACKS Brown Bread Flour Gluten Free 1Kg	£11.89 £3.29	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer	£20.88 JR Rye Flour £12.39
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX	£11.49 £3.09	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml	£17.19	6 x 500g DOVES FARM PRE- PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg	£11.89	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour	£20.88 JR Rye Flour £12.39 meal Rye
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100g £34.31 Earl Grey Leaf Tea	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic	£11.49 £3.09 £10.97	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET	£17.19	6 x 500g DOVES FARM PRE- PACKS Brown Bread Flour Gluten Free 1Kg	£11.89 £3.29	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer	£20.88 JR Rye Flour £12.39
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s)	£11.49 £3.09 £10.97	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT	£17.19 £1.49 £15.64	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free	£11.89 £3.29	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s)	£11.49 £3.09 £10.97	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml	£17.19 £1.49 £15.64 £0.89	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free	£11.89 £3.29 £14.52	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour	£20.88 JR Rye Flour £12.39 meal Rye £9.15
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31 ORGANIC HERB	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN	£11.49 £3.09 £10.97	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml	£17.19 £1.49 £15.64 £0.89	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg	£11.89 £3.29 £14.52 £5.25 £23.13	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat	£20.88 JR Rye Flour £12.39 meal Rye £9.15
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea	£11.49 £3.09 £10.97 £2.34 £24.27	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT	£17.19 £1.49 £15.64 £0.89 £18.31	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kq 5 x 1Kq Buckwheat Flour Gluten Free 1Kq 5 x 1Kq Buckwheat Wholegrain Flour	£11.89 £3.29 £14.52 £5.25 £23.13	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31 ORGANIC HERB	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20	£11.49 £3.09 £10.97 £2.34 £24.27	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT 330ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kq 5 x 1Kq Buckwheat Flour Gluten Free 1Kq 5 x 1Kq Buckwheat Wholegrain Flour	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat	£20.88 JR Rye Flour £12.39 meal Rye £9.15
1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31 ORGANIC HERB TRADING	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20	£11.49 £3.09 £10.97 £2.34 £24.27	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT 330ml 24 x 330ml 24 x 330ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1Kq	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour	£20.88 UR Rye Flour £12.39 neal Rye £9.15
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1Kg £15.64 HAMPSTEAD Darjeeling Leaf Tea 100q £6.49 6 x 100q £34.31 Earl Grey Leaf Tea 100q £6.49 6 x 100q £34.31 ORGANIC HERB TRADING Assam GBOP Loose Leaf Tea Organic 500q £17.36	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT 330ml 24 x 330ml 24 x 330ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89	6 x 500q DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1Kq 5 x 1Kq Chickpea Flour Organic 260q	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £20.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq	£20.88 UR Rye Flour £12.39 neal Rye £9.15
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1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Peppermint & Spearmint 20 4 x 20 Rosehip & Hibiscus 20	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250q EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & 0 6 6 Medium Eggs - Free Range & 0 rganic 6 ESSENCES STEENBERGS Almond Extract	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 r £2.95 £20.61 £4.79 £33.64 £2.99	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1KG 5 x 1Kg Buckwheat Wholegrain Flour 1KG 5 x 1Kg Chickpea Flour Organic 260g 5 x 260g Gram Flour Gluten Free 1KG 5 x 1KG Plain White Flour Gluten Free 1KG 5 x 1KG Rice Flour Gluten Free 1KG 5 x 1KG Rye Flour White Organic 1KG 5 x 1KG Rye Flour Wholemeal Organic 1KG 5 x 1KG Sy Flour Wholemeal Organic 1KG 5 x 1KG White Bread Flour Gluten Free 1KG 5 x 1KG White Bread Flour Gluten Free 1KG 5 x 1KG	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £2.0.79 £13.96 £3.15 £13.79 £2.55 £11.26 £2.45 £10.72 £1.99 £8.88 £1 Free £3.15 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq G x 1.5Kq Wholemeal Flour 1.5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq 16Kq CANADIAN WHOLEMEAL FLOU Wholemeal Strong Bread Flour Holemeal Strong Bread Flour Holemeal Strong Bread Flour Holemeal Strong Bread Flour Holemeal Strong Bread Flour Heygates	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £2.95 £13.03 £2.95 £13.03 62.95 £13.03 64.83 67.72 £20.99 JR ur
1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Peppermint & Spearmint 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 PUKKA	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml Still Water VAT 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250q EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 6 STEENBERGS Almond Extract 100ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 F £2.95 £20.61 £4.79 £33.64 Drganic £3.29 £2.99	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kq 5 x 1Kq Buckwheat Wholegrain Flour 1Kq 5 x 1Kq Chickpea Flour Organic 260q 5 x 260q Gram Flour Gluten Free 1Kq 5 x 1Kq Plain White Flour Gluten Free 1Kq 5 x 1Kq Rice Flour Gluten Free 1Kq 5 x 1Kq Rice Flour Gluten Free 1Kq 5 x 1Kq Rye Flour White Organic 1Kq 5 x 1Kq Rye Flour Wholemeal Organic 1Kq 5 x 1Kq Sye Flour Wholemeal Organic 1Kq 5 x 1Kq Sye Flour Wholemeal Organic 1Kq 5 x 1Kq Sye Flour Wholemeal Organic 1Kq 5 x 1Kq White Bread Flour Gluten Free 1Kq	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £20.79 £2.85 £12.57 £3.19 £13.96 £3.15 £11.26 £2.45 £10.72 £1.99 £8.88 £10.72 £1.99 £8.85 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq BIO-BAKE WHITE FLOUR ORGANIC Strong Unbleached Bread Flo Organic 1Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £1.303 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03
1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Peppermint & Spearmint 20 4 x 20 Rosehip & Hibiscus 20 6 x 20 PUKKA Ginseng Matcha Green	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml 24 x 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN' Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250q EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & 0 6 6 Medium Eggs - Free Range & 0 6 6 Medium Eggs - Free Range & 0 7 Granic 6 ESSENCES STEENBERGS Almond Extract 100ml 6 x 100ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 r £2.95 £20.61 £4.79 £33.64 £2.99	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1KG 5 x 1Kg Buckwheat Wholegrain Flour 1KG 5 x 1Kg Chickpea Flour Organic 260g 5 x 260g Gram Flour Gluten Free 1KG 5 x 1KG Plain White Flour Gluten Free 1KG 5 x 1KG Rice Flour Gluten Free 1KG 5 x 1KG Rye Flour White Organic 1KG 5 x 1KG Rye Flour Wholemeal Organic 1KG 5 x 1KG Sy Flour Wholemeal Organic 1KG 5 x 1KG White Bread Flour Gluten Free 1KG 5 x 1KG White Bread Flour Gluten Free 1KG 5 x 1KG	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £20.79 £2.85 £12.57 £3.19 £13.96 £3.15 £11.26 £2.45 £10.72 £1.99 £8.88 £10.72 £1.99 £8.85 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq BIO-BAKE WHITE FLOUR ORGANIC Strong Unbleached Bread Flo Organic 1Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq CANADIAN STRONG WHOLEMEAL FLOU Wholemeal Strong Bread Flo Heygates 1Kq 5Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 JR gr.72 £20.99 JR ur £1.89 £7.96
1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 PUKKA Ginseng Matcha Green 20	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml 24 x 330ml 24 x 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN' Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250g EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 5 STEENBERGS Almond Extract 100ml 6 x 100ml Orange Flower Water Organic	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 £0.89 £18.32 £18.31 £2.95 £20.61 £3.29 £3.29 £2.99	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1Ka 5 x 1Kg Chickpea Flour Organic 260g 5 x 260g Gram Flour Gluten Free 1Kg 5 x 1Kg Plain White Flour Gluten Free 1Kg 5 x 1Kg Rice Flour Gluten Free 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Sye Flour Wholemeal Organic 1Kg 5 x 1Kg Sye Flour Wholemeal Organic 1Kg 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1KG Sy 1KG Sy 1KG Sy 1KG Coconut Flour Organic	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £2.0.79 £13.96 £3.15 £13.79 £2.55 £11.26 £2.45 £10.72 £1.99 £8.88 £13.79 £3.15 £13.79 £3.15 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq BIO-BAKE WHITE FLOUR ORGANIC Strong Unbleached Bread Flo Organic 1Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq CANADIAN STRONG WHOLEMEAL FLOU Wholemeal Strong Bread Flo Heygates 1Kq 5Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 JR gr.72 £20.99 JR ur £1.89 £7.96
1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 PUKKA Ginseng Matcha Green 20 4 x 20	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml 24 x 330ml 24 x 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250q EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & G 6 Medium Eggs - Free Range & G 6 Medium Eggs - Free Range & G 70 Granic 6 ESSENCES STEENBERGS Almond Extract 100ml 0 range Flower Water Organic 100ml	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 £0.89 £18.31 £0.89 £18.31 £0.89 £18.31 £2.95 £20.61 £4.79 £33.64 Organic £3.29 £2.99 £56.69 £35.43 £4.19	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1KG 5 x 1Kg Chickpea Flour Organic 260g 5 x 260g Gram Flour Gluten Free 1Kg 5 x 1Kg Plain White Flour Gluten Free 1Kg 5 x 1Kg Rice Flour Gluten Free 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Rye Flour Wholemeal Organic 1Kg 5 x 1Kg Rye Flour Wholemeal Organic 1Kg 5 x 1Kg Self Raising White Flour Gluten 1Kg 5 x 1Kg Self Raising White Flour Gluten 1Kg 5 x 1Kg Self Raising White Flour Gluten 1Kg 5 x 1Kg Self Raising White Flour Gluten 1Kg 5 x 1Kg Self Raising White Flour Gluten 1Kg 5 x 1Kg Self Raising White Flour Gluten Free 1KG 5 x 1Kg Coconut Flour Organic 500g	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £20.79 £2.85 £12.57 £3.19 £13.96 £3.15 £13.79 £2.55 £11.26 £10.72 £1.99 £8.88 £10.72 £1.99 £8.85 £13.79 £3.15 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq BIO-BAKE WHITE FLOUR ORGANIC Strong Unbleached Bread Flo Organic 1Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq CANADIAN STRONG WHOLEMEAL FLOU Wholemeal Strong Bread Flo Heygates 1Kq 5Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 JR gr.72 £20.99 JR ur £1.89 £7.96
1Kg	4 x 40 Rooibos Vanilla Tea 40 4 x 40 FLORADIX Lemon Balm Tea Organic 1item(s) 12 x 1item(s) HAMBLEDEN Lemon Verbena Tea 20 6 x 20 Limeflower Tea Organic 20 6 x 20 Rosehip Tea Organic 20 6 x 20 HAMPSTEAD Fennel & Peppermint 1item(s) 4 x 1item(s) Lavender & Valerian 20 4 x 20 Liquorice & Fennel 20 4 x 20 Peppermint & Spearmint 20 4 x 20 Rosehip & Hibiscus 20 4 x 20 PUKKA Ginseng Matcha Green 20 4 x 20 PUKKA Ginseng Matcha Green	£11.49 £3.09 £10.97 £2.34 £24.27 £2.55 £13.53 £3.83 £19.78 £3.59 £10.56 £2.99 £10.56 £2.99 £10.56 £2.99 £10.56	12 x 750ml Still Spring Water VAT 750ml 12 x 750ml 12 x 750ml 12 x 750ml THIRSTY PLANET Sparkling Water VAT 330ml 24 x 330ml 24 x 330ml 24 x 330ml 24 x 330ml Eggs & Substitutes EGG REPLACEMEN' Orgran Egg Replacer 200q 8 x 200q Orgran Vegan Easy Egg 250q 8 x 250g EGGS FROM HARESFIELD FARM 6 Large Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 6 Medium Eggs - Free Range & 6 5 STEENBERGS Almond Extract 100ml 6 x 100ml Orange Flower Water Organic	£17.19 £1.49 £15.64 £0.89 £18.31 £0.89 £18.31 £0.89 £18.32 £18.31 £2.95 £20.61 £3.29 £3.29 £2.99	6 x 500g DOVES FARM PRE-PACKS Brown Bread Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Flour Gluten Free 1Kg 5 x 1Kg Buckwheat Wholegrain Flour 1Ka 5 x 1Kg Chickpea Flour Organic 260g 5 x 260g Gram Flour Gluten Free 1Kg 5 x 1Kg Plain White Flour Gluten Free 1Kg 5 x 1Kg Rice Flour Gluten Free 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Rye Flour White Organic 1Kg 5 x 1Kg Sye Flour Wholemeal Organic 1Kg 5 x 1Kg Sye Flour Wholemeal Organic 1Kg 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1Kg Self Raising White Flour Gluten 1KG 5 x 1KG Sy 1KG Sy 1KG Sy 1KG Coconut Flour Organic	£11.89 £3.29 £14.52 £5.25 £23.13 £4.69 £2.0.79 £13.96 £3.15 £13.79 £2.55 £11.26 £2.45 £10.72 £1.99 £8.88 £13.79 £3.15 £13.79 £3.15 £13.79	6 x 500q THE PRIOR'S FLOU Stoneground Organic White F 3Kq Stoneground Organic Wholer Flour 3Kq Flour (Wheat BACHELDRE Strong White Flour 1.5Kq 5 x 1.5Kq Wholemeal Flour 1.5Kq 5 x 1.5Kq BIO-BAKE WHITE FLOUR ORGANIC Strong Unbleached Bread Flo Organic 1Kq 5Kq CANADIAN STRONG WHITE FLOUR 1Kq 5Kq CANADIAN STRONG WHOLEMEAL FLOU Wholemeal Strong Bread Flo Heygates 1Kq 5Kq	£20.88 JR Rye Flour £12.39 meal Rye £9.15 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 £2.95 £13.03 JR gr.72 £20.99 JR ur £1.89 £7.96

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DOVES FARM PRE-	Fresh Fruit &	DELPHI		NATURLI		Sunflower Spread Vegan	CO 00
PACKS		Aubergine Dip		Spreadable Vegan Butter		500g 2Kg	£2.29 £9.35
Einkorn Flour Organic	Vegetables	170g	£2.41	450g	£4.25	8 x 500q	£16.03
1Kg £3.79		6 x 170q	£12.66	16 x 450q	£60.48	6 x 2Kq	£49.43
5 x 1Kg £16.72	ORGANIC	Avocado Houmous		Vegan Butter Block			2.00
Malthouse Bread Flour Organic	Daily Bread stocks a range of organic	150g	£2.41	200g	£2.09	TAIFUN	
1Kg £2.39	fresh fruit and vegetables, including	6 x 150g		15 x 200g	£27.96	Almond and Sesame Smoked	
5 x 1Kq £10.49	seasonal and local produce	Chickpea Salad - Feta & Sun	dried	Vegan Spreadable		200q	£4.59
Pasta Flour Organic		Tomato		225q	£2.19	8 x 200g	£32.09
1Kg £2.39	SMOKED GARLIC	220g		24 x 225g	£46.75	Feto Natural Tofu Organic	
5 x 1Kg £10.65	Bulb. Emberton Smoked Garlic	6 x 220g	£12.66	NUSH		200g	£4.45
Plain White Flour Organic		Humous		Almond Blueberry Yoghurt		6 x 200g	£23.53
1Kg £1.99	1 £2.3	9 170q 	£1.21	120g	£2.05	Grill Sausages	05.00
5 x 1Kg £8.82	Eridge Broduete	6 x 170g Lentil Salad	£6.26	6 x 120g	£10.77	250g	£5.09 £26.74
Plain Wholemeal Flour Organic	Fridge Products		00.44	Almond Yoghurt Natural		6 x 250q Pizza Pizza Tofu Fillets Orga	
1Kg £1.79	ADDI FIMOOD	220q 6 x 220g	£2.41 £12.66	· ·		Vegan	IIIIC
5 x 1Kg £7.96	APPLEWOOD	Tabouli Salad	£12.00	Mango and Passionfruit		160g	£3.54
Self Raising White Flour Organic	Vegan Cheese Block	170a	£2.41	350q	£3.49	8 x 160g	£24.88
1Kg £2.05 5 x 1Kg £8.94	200g £2.7	6 x 170a	£12.66	6 x 350q		Tofu Basil Org	
Self-Raising Wholemeal Flour Organic	8 x 200q £19.9	9	212.00	OATLY		200g	£4.69
· ·	BIONA	ECOMIL				6 x 200q	£24.61
1Kg £1.79 5 x 1Kg £8.02	Black Bean and Cashew Burger	Cuisine Bechamel		Creamy Oat	04.40	Tofu Fillets Japanese Style	
Strong White Bread Flour Organic	160g £4.6	200ml	£1.89	250ml 10 x 250ml	£1.19	160g	£3.85
1.5Kg £2.75	8 x 160g £32.7	9 24 x 200ml	£39.75	Oat Fraiche	£10.61	8 x 160g	£27.08
5 x 1.5Kg £12.11	Gnocchi	Cuisine Cashew Cream			£2.05	Tofu Rosso Organic Vegan	
Strong Wholemeal Bread Flour	400g £4.8	9 200ml	£1.59	200ml 6 x 200ml	£2.05 £10.81	200q	£4.69
Organic	6 x 400g £25.6	7 24 x 200ml	£33.61	Oatgurt Plain	£ 10.01	6 x 200g	£24.61
1.5Kg £2.55	Mini Quinoa Burgers	Cuisine Thai Coconut Cream	04.55	400g	£2.49	Tofu Wiener Frankfurters	
5 x 1.5Kg £11.15	195g £4.6	200ml	£1.99	400g 6 x 400g	£2.49 £13.15	300g	£6.09
White Spelt Organic	6 x 195q £24.6	1 24 x 200ml	£42.07		£ 10.10	6 x 300q	£32.11
1Kg £3.69	Spring Rolls Organic	EQUINOX		PROVAMEL		Wild Garlic Tofu Fillet	
5 x 1Kg £16.16	200g £4.7	9 Kombucha Raspberry/Elderfle	ower VAT	Plain Soya Alternative to Yog	nurt	160g	£4.15
Wholemeal Spelt Flour Organic	6 x 200g £25.1	⁵ 275ml	£2.35	Organic		8 x 160g	£29.23
1Kg £3.15	Sweet Potato Buckwheat Burger	12 x 275ml	£25.64	500g	£2.35	THE COCONUT	
5 x 1Kg £13.92	Organic	FLORENTIN		6 x 500g	£12.04	COLLABORATIVE	
HEYGATES WHITE	160g £4.6	, , , , ,		Vanilla Yofu		Natural Yoghurt	
FLOUR ORGANIC	8 x 160q £32.7		04.00	500q	£2.35	350g	£3.51
Unbleached Strong White Bread Flour	BONSAN	240g	£4.09	**	£12.25	6 x 350g	£18.59
=	Almond Spread Organic	6 x 240g Hummus Bio Organic	£21.65	PURE		Natural Yogurt	2.0.00
1Kg £2.81 5Kg £12.06	125q £3.3		C2 70	Sunflower Spread		350g	£3.51
	6 x 125a £17.6	, 200Q	£3.79	500a	£2.35		£18.59
16Kg £26.78	6 x 125g £17.6 Bonsan Kofu Steak Organic	4 6 x 200g	£3.79 £19.81	500g 16 x 500g	£2.35 £33.32	6 x 350g	£18.59
16Kg £26.78 HEYGATES	Bonsan Kofu Steak Organic	4 6 x 200g		16 x 500g	£33.32	6 x 350g THIS	
16Kg £26.78 HEYGATES WHOLEMEAL FLOUR	Bonsan Kofu Steak Organic	4 6 x 200g 5 I AM NUT OK		16 x 500g RAW VIBRANT LIVI	£33.32	6 x 350g THIS Plant Based Bacon Rashers V	VAT
16Kg £26.78 HEYGATES	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2	4 6 x 200g 5 I AM NUT OK		16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic	£33.32 NG	6 x 350g THIS Plant Based Bacon Rashers \(120g	VAT £3.65
16Kg £26.78 HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS	4 6 x 200q 5 I AM NUT OK 5 Bluffalo Notzzarella 200q 6 x 200q	£19.81	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g	£33.32 NG £4.69	6 x 350q THIS Plant Based Bacon Rashers \(120g \) 6 x 120g	VAT £3.65 £19.33
16Kq £26.78 HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually	4 6 x 200g 5 I AM NUT OK 5 Bluffalo Notzzarella 200g	£19.81	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g	£33.32 NG £4.69 £24.61	6 x 350q THIS Plant Based Bacon Rashers \(120g \) 6 x 120g	VAT £3.65 £19.33
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kg £2.73	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q	£19.81 £4.99 £26.38 £5.49	16 x 500q RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP	£33.32 NG £4.69 £24.61	6 x 350g THIS Plant Based Bacon Rashers \(120g	VAT £3.65 £19.33
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq £2.73 5Kq £11.69	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4	4 6 x 200q 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q 6 x 200q	£19.81 £4.99 £26.38	16 x 500q RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP	£33.32 NG £4.69 £24.61	6 x 350q THIS Plant Based Bacon Rashers 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT	VAT £3.65 £19.33
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kg £2.73	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese.	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q	£19.81 £4.99 £26.38 £5.49	16 x 500q RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP	£33.32 NG £4.69 £24.61 ANY	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml	VAT £3.65 £19.33
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq £2.73 5Kq £11.69	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q	£19.81 £4.99 £26.38 £5.49 £29.01	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76	6 x 350q THIS Plant Based Bacon Rashers 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT	£3.65 £19.33 ED
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kg £2.73 5Kq £11.69 16Kq £25.93	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg	4 6 x 200q 6 x 200q I AM NUT OK Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 9 6 x 200q Oh Grate Cheese 100q 6 x 100q	£19.81 £4.99 £26.38 £5.49 £29.01	16 x 500q RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180q	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76	6 x 350q THIS Plant Based Bacon Rashers \(^120\mathrm{q}\) 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT	VAT £3.65 £19.33
HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq £2.73 5Kq £11.69 16Kq £25.93 NORFOLK CRUNCH	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4	4 6 x 200q 6 x 200q I AM NUT OK Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 9 6 x 200q Oh Grate Cheese 100q 6 x 100q	£19.81 £4.99 £26.38 £5.49 £29.01	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76	6 x 350q THIS Plant Based Bacon Rashers \(^120q\) 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir	£3.65 £19.33 ED £3.49 £5.99
## ## ## ## ## ## ## ## ## ## ## ## ##	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q 6 x 100q	£19.81 £4.99 £26.38 £5.49 £29.01	16 x 500q RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180q 6 x 180q Kalamata Olive Tapenade 18	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76	6 x 350q THIS Plant Based Bacon Rashers \(^120q\) 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml	£3.65 £19.33 ED
16Kq £26.78 HEYGATES WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq £2.73 5Kq £11.69 16Kq £25.93 NORFOLK CRUNCH 1Kq £2.66 5Kq £11.39	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic	4 6 x 200q 6 x 200q I AM NUT OK Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q 6 x 180q	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 Dg £3.35	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml	£3.65 £19.33 ED £3.49 £5.99 £3.09
### 16Kg ### 226.78 ###################################	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0	4 6 x 200q 6 x 200q I AM NUT OK Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 18180g 6 x 180q 6 x 180q SHEESE	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 Dg £3.35 £17.69	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml	£3.65 £19.33 ED £3.49 £5.99
### 16Kq ### 226.78 ###################################	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q 6 x 100q KARMA Kombucha Ginger VAT 3050ml 6 x 500ml	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180g SHEESE Cream Sheese Original Vega	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 Dg £3.35 £17.69	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb	£3.65 £19.33 ED £3.49 £5.99 £3.09
### 16Kq ### 226.78 ####################################	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 18180g 6 x 180q 6 x 180q SHEESE	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 Dg £3.35 £17.69	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb	£3.49 £5.99 £5.79
## E26.78 ## HEYGATES ## WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq £2.73 5Kq £11.69 16Kq £25.93 **NORFOLK CRUNCH** 1Kq £2.66 5Kq £11.39 16Kq £25.27 **SEMOLINA** 1Kq £3.77 5Kq £15.92	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q SHEESE Cream Sheese Original Vega	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml	£3.49 £5.99 £5.79
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.66 ## 16Kq ## 2.66 ## 16Kq ## 2.66 ## 1.39 ## 16Kq ## 2.5.27	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 5 1	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255g 6 x 255g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml	£3.49 £5.99 £5.79 £5.25
## 16Kg ## 226.78 ## HEYGATES ## WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kg ## 22.73 5Kg ## 211.69 16Kq ## 225.93 **NORFOLK CRUNCH** 1Kg ## 22.66 5Kg ## 211.39 16Kg ## 225.27 **SEMOLINA** 1Kq ## 3.77 5Kg ## 215.92 25Kq ## 215.92 25Kq ## 215.92 Gilchester's Organic	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180g SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 ise	6 x 350q THIS Plant Based Bacon Rashers of 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Natural	£3.49 £5.99 £3.09 £5.79 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 2.66 ## 16Kq ## 2.66 ## 16Kq ## 2.66 ## 1.39 ## 16Kq ## 2.5.27	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Start	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee 200q 4 x 200g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 9 £3.35 £17.69 1 Spread £2.65 £14.01 ise £3.09	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml	£3.49 £5.99 £5.79 £5.25 £5.25
## 16Kg ## 226.78 ## HEYGATES ## WHOLEMEAL FLOUR ORG Strong Wholemeal Organic Bread Flour 1Kq ## 22.73 5Kq ## 211.69 16Kq ## 225.93 **NORFOLK CRUNCH** 1Kq ## 22.66 5Kq ## 211.39 16Kq ## 25.27 **SEMOLINA** 1Kq ## 23.77 5Kq ## 215.92 25Kq ## 246.95 Gilchester's Organic 500q ## 22.29 6 x 500q ## 21.25 THE PRIOR'S FLOUR	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER 9 Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee 200g 4 x 200g SOJADE	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 9 £3.35 £17.69 1 Spread £2.65 £14.01 ise £3.09	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES	£3.49 £5.99 £5.79 £5.25 £5.25
## 16Kg ## 226.78 ## 16Kg ## 226.78 ## 16Kg ## 22.73 ## 16Kg ## 22.73 ## 15Kg ## 211.69 ## 16Kg ## 22.66 ## 15Kg ## 22.66 ## 15Kg ## 21.39 ## 15Kg ## 22.66 ## 15Kg ## 21.39 ## 16Kg ## 22.66 ## 15Kg ## 25.27 ## 15Kg ## 25.27 ## 25Kg ## 25.27 ## 25Kg ## 25.27 ## 25Kg ## 25.27 ## 25Kg ## 26.95 ## 25Kg #	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces	4 6 x 200q 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Start 1 KOKO	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200q SOJADE Blueberry Soya Yogurt	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 n Spread £2.65 £14.01 sse £3.09 £10.95	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 22.73 ## 16Kq ## 22.93 ## 12.25 ## 16Kq ## 22.29 ## 16Kq ## 22.20 #	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee 200q 4 x 200g SOJADE Blueberry Soya Yogurt 400g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 isse £3.09 £10.95	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q	£3.49 £5.99 £3.09 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 22.73 ## 16Kq ## 22.93 ## 16Kq ## 22.95 ## 22	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180g SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee 200g 4 x 200g SOJADE Blueberry Soya Yogurt 400g 6 x 400g	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 isse £3.09 £10.95	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180g 10 x 180g	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 17.75 ## 17.76 ## 17.	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic	4 6 x 200q 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Ch Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Start 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255g Mozzarella Style Grated Chee 200q 4 x 200g SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 9 £3.35 £17.69 1 Spread £2.65 £14.01 ese £3.09 £10.95	6 x 350q THIS Plant Based Bacon Rashers V 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q	£3.49 £5.99 £3.09 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 22.73 ## 16Kq ## 22.93 ## 16Kq ## 22.95 ## 22	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3	4 6 x 200q 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Start 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 8 x 500ml	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180q 6 x 180q Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200q SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt 400q	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 isse £3.09 £10.95 £12.79 £2.31	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180g 10 x 180g	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 1.75 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76 ## 1.76	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3	4 6 x 200q 5 I AM NUT OK 6 Bluffalo Notzzarella 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 8 x 500ml 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200g SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt 400q 6 x 400q	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 isse £3.09 £10.95 £2.45 £12.79 £2.31 £12.19	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180g 10 x 180g VEGIDELI	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 1.73 ##	Bonsan Kofu Steak Organic 120g £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic	4 6 x 200g 5 I AM NUT OK 6 Bluffalo Notzzarella 200g 6 x 200g Meltdown Cheese 200g 6 x 200g Oh Grate Cheese 100g 6 x 100g KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Start 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 1 KOKO 1 Dairy Free Spread 500ml 1 S X 500ml	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q SHEESE Cream Sheese Original Vega 255a 6 x 255g Mozzarella Style Grated Chee 200g 4 x 200g SOJADE Blueberry Soya Yogurt 400g 6 x 400g Greek Style Soya Yoghurt 400q 6 x 400g Natural Soya Dessert Large Company Soya Company Soya Company Soya Soya Company Soya Soya Yoghurt 400g 6 x 400g Natural Soya Dessert Large Company Soya Dessert Large Company Soya Company Soya Soya Natural Soya Dessert Large Company Soya Soya Soya Soya Soya Soya Soya Soy	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 isse £3.09 £10.95 £12.79 £2.31 £12.19 organic	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180g 10 x 180g VEGIDELI Sage & Marjoram Sausages V	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 17.8 ## 16Kq ## 2.66 ## 17.8	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic	4 6 x 200q 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 8 x 500ml 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180a SHEESE Cream Sheese Original Vega 255g 6 x 255g Mozzarella Style Grated Chee 200g 4 x 200g SOJADE Blueberry Soya Yogurt 400g 6 x 400g Greek Style Soya Yoghurt 400g 6 x 400g Natural Soya Dessert Large O	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 ese £3.09 £10.95 £2.45 £12.79 £2.31 £12.19 organic £1.51	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q 10 x 180q VEGIDELI Sage & Marjoram Sausages V 295q 6 x 295q	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25 £5.25
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 16Kq ## 2.73 ## 16Kq ## 22.73 ## 16Kq ## 22.73 ## 16Kq ## 22.66 ## 15Kq ## 22.66 ## 13.90 ## 16Kq ## 23.77 ## 15.92 ## 25Kq ## 11.39 ## 16Kq ## 23.77 ## 25Kq ## 21.39 ## 25.27 ## 25Kq ## 21.39 ## 25.27 ## 25Kq ## 21.39 ## 25.27 ## 25Kq ## 21.59 ## 25.27 ## 25Kq ## 21.59 ## 25.29 ## 25.29 ## 25.29 ## 25.29 ## 26.20 ## 26.20	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic	4 6 x 200q 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 1 X SOOML 1 COVING FOODS	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43	16 x 500g RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410g REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180g Kalamata Olive Tapenade 180 180g 6 x 180q SHEESE Cream Sheese Original Vega 255a 6 x 255g Mozzarella Style Grated Chee 200g 4 x 200g SOJADE Blueberry Soya Yogurt 400g 6 x 400g Greek Style Soya Yoghurt 400q 6 x 400g Natural Soya Dessert Large Company Soya Company Soya Company Soya Soya Company Soya Soya Yoghurt 400g 6 x 400g Natural Soya Dessert Large Company Soya Dessert Large Company Soya Company Soya Soya Natural Soya Dessert Large Company Soya Soya Soya Soya Soya Soya Soya Soy	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 n Spread £2.65 £14.01 ese £3.09 £10.95 £2.45 £12.79 £2.31 £12.19 organic £1.51 £7.94	6 x 350q THIS Plant Based Bacon Rashers V 120g 6 x 120g TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180g 10 x 180g VEGIDELI Sage & Marjoram Sausages V 295q 6 x 295q WHEATY	£3.49 £5.99 £3.09 £5.79 £5.25 £5.25 £5.25 £5.25
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## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 17.80 ## 16Kq ## 2.66 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 16Kq ## 17.80 ## 17.80	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic 225q £3.2 8 x 225q £22.7 Tofu Large Organic 450q £3.6 6 x 450q £19.4 DELAMERE Goats Cheese 150q £3.5	4 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml 6 x 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 XKOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 8 x 500ml 6 x 475q 1 6 x 475q 1 6 x 475q 1 6 x 245q Mild Cheddar Organic	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43 £6.85 £36.35	RAW VIBRANT LIVI Fresh Sauerkraut Organic 410q 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180q 6 x 180q Kalamata Olive Tapenade 180 180q 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200q SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt 400q 6 x 400q Natural Soya Dessert Large O 400q 6 x 400q Natural Soya Dessert Small O 250q 6 x 250q Vanilla Yogurt Organic 400q 6 x 400q	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 sse £3.09 £10.95 £2.45 £12.79 £2.31 £12.19 organic £1.51 £7.94 drganic £1.05 £5.58 £2.45	6 x 350q THIS Plant Based Bacon Rashers \(^120\text{q}\) 6 x 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Natural 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q 10 x 180q VEGIDELI Sage & Marjoram Sausages \(^120\text{y}\) 295q 6 x 295q WHEATY 'Salami' Vegan Slices Organ 100q 100x 100q Vegan Bacon	VAT £3.65 £19.33 ED £3.49 £5.99 £3.09 £5.79 £5.25 £5.25 £5.25 £5.25 £5.25 £2.65 £22.89 Vegan £3.15 £16.48 sic £24.91 £2.19
## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 17.80 ## 16Kq ## 2.66 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 16Kq ## 17.80 ## 17.80	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic 225q £3.2 8 x 225q £22.7 Tofu Large Organic 450q £3.6 6 x 450q £19.4 DELAMERE Goats Cheese 150q £3.5	4 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 8 x 500ml 5 LOVING FOODS 6 Hot 'N' Smoky Kimichi 475q 1 6 x 475q LYE CROSS Mature Cheddar Organic 245q 10 x 245q Mild Cheddar Organic 245q 10 x 245q Mild Cheddar Organic 245q 10 x 245q Mild Cheddar Organic	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43 £6.85 £36.35	RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180q Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200q SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt 400q 6 x 400q Natural Soya Dessert Large O 400q 0 x 400q Natural Soya Dessert Small O 250q 6 x 250q Vanilla Yogurt Organic 400q 6 x 400q Natural Soya Dessert Small O 250q 6 x 250q Vanilla Yogurt Organic 400q 6 x 400q SUMA	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 sse £3.09 £10.95 £2.45 £12.79 £2.31 £12.19 organic £1.51 £7.94 drganic £1.05 £5.58 £2.45	6 x 350q THIS Plant Based Bacon Rashers 120q 6 x 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q 10 x 180q VEGIDELI Sage & Marjoram Sausages 1295q 6 x 295q WHEATY 'Salami' Vegan Slices Organ 100q 10 x 100q Vegan Bacon 60q 10 x 60q	VAT £3.65 £19.33 ED £3.49 £5.99 £3.09 £5.79 £5.25 £5.25 £5.25 £5.25 £5.25 £2.65 £22.89 Vegan £3.15 £16.48
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## 16Kq ## 226.78 ## 16Kq ## 226.78 ## 16Kq ## 2.73 ## 17.80 ## 16Kq ## 2.66 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 17.80 ## 16Kq ## 17.80 ## 17.80	Bonsan Kofu Steak Organic 120q £3.2 5 x 120q £14.2 BORAKIS Feta/Myzithra Cheese. Individually Weighed and Priced £15.49/kg 1Kq £16.4 Graviera/Kefalotiri Cheese. Individually Weighed and Priced £20.15/kg 1Kq £21.4 CALON WEN Lightly Salted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 Unsalted Welsh Butter Organic 250q £4.0 20 x 250q £72.1 CAULDRON Marinated Tofu Pieces 160q £3.3 6 x 160q £18.0 CLEAR SPOT Silken Tofu Organic 280q £2.3 8 x 280q £16.6 Smoked Tofu Organic 225q £3.2 8 x 225q £22.7 Tofu Large Organic 450q £3.6 6 x 450q £19.4 DELAMERE Goats Cheese 150q £3.5	4 6 x 200q 6 x 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Meltdown Cheese 200q 6 x 200q Oh Grate Cheese 100q 6 x 100q KARMA Kombucha Ginger VAT 500ml KEFIR STARTER Dehydrated Milk Kefir Starter 1 Dehydrated Water Kefir Starter 1 KOKO Dairy Free Spread 500ml 8 x 500ml 8 x 500ml 5 LOVING FOODS 6 Hot 'N' Smoky Kimichi 475q 1 6 x 475q LYE CROSS Mature Cheddar Organic 245q 10 x 245q Mild Cheddar Organic 245q 10 x 245q Mild Cheddar Organic 245q 10 x 245q Mild Cheddar Organic	£19.81 £4.99 £26.38 £5.49 £29.01 £4.99 £26.38 £3.65 £19.01 Kit £13.87 er £9.22 £2.19 £15.43 £6.85 £36.35	RAW VIBRANT LIVI Fresh Sauerkraut Organic 410g 6 x 410q REAL OLIVE COMP Harissa Tapenade 180g 180g 6 x 180q Kalamata Olive Tapenade 181 180g 6 x 180q SHEESE Cream Sheese Original Vega 255q 6 x 255q Mozzarella Style Grated Chee 200q 4 x 200q SOJADE Blueberry Soya Yogurt 400q 6 x 400q Greek Style Soya Yoghurt 400q 6 x 400q Natural Soya Dessert Large O 400q 6 x 400q Natural Soya Dessert Small O 250q 6 x 250q Vanilla Yogurt Organic 400q 6 x 400q SumA Soya Spread Vegan	£33.32 NG £4.69 £24.61 ANY £3.35 £17.76 09 £3.35 £17.69 1 Spread £2.65 £14.01 sse £3.09 £10.95 £2.45 £12.79 £2.31 £12.19 organic £1.51 £7.94 drganic £1.05 £5.58 £2.45	6 x 350q THIS Plant Based Bacon Rashers \ 120q 6 x 120q 6 x 120q TOTALLY CULTURE All Water Kefir 500ml VAT 500ml All Water Kefir 750ml VAT 750ml Cow Milk Kefir 500ml Kim Chi Vegan 420ml Sauerkraut Garlic & Herb 420ml Sauerkraut Ruby Red 420ml Sauerkraut Ruby Red 420ml VBITES Cheezly Smokey Block 180q 10 x 180q VEGIDELI Sage & Marjoram Sausages \ 295q 6 x 295q WHEATY 'Salami' Vegan Slices Organ 100q 10 x 100q Vegan Bacon 60q 10 x 60q Vegan Chorizo Slices Org 80q	£3.49 £5.99 £5.79 £5.25 £5.25 £5.25 £5.25 £5.25 £5.25 £5.25 £5.25 £2.89 E2.89

Vegan Hot Dog	-			Suma Prepack					
200g	£4.35	GOODLIFE		500g	£2.25	WHEAT FLAKES ORGANIC		TAPIOCA	
8 x 200g	£30.53	Falafel with Coriander and Cur		6 x 500g	£11.89		C4 46	Tapioca Prepack	CO 45
YEO VALLEY		280g 6 x 280g	£3.45 £18.22	COUSCOUS ORGAN	IIC	1Kq 5Kq	£4.16 £18.57	500g 6 x 500g	£2.45 £12.97
Natural Yoghurt Organic		Spicy Bean Burgers	210.22	Wholemeal		20Kg	£32.73	0 X 000q	212.01
450g	£2.46	454Kg	£4.65	1Kg	£6.39	WHEAT GERM		Herbs &	
6 x 450g	£13.04	7 x 454Kg	£28.42	5Kg	£27.37	Suma		Spices: Daily	
Erozon Food		IMPULSE FOODS		25Kq	£69.95	500g	£3.99		
Frozen Food		Tempeh Garlic & Herb Organic	;	CRACKED WHEAT		6 x 500g	£21.09	Bread	
BAKED TO TASTE		227g	£3.19	Bulgur Wheat		WHEAT GRAIN ORG	ANIC	Packdown	
Cheddar & Onion Pasty		10 x 227q	£28.09	1Kq	£4.58	Suma Prepack Organic			
220g	£3.99	Tempeh Plain Organic	CO 45	5Kg 25Kg	£19.43 £49.65	500g	£1.35	LIQUORICE ROOT	
Curried Veggie Pasty	20.00	227g 10 x 227g	£3.15 £27.75	Bulgur Wheat Organic Prepact		6 x 500g	£7.13	Liquorice Root Sticks	
220a	£3.99	NATURAL COOL	221.10	500g	£2.65	Craine 9 Flat		1	£0.61
8 x 220g	£27.86			6 x 500g	£14.01	Grains & Flai	(es	NUTMEG WHOLE	
Ready to Roll Vegan Pastry		Berry Mix Organic	C4 0F	FREGOLA GIANT CO	ous	(Other)		Single	
400g	£3.09	300q 10 x 300q	£4.85 £42.67	COUS ORG				1	£0.49
4 x 400q Veggie Tagine Pie (Vegan)	£10.79	Blueberries Organic	212.01	Fregola Giant Cous Cous Orga	anic	AMARANTH SEEDS			
230g	£4.45	300g	£4.69	400q	£2.28	ORGANIC		Herbs &	
8 x 230q	£30.89	10 x 300q	£41.34	6 x 400g	£11.73			Spices: Pre-	
BEAR		Leaf Spinach Organic		MILLET FLAKES		500g	£3.75	pack	
Lollies Mango VAT		450g	£2.85	ORGANIC		6 x 500g	£19.79	pack	
5	£3.15	8 x 450g	£19.99	Suma Prepack Org		BUCKWHEAT FLAK	ES	AL'FEZ	
10 x 5	£20.53	NATURLI		500g	£4.45	ORGANIC		Harissa Spice	
Lollies Strawberry VAT		Brownie Buzz Ice Cream Cone	s VAT	6 x 500g	£23.53			180g	£3.49
5	£3.15	4item(s)	£5.25	POT BARLEY		500g	£3.42	6 x 180g	£17.99
10 x 5	£27.69	8 x 4item(s) Fudge Brownie Ice Cream Veg	£36.69	Suma Prepack Pearl Barley		6 x 500g Suma Pre Pack Organic	£17.01	EL REY	
BEYOND MEAT		500ml	£4.85	500g	£1.45	500q	£4 25	Sweet & Smokey Paprika	
Frozen Sausages		8 x 500ml	£34.14	6 x 500g	£7.67	6 x 500g	£22.46	75q	£2.69
200q	£5.19	Salted Caramel Ice Cream Cor		Unpolished Pearl Barley	00.40	BUCKWHEAT RAW		14 x 75q	£33.14
10 x 200g	£45.81	4item(s)	£5.25	1Kg 5Kg	£3.48 £14.54	ORGANIC		FOREST WHOLE FO	ODS
Frozen Burgers		8 x 4item(s)	£36.69	25Ka		Suma Pre Pack		Turmeric Organic	,000
226g 8 x 226g		Vegan Mince		POT BARLEY ORGA		500a	£2.99	125g	£5.55
••	£37.99	300q 10 x 300q	£4.65 £32.73	Unpolished Pearl Barley		6 x 500g	£15.81	250g	£6.79
BIO INSIDE		••	LJZ.13	1Kg	£4.19	BUCKWHEAT ROAS	STED	6 x 250g	£35.51
Garden Peas Organic		ONE PLANET PIZZA		5Kq	£17.69	ORGANIC		INFINITY HERBS &	
300g		Vegan Hawaiian Pizza	05.05	20Kq	£36.17	Essential Roasted Buckwheat	Organic	SPICES	
12 x 300g Sweetcorn Organic	£21.01	329g 6 x 329g	£5.25 £27.81	RYE FLAKES		500g		Black Onion Seed (Nigella See	eds)
300g	£2.35	Vegan Three Cheese Magherit		1Kq	£3.94	6 x 500g		Organic	
12 x 300g	£24.88		£5.25	5Kg	£17.59	Infinity Pre Pack Kasha Organ		25g	£1.69
BOOJA BOOJA		6 x 301g	£27.81	20Kg	£30.99	500g		6 x 25g	£8.31
All Large Ice Creams VAT		STRONG ROOTS		RYE FLAKES ORGA	NIC	6 x 500g	£19.21		04.40
465ml	£5 69	Cauliflower Hash Browns		1Kq	£4.53	MILLET FLAKES		10q Carob Powder Organic	£1.49
6 x 465ml	£30.26		£4.09	5Kg	£20.24	ORGANIC		150g	£4.49
All Small Ice Creams VAT		12 x 375g	£43.48	20Kg	£35.75	Essential		6 x 150g	£23.23
110ml	£2.09	SWEDISH GLACE		SPELT GRAIN		500g	£4.05	Chamomile Loose Organic	
22 x 110ml	£40.42	Vegan Vanilla Ice Cream VAT		Essential Spelt Grain Prepack	Organic	6 x 500g	£21.69	40q	£3.83
CLIVE'S		750ml	£5.09	500g	£2.17	MILLET SEED ORG	ANIC	6 x 40g	£19.78
Chestnut & Bean Pie		6 x 750ml	£27.06	6 x 500q	£11.59	Suma Pre Pack		Dill Organic	04.40
250g	£3.95	YUTAKA		TOASTED MALTED		500g	£2.49	15q 6 x 15g	£1.49 £7.83
6 x 250g	£20.84	Edame Shelled Soya Beans		WHEAT FLAKES		6 x 500g	£13.17	Dill Tops Organic	27.00
Chickpea Tagine GF	£4.09	500g	£2.69	500g	£4.46	POPCORN ORGANI		11g	£1.03
235g 6 x 235g	£21.54	10 x 500g	£23.99	1Ka 3Kg	£8.18 £21.29		£3.64 £6.54	Herbes de Provence Organic	
Creamy Mushroom Pie	22.10	Vegetable Gyoza Dumplings		5Kg	£35.19		£28.35	20g	£1.45
235g	£3.95	240g	£3.49	12.5Kg	£49.45	* **	£80.99	6 x 20g	£7.56
6 x 235q	£20.84	10 x 240g	£30.71	Suma Prepack - Organic		QUINOA		Saffron	00.00
French Cassoulet Pie GF		Grains & Flak	29	400g	£2.45	Quinoa		1g Single Nutmeg	£2.99
235g	£4.09			6 x 400g	£12.93	1Kg	£5.46		£0.49
6 x 235q Saag Aloo Curry Pie	£21.54	(Barley, Rye 8	<u>د</u> ا	TOASTED WHEAT		5Kg	£22.99	Vaynilla - Two Vanilla Pods	20.10
235q	£3.95	Wheat)	- 1	FLAKES ORGANIC		25Kg	£77.77	1item(s)	£5.07
6 x 235g	£20.84			500q	£5.82	QUINOA FLAKES		White Peppercorns Organic	
Tomato and Olive Tart GF		BARLEY FLAKES		1Kg 3Kg	£10.21 £27.41	ORGANIC		25g	£1.58
195g		11.59	£3.52	12.5Kg	£64.93	Quinoa Flakes Prepack		POPPY SEEDS	
6 x 195g	£21.13		£15.72	WHEAT BRAN		500q			
FRYS		16Kg	£27.84		CE 00	6 x 500g	£25.11		
Chicken Style Strips		BARLEY FLAKES		500a 1Kg	£5.88 £10.39	QUINOA ORGANIC		SUMA HERBS & SP	ICES
380g	20.00	ORGANIC		3Kg	£28.08	500g	£3.96	Allspice Berries Ground	.5_0
10 x 380g	£35.24		£4.52	10Kg	£50.61	1Kg	£7.01	40g	£1.55
Fry's Sausage Rolls	00.00	5Ka 20K <u>a</u>	£20.18 £35.64	WHEAT FLAKES		5Kg	£29.75	6 x 40g	£8.19
400g 10 x 400g	£3.89		۵۵.04	1Kq	£2.98	25Kg	£100.63	Asafoetida	
Frys Traditional Burgers - Veg	an	COUSCOUS	05 70	5Kg	£13.29	RED QUINOA ORGA	MIC	20g	£1.29
320g	£3.95	1Kg 5Kg	£5.73 £24.48	20Kq	£23.21			6 x 20g	£6.82
10 x 320g	£34.64	25Kg	£24.48 £62.55			500g		Basil Organic	04.00
		-1.55				6 x 500q	£18.24	20g 6 x 20g	£1.69 £8.93
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Bay Leaves Organic		Juniper Berries		HILLTOP		Summer Berries Spread Orga	nic	Fibre Flakes Gluten Free Org	ganic
10g	£1.69		£1.55	Cut Honeycomb				375g	£3.85
6 x 10g	£8.93	6 x 40g	£8.19	200g	£7 £0	JANDA		5 x 375g	£16.97
Black Mustard Seed Organic		Marjoram - Rubbed		12 x 200g		Lemon Curd Vegan		GLEBE FARM	
50g	£1.75	**	£1.25		200.04	· ·	C2 00	Oat Granola Crisp Maple & E	Ranana
6 x 50q	£9.26	6 x 10q	£6.61	HONEA		175g 6 x 175g	£15.79	Gluten Free	Janana
Black Peppercorns Organic		Mixed Herbs Organic		Vegan Honey Subsitiute. Lave	nder	••		325q	£4.63
25g	£1.75	**	£1.69	230ml	£4.99	MERIDIAN ORGANIC	;	6 x 325q	£25.12
6 x 25g	£9.26	6 x 20g	£8.93	6 x 230ml	£26.49	Apricot Spread Organic No Ad	ded	Oat Granola Crisp Strawberry	
Cajun Spice		Mixed Spice Organic		LITTLEOVER		Sugar		Free	,
40g	£1.29		£1.75	Lavender Honey		284g	£3.89	325g	£4.63
6 x 40g	£6.82	6 x 25g	£9.26	,	CE 00	6 x 284q	£20.57	6 x 325g	£25.12
Caraway Seed Organic		Mustard - Ground		340g 6 x 340g	£5.99 £31.11	Blackcurrant Spread Organic I	No	Oat Muesli Gluten Free	
30g	£1.75	**	£1.29	Pure Wildflower Honey Clear		Added Sugar		400g	£3.86
6 x 30g	£9.26	Mustard Seeds - Yellow		340q	£4.09	284g	£3.89	6 x 400g	£20.92
Cardamon Ground		50g	£1.29	6 x 340q	£21.54	6 x 284g	£20.57	JAAN'S GOLDEN	
10q	£1.29	Nutmeg Ground Organic		Pure Wildflower Honey Set O		Blueberry Spread Organic No Sugar	Added	GRANOLA	
6 x 10g	£6.82		£1.69	340g	£4.09	=	04.00		
Cardamon Pods Green Organio		6 x 20g	£8.93	6 x 340q	£21.54	284g 6 x 284g	£23.19	Large	040.70
10g	£1.75	Onion Seed		**		Morello Cherry Spread Organi			£13.79
6 x 10g Cayenne Pepper Organic	£9.26		£1.29	SAMPFORDS HONE		Added Sugar	0140	KALLO	
	04.00	6 x 35q	£6.82	Locally Produced by Sampford		284g	£3.89	Rice Cereal OG - Natural	
35g 6 x 35g		Oregano Organic		454g	£8.53	6 x 284a		225g	£3.69
Celery Salt	£9.79		£1.69	SUMA		Raspberry Spread Organic No		8 x 225g	£25.99
	£1 20	6 x 20g Paprika Organic	£7.59	Honey in Tub Clear		Sugar		MUESLI BASE ORG	ANIC
100g 6 x 100g	£6.82		04.70	3Kg	£25.24	284g	£4.89		
Chilli Flakes	40.02		£1.76	Honey in Tub Set	LLU.24	6 x 284g	£25.84	Jumbo Oats, Porridge Oats, I Flakes, Wheat Flakes	Daney
25q	£1 00	6 x 25g Pareley Organic	£9.26	3Kq	£25.24	Seville Orange Spread Organi	c No	,	בי בי
25q 6 x 25q	£1.29 £6.82	Parsley Organic	£4 00	Pure Wildflower Honey Clear	LZU.Z4	Added Sugar		1Kg	£3.37 £15.06
Chilli Powder Organic	~0.02	15g 6 x 15g	£1.69 £8.94	•	רט דר	284g	£3.89	5Kq	£10.00
25g	£1 75	Peppercorns Black	40.94	340g 6 x 340g	£3.79 £19.85	6 x 284g	£20.57	NAIRNS	
6 x 25q	£9.26	250a	C2 EE	Pure Wildflower Honey Set	213.00	Strawberry Spread Organic No	Added	Glutenfree Muesli	
Cinnamon Bark Organic	20.20	250g 6 x 250g	£3.55 £20.15	340g	£3.79	Sugar		450q	£3.59
15g	£1 99	Rosemary Organic	L20.13	6 x 340q	£19.61	284g		5 x 450g	£15.82
6 x 15q	£10.52	20a	£1 60	**	210.01	6 x 284q	£20.57	NATURES PATH	
Cinnamon Ground Organic		6 x 20g	£8.93	TROPICAL FOREST		ST DALFOUR		Gorilla Munch	
30g	£1.75	Sage Organic	20.00	Clear Honey Organic		All Spreads		300g	£4.55
6 x 30g	£9.26	25a	£1.69	7Lb	£30.82	284q	£2 99	4 x 300g	£16.01
Clove Organic		6 x 25q	£8.93	Set Honey Organic		6 x 284g	£15.71	Maple Sunrise	210.01
20q	£1.75	Star Anise - Whole	20.00	7Lb	£30.82	SUMA		332q	£4.75
6 x 20g	£9.26	350a	£14.63					4 x 332q	£16.75
Coriander Ground Organic		Star Anise Organic	211.00	Jams & Fruit		Pear & Apple Spread		Mesa Sunrise	210.10
40g	£1.69	15a		Consolo		300g	£2.99		
			£1 69	Shraane		40 000	004 74	.1220	£4 95
6 x 40q	£8.93	6 x 15a	£1.69 £8.93	Spreads		12 x 300q	£31.71	355q 4 x 355a	£4.95 £17.38
	£8.93	6 x 15q Tarragon	£1.69 £8.93			12 x 300q THREE BY ONE	£31.71	4 x 355g Millet Rice Flakes	£4.95 £17.38
6 x 40q	£8.93 £1.69	6 x 15q Tarragon 12g	£8.93	BIONOVA			£31.71	4 x 355g Millet Rice Flakes	£17.38
6 x 40q Coriander Seed Organic	£8.93 £1.69	6 x 15q Tarragon 12g		BIONOVA Bilberry Jam Organic		THREE BY ONE Coconut Jam Organic		4 x 355g	
6 x 40q Coriander Seed Organic 40q	£8.93 £1.69	6 x 15q Tarragon	£8.93 £1.29	BIONOVA Bilberry Jam Organic 340g	£3.39	THREE BY ONE		4 x 355q Millet Rice Flakes 375q 4 x 375g	£17.38 £4.29 £15.08
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q	£8.93 £1.69 £8.93 £1.75	6 x 15q Tarragon 12g 6 x 12g Tarragon Organic	£8.93 £1.29	BIONOVA Bilberry Jam Organic 340q 6 x 340q	£3.39 £17.91	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s)	£5.49	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA	£17.38 £4.29 £15.08
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q	£8.93 £1.69 £8.93 £1.75	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic	£8.93 £1.29 £6.82	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam	£17.91	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT	£5.49	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily I	£17.38 £4.29 £15.08
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic	£8.93 £1.69 £8.93 £1.75 £9.26	6 x 15q Tarragon 12g 6 x 12g Tarragon Organic	£8.93 £1.29 £6.82 £1.09	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q	£17.91 £3.79	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic	£5.49 £58.41	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily Mo Added Sugar.	£17.38 £4.29 £15.08 ANIC Bread.
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75	6 x 15q Tarragon 12q 6 x 12g Tarragon Organic 10q 6 x 10q	£8.93 £1.29 £6.82 £1.09	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q	£17.91	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q	£5.49 £58.41 £3.95	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily to No Added Sugar.	£17.38 £4.29 £15.08 ANIC Bread.
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q	£8.93 £1.69 £8.93 £1.75 £9.26	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic	£8.93 £1.29 £6.82 £1.09 £5.79	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade	£17.91 £3.79 £19.91	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic	£5.49 £58.41	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily B No Added Sugar. 1Kq 5Kq	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26	6 x 15q Tarragon 12q 6 x 12g Tarragon Organic 10q 6 x 10q Thyme Organic 25q	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q	£17.91 £3.79 £19.91 £3.59	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340g	£5.49 £58.41 £3.95	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily to No Added Sugar.	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q 6 x 340q 6 x 340q	£17.91 £3.79 £19.91	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli &	£5.49 £58.41 £3.95	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily In Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q 6 x 5q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q 6 x 340q CLEARSPRING	£17.91 £3.79 £19.91 £3.59 £18.85	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340g	£5.49 £58.41 £3.95	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily In Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q 6 x 5q Curry Powder - Madras	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26 £1.69 £8.93	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q 6 x 340q 6 x 340q	£17.91 £3.79 £19.91 £3.59 £18.85	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli & Cereals	£5.49 £58.41 £3.95 £20.94	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily B No Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar 1Kq	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39 Added
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q 6 x 5q Curry Powder - Madras 50q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26	6 x 15q Tarragon 12q 6 x 12g Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q 6 x 30q	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q 6 x 340q CLEARSPRING Fruit Puree Apple & Apricot Or	£17.91 £3.79 £19.91 £3.59 £18.85 ganic £1.89	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli &	£5.49 £58.41 £3.95 £20.94	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily In No Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar 1Kq 5Kq	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39 Added £5.08 £21.71
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q 6 x 5q Curry Powder - Madras 50q Curry Powder - Mild	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26 £1.69 £8.93 £1.29	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q 6 x 30q THAI TASTE Tamarind Paste	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340g 6 x 340g Strawberry Organic Jam 340g 6 x 340g Tangy Organic Marmalade 340g 6 x 340g CLEARSPRING Fruit Puree Apple & Apricot Or 200g 12 x 200g	£17.91 £3.79 £19.91 £3.59 £18.85 ganic £1.89 £19.98	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli & Cereals	£5.49 £58.41 £3.95 £20.94	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily B No Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar 1Kq	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39 Added £5.08 £21.71
6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25g Curry Leaves Organic 5q 6 x 5q Curry Powder - Madras 50q Curry Powder - Mild 50q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26 £1.69 £8.93	6 x 15q Tarragon 12q 6 x 12g Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q 6 x 30q THAI TASTE	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340g 6 x 340g Strawberry Organic Jam 340g 6 x 340g Tangy Organic Marmalade 340g 6 x 340g CLEARSPRING Fruit Puree Apple & Apricot Or 200g 12 x 200g Fruit Puree Apple & Mango Or	£17.91 £3.79 £19.91 £3.59 £18.85 ganic £1.89 £19.98 ganic	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli & Cereals BRAN FLAKES ORG	£5.49 £58.41 £3.95 £20.94	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily In No Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar 1Kq 5Kq	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39 Added £5.08 £21.71
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6 x 40q Coriander Seed Organic 40q 6 x 40q Cumin Ground Organic 25q 6 x 25q Cumin Seed Organic 25q 6 x 25q Curry Leaves Organic 5q 6 x 5q Curry Powder - Madras 50q Curry Powder - Mild 50q Curry Powder Hot 50q 6 x 50q	£8.93 £1.69 £8.93 £1.75 £9.26 £1.75 £9.26 £1.69 £8.93 £1.29 £1.29	6 x 15q Tarragon 12q 6 x 12q Tarragon Organic 10q 6 x 10q Thyme Organic 25q 6 x 25q Turmeric Organic 30q 6 x 30q THAI TASTE Tamarind Paste 130q 6 x 130q EAYTOUN Zaatar Wild Herb Mix	£8.93 £1.29 £6.82 £1.09 £5.79 £1.69 £8.93 £1.69 £8.93	BIONOVA Bilberry Jam Organic 340q 6 x 340q Strawberry Organic Jam 340q 6 x 340q Tangy Organic Marmalade 340q 6 x 340q CLEARSPRING Fruit Puree Apple & Apricot Or 200q 12 x 200q Fruit Puree Apple & Mango Or 200q 12 x 200q Fruit Puree Apple & Plum Organic	£17.91 £3.79 £19.91 £3.59 £18.85 ganic £1.89 £19.98 ganic £1.89 £19.98	THREE BY ONE Coconut Jam Organic 1item(s) 12 x 1item(s) 12 x 1item(s) TRAIDCRAFT Orange Marmalade Organic 340q 6 x 340q Muesli & Cereals BRAN FLAKES ORG Essential Malted Bran Flakes Pre-pack 375q	£5.49 £58.41 £3.95 £20.94 EANIC Organic	4 x 355q Millet Rice Flakes 375q 4 x 375q NUT MUESLI ORGA 4% nuts. Exclusive to Daily B No Added Sugar. 1Kq 5Kq NUT-FREE MUESLI Exclusive to Daily Bread. No Sugar 1Kq 5Kq NUT-FREE MUESLI ORGANIC Exclusive to Daily Bread. No	£17.38 £4.29 £15.08 ANIC Bread. £6.38 £27.39 Added £5.08 £21.71
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SPECIAL MUESLI		CASHEW WHOLE		125g	£4.85	·	£3.45	750ml	£11.96
Exclusive to Daily Bread. No Adde	ed	Suma				6 x 800q	£18.11	Borakis Lithari Extra Virgin	
Sugar		250g	£3.69	PINE NUTS ORGAN	C	**		Low Acidity	0.900
	£4.15	1Kq	£12.91	Suma Organic		PINHEAD OATMEAL		500ml	£5.12
5Kg £1	17.67	CASHEW WHOLE		1Kg	£41.28	1Kg	£1.92	1L	£9.92
TROPICAL MUESLI		ORGANIC		PISTACHIOS		5Kg	£8.16	Borakis Organic EV	
Exclusive to Daily Bread		Suma		Infinity - Raw Kernels		25Kg	£23.19	750ml	£13.19
•	£7.55	250a	£4.49	•	£171.19	PORRIDGE OATS		Borakis Organic Kolymvari	
**	32.49	1Kg	£16.47	Suma - Raw Shelled	£171.19	Glebe Farm Gluten Free		Extra Virgin	
WHOLE EARTH		**	210.11		£4.59	450g	£3.86	750ml	£9.99
		COCONUT		125g 1Kg	£33.56	6 x 450g	£20.92	12 x 750ml	£104.99
Cocoa Crunch		Dessicated Unsulphured		Suma - Roasted & Salted	200.00	Mornflake Pre Pack		Sunita Hellenic Extra Virgin	Cold
**	£3.29	500g	£3.08	125g	£5.49	500g	£1.19	Pressed Bottle	
**	14.48	1Kq	£5.54		LJ.43	3Kg	£4.25	1L	£9.76
Organic Muesli	04.00	3Kg	£14.78	ST. DALFOUR		12 x 500g	£12.85	12 x 1L	£101.98
	£4.99	**	£119.51	Whole Chestnuts		4 x 3Kq	£15.26		ı Cold
12 x 750g £5 Red Fruit Crunch	02.75	Raw Chip Unsulphured	00.00	200g	£4.69	Rolled Oats		Pressed Tin	
	CO OE	500g 1Kg	£3.89 £6.71	6 x 200g	£24.69	1Kg	£1.92		£27.55
**	£3.95 17.38	3Kg	£18.49	SUMA BAGGED DO	WN	5Kg	£8.58	4 x 3L Sunita Organic Greek Extra	£95.97
5 X 450g	17.50	10Kg	£58.03	Desiccated Organic Coconut		25Kq Suma Pre Pack	£23.19	Cold Pressed	ı virgiri
Nuts		Toasted Chip Unsulphured	200.00	1Kg	£6.93		00.00	1L	£12.12
Nuts		500g	£5.25	••	20.33	1009	£2.69 £14.22		£63.32
AL MONDS EL AKED		1Kg	£9.38	WALNUTS		6 x 750g Suma Prepack - Gluten Free	£ 14.22	Zaytoun Large Organic Fair	
ALMONDS FLAKED		3Kg	£25.85	250g	£3.57	'	רט דר	750ml	£24.35
Suma		10Kg	£81.09	500q	£6.71	750g	£3.75 £19.83	6 x 750ml	£24.55 £128.57
	£1.85	COCONUT -		1Kg	£12.75	6 x 750g	L 19.03	Zaytoun Small Organic Fair	
1Kg £1	11.79	DESSICATED		3Kg	£37.16	PORRIDGE OATS		250ml	£10.09
ALMONDS GROUND				10Kg	£87.96	ORGANIC		6 x 250ml	£53.32
Suma		Medium Dessicated Coconut		Suma	00.0-	1Kq	£2.88		
	£3.05	1Kq	£5.03		£3.25	5Kg	£12.86	PUMPKIN SEED C	ИL
	10.92	COCONUT -		1Kg	£11.62	25Kg	£35.35	Clearspring Organic	
• •	49.44	DESSICATED ORG		Suma Light Amber Quarters	040.00	Mornflake Pre Pack		250ml	£13.79
ALMONDS GROUND		Suma		1Kg	£10.89	1Kg	£2.79	8 x 250ml	£92.15
		2.5Kg	£15.53	WALNUTS ORGANIC	2	6 x 1Kg	£14.76	RAPESEED OIL	
ORGANIC		••		250g	£5.22	Suma Gluten Free		Clearspring Organic	
Suma		COCONUT RAW CH	IIP	500g	£9.68	750q	£4.25	500ml	£5.49
1Kg £2	20.52	Suma		1Kq	£17.58	6 x 750g	£22.47	6 x 500ml	£29.02
ALMONDS WHOLE		150g	£1.49	5Kg	£80.75	O.II		Suma Extra Virgin Rapese	
Suma		1Kg	£6.57	10Kg	£151.99	Oils		5L	£23.99
								JL	220.00
	വ വ	HAZELNUTS		Suma					
250g £	LZ.00	HAZELNUTS		375g		AVOCADO OIL		SESAME OIL	
250g £ 1Kg £1	10.05	Suma	0400.00		£5.75 £14.85			SESAME OIL Clearspring Organic	
250q £ 1Kq £1 22.68Kq £18	LZ.00	Suma 11.34Kg	£129.62	375g 1Kg		Clearspring Organic	£9 49		£8.39
250q £ 1Kg £1 22.68Kg £18 ALMONDS WHOLE	10.05	Suma 11.34Kg Suma - Raw		375g			£9.49 £66.88	Clearspring Organic	£8.39 £44.35
250q £ 1Kq £1 22.68Kq £18	10.05	Suma 11.34Kg Suma - Raw 250g	£3.95	375g 1Kg Oats	£14.85	Clearspring Organic 250ml 8 x 250ml		Clearspring Organic 500ml 6 x 500ml	
250q £ 1Kq £1 22.68Kq £18 ALMONDS WHOLE ORGANIC Suma	10.05 87.77	Suma 11.34Kg Suma - Raw 250q 1Kg	£3.95 £14.28	375q 1Kq Oats GLUTEN FREE PINH	£14.85	Clearspring Organic 250ml 8 x 250ml COCONUT OIL		Clearspring Organic 500ml 6 x 500ml SUNFLOWER OIL	
250q £ 1Kg £1 22.68Kq £18 ALMONDS WHOLE ORGANIC Suma 500q £	10.05 87.77	Suma 11.34Kg Suma - Raw 250q 1Kg HAZELNUTS ORGA	£3.95 £14.28	375g 1Kg Oats	£14.85	Clearspring Organic 250ml 8 x 250ml COCONUT OIL Biona Virgin Organic	£66.88	Clearspring Organic 500ml 6 x 500ml SUNFLOWER OIL Clearspring Organic	£44.35
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250q £ 1Kg £1 22.68Kq £18 ALMONDS WHOLE ORGANIC Suma 500q £	10.05 87.77	Suma 11.34Kg Suma - Raw 250q 1Kg HAZELNUTS ORGA	£3.95 £14.28	375q 1Kq Oats GLUTEN FREE PINH OATMEAL Gluten Free Pinhead Oatmeal	£14.85	Clearspring Organic 250ml 8 x 250ml COCONUT OIL Biona Virgin Organic 200q 400q	£66.88 £4.55 £8.09	Clearspring Organic 500ml 6 x 500ml SUNFLOWER OIL Clearspring Organic 1L 6 x 1L	£8.99 £47.52
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250q £ £18 ALMONDS WHOLE ORGANIC Suma 500q £ £18 AKAZILS BROKEN Suma 250q £ £18 BRAZILS WHOLE 250q £ £19 500q £ £19 Suma 250q £ £19 Suma 250q £ £1 CASHEW PIECES Suma 250q £ £1 CASHEW ROASTED & SALTED Suma 125q £ £2 VAT 100q £ £1 500q £ £1 500q £ £1 500q £ £1	10.05 10.05 87.77 10.05 87.77 10.05 88.96 16.12 12.99 19.93 14.58 88.43 15.57 70.69 90.89 11.93 15.09 15.09 15.09 16.35	Suma 11.34Kq Suma - Raw 250q 1Kq HAZELNUTS ORGA Suma - Raw 250q 1Kq MIXED NUTS Chopped Peanuts, Walnuts, A 250q 500q 1Kq PEANUTS Suma - Roasted 250q Suma - Roasted & Salted 250q Suma - Raw 500q 1Kq PEANUTS ORGANIC Raw 500q 1Kq 5Kq 25Kq Suma - Raw 500q 1Kq 1Kq 5Kq 25Kq Suma - Raw 500q 1Kq PECAN HALVES Suma 125q 1Kq PINE NUTS	£3.95 £14.28 NIC £4.39 £15.77 Almonds £3.18 £5.92 £9.56 £2.15 £2.25 £3.82 £6.89 £31.99 £147.69 £4.09 £8.14 £3.39 £23.55 £4.94 £11.29 £21.26	375q 1Kq Oats GLUTEN FREE PINHOATMEAL Gluten Free Pinhead Oatmeal 25Kq JUMBO OATS Mornflake Prepack 500q 12 x 500q Mornflake Pre-pack 3Kq 4 x 3Kq Rolled Oats 1Kq 5Kq 25Kq JUMBO OATS ORGA Rolled Oats 1Kq 5Kq 25Kq Mornflake Pre-pack 3Kq 6 x 750q MEDIUM OATMEAL 1Kq 5Kq 25Kq COAT GROATS Suma Prepack Org 500q 6 x 500q 6 x 500q OATBRAN	£14.85 E14.85 £1.29 £14.09 £4.49 £15.61 £1.92 £8.58 £23.19 ANIC £2.88 £12.86 £35.35 £4.25 £22.47 £1.92 £8.16 £23.19	Clearspring Organic 250ml 8 x 250ml COCONUT OIL Biona Virgin Organic 200q 400q 6 x 200q 6 x 400q Suma Culinary Organic 320ml 650ml 6 x 320ml 6 x 650ml Suma Extra Virgin Organic 320ml 6 x 320ml 6 x 320ml FLAX/LINDSEED SE OIL Biona VAT 250ml 6 x 250ml GRAPE SEED OIL Suma 500ml 6 x 500ml HEMP OIL Granovita Organic 260ml 6 x 260ml OLIVE OIL Borakis Abea / Lithari Extra Virgin Organic	£66.88 £4.55 £8.09 £24.09 £42.83 £4.19 £7.15 £22.13 £37.82 £7.21 £38.05 ED £6.95 £36.94 £53.35 £30.13 £8.85 £46.58 rgin £58.58 gin £40.84	Clearspring Organic 500ml 6 x 500ml SUNFLOWER OIL Clearspring Organic 1L 6 x 1L Suma Organic Cold Presse 500ml 6 x 500ml WALNUT OIL Clearspring 250ml 8 x 250ml Olives & Ca CYPRESSA Pimento Stuffed Green Oliv 340q 6 x 340q Pitted Black Olives 340q 6 x 340q Pitted Green Olives 340q 6 x 340q Pitted Green Olives 340q 6 x 340q OLIVES ET AL Mixed Pitted Olives with He 250q 6 x 250q ORGANICO Capers (In Brine)	£8.99 £47.52 £4.95 £26.19 £13.49 £95.06 Pers £1.95 £10.39 £1.65 £8.68 £1.89 £10.07 s Organic £3.99 £21.07
250q £ £18 ALMONDS WHOLE ORGANIC Suma 500q £ £18 BRAZILS BROKEN Suma 250q £ £18 BRAZILS WHOLE 250q £ £19 500q £ £19 Suma 250q £11	10.05 10.05 87.77 10.05 87.77 10.05 88.96 16.12 12.99 19.93 14.58 88.43 15.57 70.69 90.89 11.93 15.09 15.09 15.09 16.35	Suma 11.34Kg Suma - Raw 250q 1Kg HAZELNUTS ORGA Suma - Raw 250q 1Kq MIXED NUTS Chopped Peanuts, Walnuts, A 250q 500q 1Kq PEANUTS Suma - Roasted 250q Suma - Roasted & Salted 250q PEANUTS ORGANIC Raw 500q 1Kq PEANUTS ORGANIC Raw 500q 1Kq 5Kq 25Kq Suma - Raw 500q 1Kq 25Kq Suma - Raw 500q 1Kq 7 PECAN HALVES Suma 125q 1Kq PINE NUTS	£3.95 £14.28 NIC £4.39 £15.77 Almonds £3.18 £5.92 £9.56 £2.15 £2.25 £3.82 £6.89 £31.99 £147.69 £4.09 £8.14 £3.39 £23.55 £4.94 £11.29 £21.26 £38.85	375q 1Kq Oats GLUTEN FREE PINHOATMEAL Gluten Free Pinhead Oatmeal 25Kq JUMBO OATS Mornflake Prepack 500q 12 x 500q Mornflake Pre-pack 3Kq 4 x 3Kq Rolled Oats 1Kq 5Kq 25Kq JUMBO OATS ORGA Rolled Oats 1Kq 5Kq 25Kq Mornflake Pre-pack 3Kq 6 x 750q MEDIUM OATMEAL 1Kq 5Kq 25Kq Suma Gluten Free 750q 6 x 750q MEDIUM OATMEAL 1Kq 5Kq 25Kq COAT GROATS Suma Prepack Org 500q 6 x 500q OATBRAN 1Kq	£14.85 E35.35 £1.29 £14.09 £14.09 £15.61 £1.92 £8.58 £23.19 ANIC £2.88 £12.86 £35.35 £4.25 £22.47 £1.92 £8.16 £23.19 £1.92 £8.16 £23.19	Clearspring Organic 250ml 8 x 250ml COCONUT OIL Biona Virgin Organic 200q 400q 6 x 200q 6 x 400q Suma Culinary Organic 320ml 650ml 6 x 320ml 6 x 650ml Suma Extra Virgin Organic 320ml 6 x 320ml 6 x 320ml 6 x 320ml 6 x 320ml FLAX/LINDSEED SE OIL Biona VAT 250ml 6 x 250ml GRAPE SEED OIL Suma 500ml 6 x 500ml HEMP OIL Granovita Organic 260ml 6 x 260ml OLIVE OIL Borakis Abea / Lithari Extra Virgin Organic Large Tin 5L Borakis Abea / Lithari Extra Virgin Organic 3L Borakis Abea / Lithari Extra Virgin Small	£66.88 £4.55 £8.09 £24.09 £42.83 £4.19 £7.15 £22.13 £37.82 £7.21 £38.05 ED £6.95 £36.94 £53.35 £30.13 £8.85 £46.58 rgin £58.58 gin £40.84	Clearspring Organic 500ml 6 x 500ml SUNFLOWER OIL Clearspring Organic 1L 6 x 1L Suma Organic Cold Presse 500ml 6 x 500ml WALNUT OIL Clearspring 250ml 8 x 250ml Olives & Ca CYPRESSA Pimento Stuffed Green Oliv 340q 6 x 340q Pitted Black Olives 340q 6 x 340q Pitted Green Olives 340q 6 x 340q MANI Green and Kalamata Olives 175q 6 x 175q OLIVES ET AL Mixed Pitted Olives with He 250q 6 x 250q ORGANICO	£8.99 £47.52 d £4.95 £26.19 £13.49 £95.06 Pers £1.95 £10.39 £1.65 £8.68 £1.89 £10.07 s Organic £3.99 £21.07

SUNITA	Multigrain Pasta Gluten Free O	•	LITTLE PASTA		Veg Bolognese Extra Concent	rated	BROWN RICE FLAM	KES
Jumbo Kalamon Olives in Brine &	500g 8 x 500a	£4.19 £29.35	ORGANICS		Pasta Sauce 360q	£3.49	ORGANIC	
Wine Vinegar (in pack)	IDIO	220.00	Animal Pasta Shapes		6 x 360g	£18.55	Pre Pack	
450q £4.79 12 x 450q £50.93		nic	300q 15 x 300q	£2.99 £32.72	SUMA		500q 6 x 500q	£4.35 £22.99
Kalamata Olives in Brine and Wine	5Kg	£15.91	MR ORGANIC	202.12	Passata Organic		CARNAROLI RISOT	
Vinegar	White Penne Organic		Tortellini Porcini		690g	£1.95	RICE	
360g £3.89 6 x 360g £20.61	INU	£2.87 £15.91	250g	£4.09	12 x 690q Pesto Alla Siciliana Organic	£20.62	Infinity Pre Pack	
Konservolia Whole Green Olives in	Whole Penne Organic	£ 15.91	10 x 250g	£36.12	190g	£3.99	500g	£5.58
Brine	1Ka	£2.87	PROFUSION		12 x 190g	£42.18	12 x 500q	£58.32
360g £3.55 6 x 360g £18.71	5Kg	£15.91	Chickpea Fusilli Organic Glute		Pesto Genovese Organic	02.00	LONG GRAIN BROV	WN
	KING SOBA		250g 8 x 250g	£3.35 £23.49	190q 12 x 190q	£3.99 £42.18	RICE 1Ka	£4.11
Pasta &	Black Rice Noodles Organic		Red Lentil Fusilli Organic Glute		Pesto Rosso Organic		5Kg	£17.33
Noodles	250g 12 x 250g	£2.59 £27.19	250g	£3.45	190q	£3.99	25Kg	£44.29
	Brown Rice & Wakame Noodle		8 x 250q	£24.23	12 x 190g SUNITA	£42.18	Suma Prepack 500q	£1.75
BIONA	Organic	00.50	SUMA		Pesto Genovese Organic		5Kg	£1.73 £12.39
Spelt Fusili Wholemeal Organic 500q £2.95	250q 12 x 250g	£2.59 £27.19	Corn & Rice Penne Gluten Fre 500a		130g	£3.15	LONG GRAIN BROV	WN
10 x 500g £25.83			8 x 500g	£2.89 £20.37	6 x 130g		RICE ORG	
Spelt Penne Wholemeal Organic	250g	£2.59	White Fusilli Organic		Pesto Rosso Organic	00.45	1Kg	£6.39
500g £2.95 10 x 500g £25.83		£27.19 odles	500g	£1.79	130q 6 x 130g	£3.15 £16.38	5Kg 25Ka	£27.38 £69.98
Spelt Spaghetti White Organic	Organic	04.00	12 x 500q White Macaroni Organic	£18.92	ZEST FOODS	2.0.00	MIXED RICE	203.30
500g £3.45		£2.59	500g	£1.79	Basil and Oregano Pasta Sauc	e	Mixed Long Grain Brown & W	/ild Rice
12 x 500g £36.35	12 x 250g Buckwheat Noodles Organic	£27.19	12 x 500g	£18.92	340g	£3.15	1Kq	£8.69
Spelt Spaghetti Wholemeal Organic 500q £2.95	250g	£2.79	White Penne Organic 500g	C1 E0	6 x 340g	£16.57	5Kg	£33.91
12 x 500g £30.98	12 x 250q	£29.59	12 x 500g	£16.79	Pasta Sauce Mushroom & Gar 340a	£3.15	PUDDING RICE	
White Fusilli Tricolore Organic	Millet & Brown Rice Noodles O	fganic £2.59	White Spaghetti Organic		6 x 340g	£16.57	White. Suma	
500g £2.69 12 x 500g £27.83	40 050	£27.19	500a 12 x 500a	£1.79	Pesto Vegan Large		500g 6 x 500g	£2.35 £12.41
White Rigatoni Organic	Pumpkin & Ginger Noodles		Wholewheat Fusilli Organic	£18.92	340q 6 x 340q	£5.85	RED RICE ORGANI	
500q £2.49		£2.59	500g	£1.79		L30.12	Camargue. Biona	C
12 x 500g £25.76	12 x 250g Thai Rice Noodles	£27.19	12 x 500q	£17.62	165g	£3.49	500a	£4.35
BLUE DRAGON	250g	£2.59	Wholewheat Penne Organic 500q	£1.79	6 x 165q	£18.24	6 x 500g	£23.01
Wholewheat Noodles 300q £2.35	12 x 250g	£27.19	12 x 500g	£18.92	Rice & Rice		SHORT GRAIN BRO	NWC
8 x 300g £16.53	Vermicelli Fairtrade Noodles 250q	£2.59	Wholewheat Spaghetti Organio		Flakes		RICE	
OL EADODDING			500g	£1.79	II Ianes		1Kg	£6.73
CLEARSPRING	12 x 250q	£27.19	12 x 500a		-		**	
Brown Rice Penne with Quinoa and	LA BIO IDEA	£27.19	12 x 500g	£18.92	ARBORIO RICE		5Ka 25Kg	£28.88 £73.81
Brown Rice Penne with Quinoa and Amaranth Organic	LA BIO IDEA Gomitini Wholewheat Organic		YAKSO		ARBORIO RICE Suma Prepack		5Kq	£28.88 £73.81
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09	LA BIO IDEA Gomitini Wholewheat Organic 500q	£2.69			Suma Prepack 500q		5Kq 25Kg	£28.88 £73.81
Brown Rice Penne with Quinoa and Amaranth Organic	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500g		YAKSO Organic Egg Noodles	£18.92	Suma Prepack 500q 6 x 500g	£15.81	5Kq 25Kg SHORT GRAIN BRO RICE ORG 1Kq	£28.88 £73.81 DWN £5.12
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250g £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic	£2.69	YAKSO Organic Egg Noodles 250g	£18.92	Suma Prepack 500q	£15.81 s	5Kq 25Kq SHORT GRAIN BRO RICE ORG 1Kq 1Kq	£28.88 £73.81 DWN £5.12 £7.49
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q	£2.69 £28.61 £1.99 £21.48	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles	£18.92 £2.69 £14.09	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kg 5Kq	£15.81 s £9.02 £38.98	5Kq 25Kq SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 5Kq	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250g £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic	£2.69 £28.61 £1.99 £21.48	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles 250q	£18.92 £2.69 £14.09	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kq 5Kq 25Kq	£15.81 es £9.02 £38.98 £99.61	5Kq 25Kq SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 5Kq 20Kq	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29 £44.51
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59 Red Lentil and Brown Rice Fusilli Organic 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic 250q 12 x 250q	£2.69 £28.61 £1.99 £21.48	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles	£18.92 £2.69 £14.09	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kq 5Kq 25Kq BASMATI RICE BRO	£15.81 es £9.02 £38.98 £99.61	5Kq 25Kq SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 5Kq	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59 Red Lentil and Brown Rice Fusilli Organic 250q £3.49 8 x 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic 250q 12 x 250q	£2.69 £28.61 £1.99 £21.48 £1.99	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles 250q 10 x 250q Udon Noodles 250q	£18.92 £2.69 £14.09 £1.29 £10.91 £1.25	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kq 5Kq 25Kq BASMATI RICE BRO 1Kq	£15.81 es £9.02 £38.98 £99.61 WN £5.98	5Kq 25Kg SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 5Kq 20Kq 25Kq Suma Prepack 3Kq	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29 £44.51 £82.52
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59 Red Lentil and Brown Rice Fusilli Organic 250q £3.49 8 x 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic 250q 12 x 250q Tagliatelle Org 500q	£2.69 £28.61 £1.99 £21.48 £1.99 £21.48	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles 250q 10 x 250q Udon Noodles	£18.92 £2.69 £14.09 £1.29 £10.91	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kg 5Kq 25Kg BASMATI RICE BRO 1Kq 5Kg 20Kq	£15.81 es £9.02 £38.98 £99.61	5Kq 25Kg SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 20Kq 25Kq Suma Prepack 3Kq 10Kq	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29 £44.51 £82.52
Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59 Red Lentil and Brown Rice Fusilli Organic 250q £3.49 8 x 250q £3.49 8 x 250q £3.49	LA BIO IDEA Gomitini Wholewheat Organic 500q 12 x 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic 250q 12 x 250q Tagliatelle Org 500q 12 x 500q	£2.69 £28.61 £1.99 £21.48 £1.99 £21.48	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles 250q 10 x 250q Udon Noodles 250q 10 x 250q	£18.92 £2.69 £14.09 £1.29 £10.91 £1.25 £10.82	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kg 5Kq 25Kg BASMATI RICE BRO 1Kg 5Kg 20Kq Suma Prepack	£15.81 bs £9.02 £38.98 £99.61 WN £5.98 £25.97	5Kq 25Kg SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 20Kq 25Kq Suma Prepack 3Kq 10Kq SUSHI RICE	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29 £44.51 £82.52 £14.69 £43.84
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Brown Rice Penne with Quinoa and Amaranth Organic 250q £3.09 8 x 250q £21.78 Green Pea and Quinoa Fusilli Organic 250q £3.49 8 x 250q £24.59 Red Lentil and Brown Rice Fusilli Organic 250q £3.49 8 x 250q £24.59 DIFATTI Egg Tagliatelle Gluten Free 250q £3.79 12 x 250q £40.46 Rainbow Farfalle Pasta 400q £3.95 12 x 400q £41.53 Spinach Gnocchi Gluten Free 250q £2.39 10 x 250q £2.39 10 x 250q £2.39 10 x 250q £2.15 10 x 250q £2.15 10 x 250q £2.93 Enward Gnocchi Gluten Free 250q £2.15 10 x 250q £2.93 Enward Gnocchi Gluten Free 250q £2.15 10 x 250q £2.93 Enward Gnocchi Gluten Free 07ganic 500q £4.19 8 x 500q £2.9.35 Brown Rice Penne Gluten Free 07ganic 500q £4.19 8 x 500q £2.9.35 Brown Rice Spaghetti Gluten Free 07ganic 500q £4.19 8 x 500q £2.9.35 Brown Rice Spaghetti Gluten Free 07ganic 500q £4.19 8 x 500q £2.9.35 Brown Rice Spaghetti Gluten Free 07ganic 500q £4.19 8 x 500q £2.9.35 Brown Rice Spaghetti Gluten Free 07ganic	LA BIO IDEA Gomitini Wholewheat Organic 500q Lasagne Green Organic 250q 12 x 250q Lasagne Wholewheat Organic 250q 12 x 250q Tagliatelle Org 500q 12 x 500q LA BUONA VITA Corn and Rice Lasagne Gluten 250q 12 x 250q LA TERRA E IL CIEL Papardelle Nests 500q 6 x 500q Spinach Fusilli 500q 12 x 500q White Cavatappi Organic 500q 12 x 500q White Conchiglioni Organic 500q 6 x 500q White Linguine Organic 500q 20 x 500q White Linguine Organic 500q 20 x 500q White Macaroni Organic 500q 12 x 500q White Macaroni Organic 500q	£2.69 £28.61 £1.99 £21.48 £1.99 £21.48 £2.69 £28.61 Free £2.89 £30.67 O £3.75 £19.77 £2.99 £31.65 £2.59 £26.84 £2.69 £2.69 £2.69 £2.69	YAKSO Organic Egg Noodles 250q 6 x 250q YUTAKA Soba Noodles 250q 10 x 250q Udon Noodles 250q 10 x 250q Udon Noodles 250q 10 x 250q WERIDIAN Tomato & Basil Pasta Sauce 350q 6 x 350q Tomato & Herb Pasta Sauce 440q 6 x 440q MR ORGANIC 190q Pasta Sauce with Seitan Organ 350q 6 x 350q Pesto with Chilli & Garlic Organ 130q 6 x 130q ORGANICO Olive, Chilli and Garlic Pasta S Organic 360q 6 x 360q Red Wine & Porcini Pasta Sauce Organic	£18.92 £2.69 £14.09 £1.29 £10.91 £1.25 £10.82 £17.38 brganic £3.39 £17.96 £2.69 £14.22 nic £3.29 £17.38 auce £3.69 £19.59 ce	Suma Prepack 500q 6 x 500q White Short Grain - For Risotto 1Kq 5Kq 25Kq BASMATI RICE BRO 3Kq 5Kq 500q 3Kq BASMATI RICE BRO ORGANIC 1Kq 5Kq 25Kq BASMATI RICE WHI 1Kq 5Kq 20Kq Suma Prepack 500q 3Kq BASMATI RICE WHI 1Kq 5Kq 20Kq Suma Prepack 500q 3Kq 6 x 500q BASMATI RICE WHI 1Kq 5Kq 20Kq Suma Prepack 500q 3Kq 6 x 500q BASMATI RICE WHI 1Kq 5Kq 25Kq BASMATI RICE WHI 1CR SUMA PREPACK 500q BASMATI RICE WHI 1CR SUMA PREPACK 500q SUMA PREPACK 500q 6 x 500q	£15.81 bs £9.02 £38.98 £99.61 WN £5.98 £25.97 £52.27 £2.35 £12.93 WN £8.81 £38.08 £97.31 TE £6.49 £27.82 £56.88 £2.55 £11.22 £13.48 TE £8.67 £37.44 £95.67 CE	5Kq 25Kg SHORT GRAIN BRO RICE ORG 1Kq 1Kq 5Kq 5Kq 20Kq 25Kq Suma Prepack 3Kq 10Kg SUSHI RICE Clearspring Sushi Rice Organ 500q 12 x 500q Suma Sushi Rice Prepack 500q 6 x 500q WILD RICE Suma 125q 6 x 125q 2.5Kq Seasonings 9 MEALS FROM ANARCHY Vegetable Stock 105q 6 x 105q CLEARSPRING Barley Miso Organic 300q 6 x 300q Brown Rice Miso Organic	£28.88 £73.81 DWN £5.12 £7.49 £21.77 £32.29 £44.51 £82.52 £14.69 £43.84 nic £2.99 £31.61 £2.25 £11.89 £3.49 £15.28 £55.29 £3.49 £18.46
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Shoyu Soya Sauce Large Organic	Tamari Soya Sauce Large Glut	en Free	HEMD SEEDS		Suma		Desert Salt Crisps VAT	
	500ml	£6.89	HEMP SEEDS Suma		1Kg	£4.66	40g	£1.09
	6 x 500ml	£36.41	250g	£2.99	SUNFLOWER SEED		150g	£2.99
Shoyu Soya Sauce Small Organic	Tamari Soya Sauce Small Glut		6 x 250q	£15.81	ORGANIC		24 x 40g	£24.11
	150ml	£3.29	HEMP SEEDS ORGA		500a	£3.02	12 x 150q Truffle and Rosemary Crisps	£32.36
6 x 150ml £15.81 Tamari Sauce Large Organic	12 x 150ml	£34.77		INIC	1Kg	£5.51	40q	£1.09
500ml £10.49	PROFUSION		Suma	C10 E0	5Kg	£24.23	150g	£2.99
6 x 500ml £55.49	Pink Himalayan Salt Coarse		1Kq	£10.58	25Kg	£92.89	24 x 40g	£24.11
Tamari Sauce Small Organic	500q		LINSEED (FLAX)		Snacks	\neg	12 x 150g	£32.36
150ml £3.99	8 x 500g Pink Himalayan Salt Fine	£28.52	Suma				SESAME STICKS	
6 x 150ml £21.11	500g	£4.05	1Kq	£4.29	(Savoury)		Pre Pack	
Teriyaki Oriental Organic	8 x 500g	£28.52	LINSEED GOLDEN				125g	£1.25
150ml £4.09 6 x 150ml £21.62	SEA SALT		(FLAX)		AMAIZIN		6 x 125g	£6.61
White Miso Organic	Coarse		Organic Suma		Natural Corn Chips		SPICY NOODLES	
270q £4.29		£1.59	250g	£1.75		£2.85	100q	£1.01
6 x 270g £22.68	1119	£7.09	1 6 v 250 c		10 x 250g	£25.09	250g	£1.86
GEO ORGANICS	10Kg	£10.19	6 x 250q	£9.27	BHUSU MIX		500g	£3.37
Atlantic Fine Ground Sea Salt	Fine		LINWOODS		Spicy Snack		1Kg 5Ka	£5.75 £17.51
500g £3.49	1Kg	£1.39	Milled Flax Seed Organic		250q	£2.01	Suma Pre Pack	217.51
6 x 500g £18.44	5Kg	£6.22	425q	£5.49	500g	£3.27	125g	£1.25
KALLO STOCK CUBES	10Kg	£8.93	12 x 425g Milled Flax Seed with Almond,	£58.39	1Kg 5Kg	£5.99 £20.23	6 x 125q	£6.61
French Onion	STEENBERGS		and Walnuts Organic	Diazii	BOMBAY MIX	220.20	TRAFO	
66g £1.95	Kala Namak (Black Salt)		360g	£6.55			Vegetable Chips	
15 x 66q £25.53	100g	£2.99	12 x 360g	£68.67	Suma Pre Pack	04.75	75q	£2.69
Garlic & Herb	12 x 100g	£32.36	Milled Flax Seed with Chia and	Goji	250g 1Ka	£1.75 £4.89	12 x 75g	£28.48
66q £1.95	THREE BY ONE		Berries		6 x 250q	£9.27	TRAFO TORTILLA	
15 x 66g £25.53	Coconut Aminos		425q	£5.99	Suma Pre Pack Lime and Coria		200g	£2.45
Low Salt	250ml	£9.99	5 x 425g Milled Flax Seed with Probiotic	£26.43	250q	£1.75	10 x 200a	£2.43 £21.33
60g £1.99	VECON		Vitamin D	α	6 x 250g	£9.27	WASABI PEAS	221.00
15 x 60g £26.07	Vegetable Stock		360g	£6.55	BOUNDLESS			04.75
Mushroom	225g	£3.89	12 x 360g		Chipotle & Lime Chips		75g 6 x 75g	£1.75 £9.27
66g £1.93 15 x 66g £25.53	8 x 225g	£27.37	Milled Hemp		80g	£1.99	0 X 75Q	1.9.21
Tomato & Herb	Vegetable Stock Large		200q	£4.49	10 x 80g	£17.44	Snacks (Swe	et)
66g £1.95	1Kg	£16.19	6 x 200g	£24.07	Sea Salt & Cider Vinegar Chips	3	Chache (Chi	, ,
15 x 66g £25.53			Shelled Hemp		80q	£1.99	ADONIS	
Yeast Free	Seaweeds		200g	£7.35	10 x 80g	£17.44	Keto Hazelnut & Cocoa Prote	ein Bar
66g £1.95			12 x 200q	£78.39	EAT REAL		45g	£1.99
1E v 66~ COE EO	CLEARSPRING		POPPY SEEDS ORG	VNIC.				21.00
15 x 66g £25.53	OLLANOI MINO		FOFF I SEEDS ONG	AITIC	All Lentil and Hummus Chips		16 x 45q	£28.03
MALDON £23.33	Arame		Suma Organic	ANIC	All Lentil and Hummus Chips 113g/135g		16 x 45g Keto Pecan, Hazelnut & Coc	
•	Arame 30q		Suma Organic 40q	£1.75	113g/135g	£2.19	**	
MALDON Sea Salt Flakes	Arame 30q 8 x 30g		Suma Organic	£1.75	113g/135g	£2.19 £19.39	Keto Pecan, Hazelnut & Coc No VAT 35q	oa Bar - £1.79
MALDON	Arame 30q 8 x 30q Kombu	£36.49	Suma Organic 40q	£1.75	113g/135g 113g		Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35g	£1.79 £25.24
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37	Arame 30q 8 x 30q Kombu 40g	£36.49 £5.49	Suma Organic 40q 6 x 40q	£1.75	113g/135g 113g 10 x 113q GARLIC STICKS		Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar -	£1.79 £25.24 No VAT
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON	Arame 30q 8 x 30q Kombu 40q 5 x 40q	£36.49	Suma Organic 40q 6 x 40q PREWETTS	£1.75 £9.26 £3.29	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250a	£19.39	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar 35g	£1.79 £25.24 No VAT £1.79
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori	£36.49 £5.49 £24.18	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic	£1.75	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250a		Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar - 35q 16 x 35q	£1.79 £25.24 No VAT
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25g	£36.49 £5.49 £24.18 £3.99	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175g	£1.75 £9.26 £3.29	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq	£19.39 £2.12 £3.79 £6.88	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35g Keto Vanilla & Coconut Bar- 35g 16 x 35q ALMOND HALVA	£1.79 £25.24 No VAT £1.79 £25.24
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q	£36.49 £5.49 £24.18 £3.99	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q	£1.75 £9.26 £3.29	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q	£19.39 £2.12 £3.79	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar - 35q 16 x 35q ALMOND HALVA 250q	£1.79 £25.24 No VAT £1.79 £25.24 £4.59
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q	£36.49 £5.49 £24.18 £3.99	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma	£1.75 £9.26 £3.29	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq	£19.39 £2.12 £3.79 £6.88	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar - 35q 16 x 35q ALMOND HALVA 250q 500q	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q	£36.49 £5.49 £24.18 £3.99 £21.11	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq	£1.75 £9.26 £3.29 £17.42	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq 5Kg	£19.39 £2.12 £3.79 £6.88	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar - 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69
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MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg	Arame 30a 8 x 30g Kombu 40g 5 x 40g Nori 25g 6 x 25a Sushi Nori - Toasted 17g 8 x 17g Wakame 25g	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC	£1.75 £9.26 £3.29 £17.42	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q Wakame 25q 8 x 25q	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED	£1.75 £9.26 £3.29 £17.42 £8.44	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Cr	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84
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MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19 Vegan Organic Bouillon Large (Red) 500q £7.75 6 x 500q £40.98 Vegan Organic Bouillon Small (Red) 150q £2.55	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q Wakame 25q 8 x 25g CORNISH SEAWEED COMPANY Cornish Seaweed Spaghetti Or 40q	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91) ganic £4.59	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC 250q 500q 1Kq 5Kq	£1.75 £9.26 £3.29 £17.42 £8.44 £6.26 £11.46 £51.25	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Criorganic VAT 40q 15 x 40q HODMEDOD'S	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39 risps £1.09	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT 75q 10 x 75q Pomegranate Hearts VAT	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84
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MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19 Vegan Organic Bouillon Large (Red) 500q £7.75 6 x 500q £40.98 Vegan Organic Bouillon Small (Red) 150q £2.55 6 x 150q £13.48 Vegan Organic Swiss Vegetable Bouillon Small (Black) 140q £2.45 6 x 140q £12.95 Vegan Original Bouillon Large (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Original Bouillon Small (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Reduced Salt Bouillon Large (Purple) 500q £7.39 6 x 500q £39.11 Vegan Reduced Salt Bouillon Small (Purple) 140q £2.79 6 x 140q £14.67	Arame 30a 8 x 30a Kombu 40g 5 x 40a Nori 25g 6 x 25a Sushi Nori - Toasted 17a 8 x 17a Wakame 25a 8 x 25g CORNISH SEAWEED COMPANY Cornish Seaweed Spaghetti Or 40a 5 x 40a Seeds ALFALFA Essential Pre Pack - Organic 125a 6 x 125a CHIA SEEDS 250a 500a 1Ka 5Kg 25Kg Suma 1Kg	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91 9 1 1 1 1 1 1 1 1 1 1	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC 250q 5Kq 25Kq SEED MIX Linseed, Pumpkin Seed, Sesat Seed & Sunflower Seed 500q 1Kq 5Kq SESAME SEED BLA Black Sesame Seeds Organic 250q 6 x 250q SESAME SEED ORGANIC	£1.75 £9.26 £3.29 £17.42 £8.44 £6.26 £11.46 £51.25 £1.96.45 me £3.26 £5.83 £25.05 £5.78 £10.75	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 11Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Cr Organic VAT 40q 15 x 40q HODMEDOD'S All Fava Beans and Peas 300q 10 x 300q ORIENTAL RICE CRACKERS Pre Pack 125q 6 x 125q QUINOA CHIPS Sundried Tomato and Garlic 80q 10 x 80q ROASTED CHICK PE 125q 6 x 125q 6 x 125q	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39 £1.09 £14.39 £2.99 £26.24 £1.95 £10.31 £2.15 £19.93 £2.15 £19.93	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT 75q 10 x 75q Pomegranate Hearts VAT 75q 10 x 75q Sour Snake Organic VAT 75q 10 x 75q BOOJA BOOJA Truffle Selection 1 (contains 138q 4 x 138q Truffle Selection 2 VAT 138q 4 x 138q CANDY KITTENS Apple & Dragonfruit VAT 140q 7 x 140q Love Candy VAT	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84 £2.09 £18.53 £2.49 £22.24 £2.09 £22.65 alcohol) £15.15 £53.28 £15.15 £53.28
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MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19 Vegan Organic Bouillon Large (Red) 500q £7.75 6 x 500q £40.98 Vegan Organic Bouillon Small (Red) 150q £2.55 6 x 150q £13.48 Vegan Organic Swiss Vegetable Bouillon Small (Black) 140q £2.45 6 x 140q £12.95 Vegan Original Bouillon Large (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Original Bouillon Small (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Reduced Salt Bouillon Large (Purple) 500q £7.39 6 x 500q £39.11 Vegan Reduced Salt Bouillon Small (Purple) 140q £2.79 6 x 140q £14.67 MERIDIAN Shoyu Soya Sauce Large	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q Wakame 25q 8 x 25q CORNISH SEAWEED COMPANY Cornish Seaweed Spaghetti Or 40q 5 x 40q Seeds ALFALFA Essential Pre Pack - Organic 125q 6 x 125q CHIA SEEDS 250q 500q 1Kq 5Kq 25Kq Suma 1Kq CHIA SEEDS ORGAN Suma	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91 b ganic £4.59 £19.52 £17.19 £2.18 £3.94 £7.19 £31.88 £122.19 £7.78	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC 250q 1Kq 5Kq 25Kg SEED MIX Linseed, Pumpkin Seed, Sesar Seed & Sunflower Seed 500q 1Kq 5Kq SESAME SEED BLA Black Sesame Seeds Organic 250q 6 x 250q SESAME SEED ORGANIC Suma 1Kq SESAME SEED BLA Black Sesame Seeds Organic 250q 6 x 250q SESAME SEED ORGANIC Suma 250q 1Kq	£1.75 £9.26 £3.29 £17.42 £8.44 £3.44 £3.44 £51.25 £196.45 me £3.26 £5.83 £25.05 £5.78 £2.08 £10.75	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 11Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Crioranic VAT 40q 15 x 40q HODMEDOD'S All Fava Beans and Peas 300q 10 x 300q ORIENTAL RICE CRACKERS Pre Pack 125q 6 x 125q QUINOA CHIPS Sundried Tomato and Garlic 80q 10 x 80q ROASTED CHICK PE 125q 6 x 125q SAVOURSMITHS Desert Salt and Vinegar VAT 40q 150q	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39 £14.39 £2.99 £26.24 £1.95 £10.31 £2.15 £19.93 £2.15 £19.93 £2.29	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35g 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT 75q 10 x 75q Pomegranate Hearts VAT 75q 10 x 75q Sour Snake Organic VAT 75q 10 x 75q BOOJA BOOJA Truffle Selection 1 (contains 138q 4 x 138q Truffle Selection 2 VAT 138q 4 x 138q CANDY KITTENS Apple & Dragonfruit VAT 140q 10 x 140q Love Candy VAT 140q 10 x 140q Sour Watermelon VAT	£1.79 £25.24 No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84 £2.09 £18.53 £2.49 £22.24 £2.09 £22.65 alcohol) £15.15 £53.28 £3.15 £19.31 £3.15 £27.58
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19 Vegan Organic Bouillon Large (Red) 500q £7.75 6 x 500q £40.98 Vegan Organic Bouillon Small (Red) 150q £2.55 6 x 150q £13.48 Vegan Organic Swiss Vegetable Bouillon Small (Black) 140q £2.45 6 x 140q £12.95 Vegan Original Bouillon Large (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Original Bouillon Large (Purple) 500q £36.47 Vegan Reduced Salt Bouillon Large (Purple) 140q £2.55 6 x 150q £3.94 Vegan Reduced Salt Bouillon Small (Purple) 140q £2.79 6 x 140q £14.67 MERIDIAN Shoyu Soya Sauce Large 500ml £4.49	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q Wakame 25q 8 x 25q CORNISH SEAWEED COMPANY Cornish Seaweed Spaghetti Or 40q 5 x 40q Seeds ALFALFA Essential Pre Pack - Organic 125q 6 x 125q CHIA SEEDS 250q 500q 1Kq 5Kq 25Kq Suma 1Kq CHIA SEEDS ORGAN Suma	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91 b ganic £4.59 £19.52 £17.19 £2.18 £3.94 £7.19 £31.88 £122.19 £7.78	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC 250q 500q 1Kq 5Kq 25Kq SEED MIX Linseed, Pumpkin Seed, Sesat Seed & Sunflower Seed 500q 1Kq 5Kq SESAME SEED Suma 1Kq SESAME SEED BLA Black Sesame Seeds Organic 250q 6 x 250q SESAME SEED ORGANIC Suma 250q 6 x 250q SESAME SEED ORGANIC Suma 250q 1Kq SUNFLOWER SEED	£1.75 £9.26 £3.29 £17.42 £8.44 £3.44 £3.44 £51.25 £1.96.45 £10.75 £2.08 £10.75 £2.08 £10.75	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 1Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Criorganic VAT 40q 15 x 40q HODMEDOD'S All Fava Beans and Peas 300q 10 x 300q ORIENTAL RICE CRACKERS Pre Pack 125q 6 x 125q QUINOA CHIPS Sundried Tomato and Garlic 80q 10 x 80q ROASTED CHICK PE 125q 6 x 125q SAVOURSMITHS Desert Salt and Vinegar VAT 40q 150q 24 x 40q	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39 £14.39 £2.99 £26.24 £1.95 £10.31 £2.15 £19.93 £AS £1.25 £6.61 £1.09 £2.99 £24.11	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT 75q 10 x 75q Pomegranate Hearts VAT 75q 10 x 75q Sour Snake Organic VAT 75q 10 x 75q BOOJA BOOJA Truffle Selection 1 (contains 138q 4 x 138q Truffle Selection 2 VAT 138q 4 x 138q CANDY KITTENS Apple & Dragonfruit VAT 140q 7 x 140q Love Candy VAT 140q 10 x 140q Sour Watermelon VAT 54q	£1.79 £25.24 •No VAT £1.79 £25.24 • No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84 £2.09 £18.53 £2.49 £22.24 £2.09 £22.65 alcohol) £15.15 £53.28 £3.15 £19.31 £3.15 £27.58 £1.45
MALDON Sea Salt Flakes 250q £3.29 12 x 250q £34.37 MARIGOLD BOUILLON CUBES Low Salt Bouillon Cubes Organic 8 £1.49 12 x 8 £15.75 MARIGOLD BOUILLON POWDER Original Bouillon 2kg 2Kq £19.19 Vegan Organic Bouillon Large (Red) 500q £7.75 6 x 500q £40.98 Vegan Organic Bouillon Small (Red) 150q £2.55 6 x 150q £13.48 Vegan Organic Swiss Vegetable Bouillon Small (Black) 140q £2.45 6 x 140q £12.95 Vegan Original Bouillon Large (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Original Bouillon Small (Green) 500q £36.47 Vegan Original Bouillon Small (Green) 150q £2.55 6 x 150q £13.54 Vegan Reduced Salt Bouillon Large (Purple) 500q £7.39 6 x 500q £39.11 Vegan Reduced Salt Bouillon Small (Purple) 140q £2.79 6 x 140q £14.67 MERIDIAN Shoyu Soya Sauce Large	Arame 30q 8 x 30q Kombu 40q 5 x 40q Nori 25q 6 x 25q Sushi Nori - Toasted 17q 8 x 17q Wakame 25q 8 x 25q CORNISH SEAWEED COMPANY Cornish Seaweed Spaghetti Or 40q 5 x 40q Seeds ALFALFA Essential Pre Pack - Organic 125q 6 x 125q CHIA SEEDS 250q 500q 1Kq 5Kq 25Kq Suma 1Kq CHIA SEEDS ORGAN Suma	£36.49 £5.49 £24.18 £3.99 £21.11 £3.39 £23.89 £4.19 £28.91 b ganic £4.59 £19.52 £17.19 £2.18 £3.94 £7.19 £31.88 £122.19 £7.78	Suma Organic 40q 6 x 40q PREWETTS Ground Flaxseed Organic 175q 6 x 175q PUMPKIN SEED Suma 1Kq PUMPKIN SEED ORGANIC 250q 500q 1Kq 5Kq 25Kg SEED MIX Linseed, Pumpkin Seed, Sesat Seed & Sunflower Seed 500q 1Kq 5Kq SESAME SEED Suma 1Kq SESAME SEED BLA Black Sesame Seeds Organic 250q 6 x 250q SESAME SEED ORGANIC Suma 250q 6 x 250q SESAME SEED ORGANIC Suma 250q 1Kq SUNFLOWER SEED	£1.75 £9.26 £3.29 £17.42 £8.44 £3.44 £6.26 £11.46 £51.25 £1.96.45 me £3.26 £5.83 £25.05 £5.78 £10.75 £7.39 £3.07 £13.15 £50.39	113g/135g 113q 10 x 113q GARLIC STICKS Spicy Snack 250q 500q 11Kq 5Kq HAND COOKED Handcook Seasalt Crisps VAT 40q 15 x 40q Rosemary & Himalayan Salt Crioranic VAT 40q 15 x 40q HODMEDOD'S All Fava Beans and Peas 300q 10 x 300q ORIENTAL RICE CRACKERS Pre Pack 125q 6 x 125q QUINOA CHIPS Sundried Tomato and Garlic 80q 10 x 80q ROASTED CHICK PE 125q 6 x 125q SAVOURSMITHS Desert Salt and Vinegar VAT 40q 150q	£19.39 £2.12 £3.79 £6.88 £21.43 £1.09 £14.39 £14.39 £2.99 £26.24 £1.95 £10.31 £2.15 £19.93 £2.15 £19.93 £2.29	Keto Pecan, Hazelnut & Coc No VAT 35q 16 x 35q Keto Vanilla & Coconut Bar- 35q 16 x 35q ALMOND HALVA 250q 500q 1Kq 2.5Kq BIONA Cola Bottles Organic VAT 75q 10 x 75q Pomegranate Hearts VAT 75q 10 x 75q Sour Snake Organic VAT 75q 10 x 75q BOOJA BOOJA Truffle Selection 1 (contains 138q 4 x 138q Truffle Selection 2 VAT 138q 4 x 138q CANDY KITTENS Apple & Dragonfruit VAT 140q 7 x 140q Love Candy VAT 140q 10 x 140q Sour Watermelon VAT 54q	£1.79 £25.24 •No VAT £1.79 £25.24 • No VAT £1.79 £25.24 £4.59 £8.47 £15.69 £31.84 £2.09 £18.53 £2.49 £22.24 £2.09 £22.65 alcohol) £15.15 £53.28 £3.15 £19.31 £3.15 £27.58 £1.45

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-	Tropical Mango VAT		Raspberry Chocolish Bar VAT		Maple Peanut Protein Bar VA	Γ	CANCLI		Pate Cashew and Bell Pepper	
	125g	£2.49		£1.45	•	£1.79	SANCHI		130g	£3.05
	• • • • • • • • • • • • • • • • • • • •		16 x 50a		18 x 50g	£28.43	Miso Soup		6 x 130a	£16.03
,	9 X 120g	14.49		120.29		120.43	48q	£3.55		£10.03
(CHOCOLATE HALVA	١	Strawberry Sundae VAT		Peanut Choc VAT		6 x 48q	£18.91	Pate Tomato and Lupin	
,	250g	£4.59	35g	£0.99	50g	£1.79		210.31	140g	£3.25
	• • • • • • • • • • • • • • • • • • • •		18 x 35q	£15.79	18 x 50g	£28.43	SUMA		6 x 140q	£17.11
	500g	£8.47			Vanilla Choc & Almond VAT		Minestrone Soup Organic		DUTTED	
	1Kg	£15.69	NINE BAR			C4 70			BUTTER	
2	2.5Kg	£31.84	Dark Chocolate Pistachio and E	Brazil	50g	£1.79	400q	£2.29	See "Fridge Products"	
	DOVES FARM		Nut Bar VAT		18 x 50g	£28.43	12 x 400g	£24.19		
				£0.89	RICOLA		Mushroom Soup			
1	Apple & Sultana Flapjack		40g				400q	£2.29	CARLEYS	
:	35g	£0.89	20 x 40q	£15.66	Elderflower Sugar Free VAT		12 x 400q		Raw Pecan Butter	
	18 x 35q	£13.99	Dark Chocolate, Peanut and Se	eed Bar	45q	£1.39		124.19		
		£ 10.33	VAT		20 x 45g	£24.74	Pea Soup Organic		170q	£6.25
	Apricot & Chia Seed Flapjack				Herb Sugar Free VAT		400g	£2.25	6 x 170g	£31.92
(35g	£0.89	Salted Caramel and Pecan Bar	· VAT	•	04.05	12 x 400q	£23.78	Raw White Almond Butter	
•	18 x 35g	£15.02	Carloa Caramor ana i Coan Bar	*/	45	£1.65	Rustic Vegetable Soup Organic	3	170a	£4.63
(Chocolate Chip Flapjack			_	20 x 45	£29.12	400g		6 x 170g	£23.75
	35q	£0.89	White Choc and Raspberry VA	l	SESAME BAR		**			123.73
	**	£15.02	40g	£0.89			12 x 400g	£21.04	GRANOVITA	
	18 x 35g	£15.02	20 x 40g	£15.66	With Honey. Sunita VAT		Spicy Lentil Soup Organic		Olive Pate	
- 1	FREE FROM FELLO	ws		2.0.00	30q	£0.91	400a	£2.15		
			NOT GUILTY		24 x 30g		12 x 400q	£22.73	125g	£1.89
(Gummy Bears VAT		Marshmallow VAT			210.01	Tomato Soup Organic	ZZZ.10	12 x 125g	£19.91
•	100g	£2.09		00.40	SUMA		, •		Pate Spicy Mexican Organic	
•	10 x 100g	£18.42	80g	£2.19	Super Seed and Berry Mix		400g	£1.95	200g	£3.49
1	Midget Gems VAT		12 x 80q	£23.19	•	00.05	12 x 400q	£20.62		
	•	£2.09	ORGANICA		125g	£2.25	Tuscan Bean Soup Organic		12 x 200g	£37.88
	100q				6 x 125g	£11.89	400q	£2.09	JANDA	
	10 x 100g	1.10.42	Chocolate Covered Marzipan V	/A I	SUNITA		12 x 400q	£22.08		
	Mini Pink & White Vanilla Mallo	OWS	40a	£1.15			12 X 400Q	222.00		
١	VAT		24 x 40q	£23.44	Honey Halva Organic		Oarra Bratain	_	175g	£2.99
	105g	£2.25	Hazelnut Nougat Org VAT		75g	£1.95	Soya Protein	&	MERIDIAN	
	10 x 105q	£19.62		04.45	12 x 75g	£20.57	T		WERIDIAN	
	Pear Drop VAT	2.0.02	40g	£1.45			Tofu		Almond Butter 1kg Tub	
	•		24 x 40g	£30.26	TROPICAL MIX				1Kg	£17.25
	70q	£2.09	PANDA		UK Mixed		BLUE DRAGON		6 x 1Kg	£91.16
•	10 x 70g	£18.42				C7 04			**	L91.10
F	Rhubarb Custard VAT		Licorice Mix VAT		500g		Tofu Firm Silken		Almond Butter Crunchy	
-	70g	£1.99	170g	£2.65	1Kg	£13.29	349q	£2.59	170g	£3.29
			12 x 170g	£27.72	5Kg	£59.69	12 x 349q	£27 22	6 x 170g	£17.38
	10 x 70q	£11.99	Liquorice Pieces VAT	~	15Kq	£136.45			Almond Coconut Butter	
'	Vanilla Mallows VAT		•		TROPICAL		BRAISED TOFU			C2 20
•	105g	£2.25	240q	£2.89			Marigold. Canned		170q	£3.39
	10 x 105g	£19.62	12 x 240g	£30.39	WHOLEFOODS		•	C2 7E	6 x 170g	£17.91
١	Wine Gums VAT		PANDA LICORICE BA	۸D	Mango & Brazil Nut Bar Organ	ic VAT	225q		Cashew Nut Butter	
		CO 00		MIN	40g		12 x 225g	£39.64	170g	£3.85
	100q	£2.09	Plain VAT			£1.25	CLEARSPRING		6 x 170q	£20.34
	10 x 100g	£18.42	32q	£0.69	18 x 40g	£19.55	Soya Chunks Organic		Chocca - Choc & Nut Spread	220.0
									onooda onoo a real oproda	
-	FREEDOM		36 v 32a	£21 98	VANILLA HALVA		ooya onanks organic		0.40	00.50
	FREEDOM		36 x 32g	£21.98	VANILLA HALVA	04.40	200g	£3.49	240g	£3.59
(CONFECTIONERY		Raspberry VAT		250q	£4.48		£3.49 £36.89	6 x 240g	£3.59 £18.97
(Raspberry VAT 32q	£0.69	250q 500g	£8.36	200g 12 x 200g			
1	CONFECTIONERY Marshmallows Vegan VAT	£2.49	Raspberry VAT		250q 500g		200g 12 x 200g Soya Mince Organic	£36.89	6 x 240g Hazelnut Butter	£18.97
[]	CONFECTIONERY Marshmallows Vegan VAT 105q	£2.49 £21.28	Raspberry VAT 32q 36 x 32q	£0.69	250q 500g	£8.36	200g 12 x 200g Soya Mince Organic	£36.89	6 x 240g Hazelnut Butter 170g	£18.97 £3.99
1	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105g	£21.28	Raspberry VAT 32q 36 x 32g PEPPERSMITH	£0.69 £22.38	250q 500g 1Kg 2.5Kg	£8.36 £15.53	200q 12 x 200q Soya Mince Organic 300q 12 x 300q	£36.89	6 x 240g Hazelnut Butter 170g 6 x 170g	£18.97 £3.99 £21.08
1	CONFECTIONERY Marshmallows Vegan VAT 105q	£21.28	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh	£0.69 £22.38	250q 500g 1Kg 2.5Kg	£8.36 £15.53	200g 12 x 200g Soya Mince Organic	£36.89	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butte	£18.97 £3.99 £21.08
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV	£21.28	Raspberry VAT 32q 36 x 32g PEPPERSMITH	£0.69 £22.38	250a 500g 1Kg	£8.36 £15.53	200q 12 x 200q Soya Mince Organic 300q 12 x 300q	£36.89	6 x 240q Hazelnut Butter 170q 6 x 170g Organic Smooth Almond Butte 170q	£18.97 £3.99 £21.08 er £5.89
(CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q	£21.28 A £4.52	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT	£0.69 £22.38	250q 500q 1Kq 2.5Kq	£8.36 £15.53	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q	£36.89 £4.09 £43.22	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butte	£18.97 £3.99 £21.08
(CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500g	£21.28 A £4.52 £8.43	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q	£0.69 £22.38 Mints £1.59	250q 500g 1Kg 2.5Kg	£8.36 £15.53	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q	£36.89 £4.09 £43.22 £2.29	6 x 240q Hazelnut Butter 170q 6 x 170g Organic Smooth Almond Butte 170q	£18.97 £3.99 £21.08 er £5.89
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kg	£21.28 A £4.52 £8.43 £15.66	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q	£0.69 £22.38 Mints £1.59 £16.79	250q 500q 1Kq 2.5Kq Soup CLEARSPRING	£8.36 £15.53 £31.84	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q	£36.89 £4.09 £43.22 £2.29	6 x 240q Hazelnut Butter 170q 6 x 170g Organic Smooth Almond Butte 170q 6 x 170g Pumpkin Seed Butter	£18.97 £3.99 £21.08 er £5.89 £31.14
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kg	£21.28 A £4.52 £8.43	Raspberry VAT 32q 36 x 32g PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh	£0.69 £22.38 Mints £1.59 £16.79	250q 500q 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with	£8.36 £15.53 £31.84	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH	£36.89 £4.09 £43.22 £2.29 £24.21	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butte 170q 6 x 170q Pumpkin Seed Butter 170q	£18.97 £3.99 £21.08 er £5.89 £31.14 £4.45
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq	£21.28 A £4.52 £8.43 £15.66	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT	£0.69 £22.38 Mints £1.59 £16.79 Mints	250q 500q 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q	£8.36 £15.53 £31.84	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S	£36.89 £4.09 £43.22 £2.29 £24.21	6 x 240q Hazelnut Butter 170q 6 x 170g Organic Smooth Almond Butte 170q 6 x 170g Pumpkin Seed Butter 170q 6 x 170q	£18.97 £3.99 £21.08 er £5.89 £31.14
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq HALVA (PRE-PACK)	£21.28 A £4.52 £8.43 £15.66 £128.53	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q 8 x 40q	£8.36 £15.53 £31.84	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q	£36.89 £4.09 £43.22 £2.29 £24.21 sauce £3.75	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butte 170q 6 x 170q Pumpkin Seed Butter 170q	£18.97 £3.99 £21.08 er £5.89 £31.14 £4.45
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq HALVA (PRE-PACK) Chocolate Halva Organic. Sunit	£21.28 A £4.52 £8.43 £15.66 £128.53	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT	£0.69 £22.38 Mints £1.59 £16.79 Mints	250q 500q 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q	£8.36 £15.53 £31.84	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S	£36.89 £4.09 £43.22 £2.29 £24.21	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY	£18.97 £3.99 £21.08 £1.08 £31.14 £4.45 £23.51
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq 4 ALVA (PRE-PACK) Chocolate Halva Organic. Sunit	£21.28 A £4.52 £8.43 £15.66 £128.53 ta £1.86	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £16.79	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q 8 x 40q	£8.36 £15.53 £31.84 Fofu £3.99 £28.12	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q	£36.89 £4.09 £43.22 £2.29 £24.21 sauce £3.75	6 x 240q Hazelnut Butter 170q 6 x 170g Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Orga	£18.97 £3.99 £21.08 £1.08 £1.42 £31.14 £4.45 £23.51
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq HALVA (PRE-PACK) Chocolate Halva Organic. Sunit	£21.28 A £4.52 £8.43 £15.66 £128.53	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q 12 x 15q Peppermint Chewing Gum VA	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £16.79	250q 500q 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q 8 x 40q Organic Instant White Miso	£8.36 £15.53 £31.84 Fofu £3.99 £28.12	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q 6 x 300q ESSENTIAL	£36.89 £4.09 £43.22 £2.29 £24.21 sauce £3.75	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Organia	£18.97 £3.99 £21.08 or £5.89 £31.14 £4.45 £23.51
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq 4 ALVA (PRE-PACK) Chocolate Halva Organic. Sunit	£21.28 A £4.52 £8.43 £15.66 £128.53 ta £1.86	Raspberry VAT 32q 36 x 32g PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15a Fine English Peppermint Fresh VAT 15q 12 x 15q Peppermint Chewing Gum VA 15q	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £16.79 VT £1.39	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40g 8 x 40q Organic Instant White Miso 60q 8 x 60q	£8.36 £15.53 £31.84 Tofu £3.99 £28.12	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300a 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q 6 x 300q ESSENTIAL TVP Chunks Plain	£36.89 £4.09 £43.22 £2.29 £24.21 Sauce £3.75 £20.46	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Organic 170q 6 x 170q	£18.97 £3.99 £21.08 or £5.89 £31.14 £4.45 £23.51 anic £6.32 £33.01
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq HALVA (PRE-PACK) Chocolate Halva Organic. Sunit 75q 12 x 75q Honey Halva Organic. Sunita	£21.28 A £4.52 £8.43 £15.66 £128.53 ta £1.86 £19.48	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q 12 x 15q Peppermint Chewing Gum VA 15q 12 x 15q Peppermint Chewing Gum VA	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £16.79 MT £1.39 £14.78	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q 8 x 40q Organic Instant White Miso 60q	£8.36 £15.53 £31.84 Tofu £3.99 £28.12	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q Tofu Organic 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q 6 x 300q ESSENTIAL TVP Chunks Plain 500q	£36.89 £4.09 £43.22 £2.29 £24.21 Sauce £3.75 £20.46	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Organic 170q 6 x 170q Maple Pecan Treenut Butter O	£18.97 £3.99 £21.08 or £5.89 £31.14 £4.45 £23.51 anic £6.32 £33.01
	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 1Kq 4 x 2.5Kq HALVA (PRE-PACK) Chocolate Halva Organic. Sunit 75q Honey Halva Organic. Sunita 75q	£21.28 £4.52 £8.43 £15.66 £128.53 ta £1.86 £19.48 £1.54	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q 12 x 15q Peppermint Chewing Gum VA 15q 12 x 15q Sicilian Lemon Fresh Mints VA	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £16.79 AT £1.39 £14.78	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40g 8 x 40q Organic Instant White Miso 60q 8 x 60q	£8.36 £15.53 £31.84 Tofu £3.99 £28.12	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q DOCTOR TEMPEH Tempeh in a Spicy Javanese S 300q 6 x 300q ESSENTIAL TVP Chunks Plain 500q 6 x 500q	£36.89 £4.09 £43.22 £2.29 £24.21 Sauce £3.75 £20.46	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Organic 170q 6 x 170q Maple Pecan Treenut Butter O	£18.97 £3.99 £21.08 or £5.89 £31.14 £4.45 £23.51 anic £6.32 £33.01
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	CONFECTIONERY Marshmallows Vegan VAT 105q 10 x 105q GRAPE JUICE HALV 250q 500q 11Kq 4 x 2.5Kg 4 KALVA (PRE-PACK) Chocolate Halva Organic. Sunit 75q 12 x 75q Honey Halva Organic. Sunita 75q 12 x 75q Honey Halva Organic. Sunita	£21.28 £4.52 £8.43 £15.66 £128.53 ta £1.86 £19.48 £1.54 £16.08	Raspberry VAT 32q 36 x 32q PEPPERSMITH Extra Strong Peppermint Fresh VAT 15q 12 x 15q Fine English Peppermint Fresh VAT 15q 12 x 15q Peppermint Chewing Gum VA 15q 12 x 15q Sicilian Lemon Fresh Mints VA 15q 12 x 15q Spearmint Chewing Gum VA	£0.69 £22.38 Mints £1.59 £16.79 Mints £1.59 £1.478 AT £1.59 £1.79	250q 500g 1Kq 2.5Kq Soup CLEARSPRING Mellow White Miso Soup with 40q 8 x 40q Organic Instant White Miso 60q 8 x 60q ESSENTIAL Lentil and Pumpkin Soup 680q 6 x 680q Pea Soup	£8.36 £15.53 £31.84 Fofu £3.99 £28.12 £3.19 £22.48	200q 12 x 200q Soya Mince Organic 300q 12 x 300q Tofu Organic 300q 12 x 300q Tofu Organic 300q Tofu Organic 300q Tofu Organic 300q Empeh in a Spicy Javanese S 300q 6 x 300q ESSENTIAL TVP Chunks Plain 500q 6 x 500q TVP Mince Natural	£36.89 £4.09 £43.22 £2.29 £24.21 sauce £3.75 £20.46 £3.02 £15.52	6 x 240q Hazelnut Butter 170q 6 x 170q Organic Smooth Almond Butter 170q 6 x 170q Pumpkin Seed Butter 170q 6 x 170q NUTCESSITY Date & Walnut Nut Butter Orga 170q 6 x 170q Maple Pecan Treenut Butter Orga 170q 6 x 170q 6 x 170q	£18.97 £3.99 £21.08 sr £5.89 £31.14 £4.45 £23.51 anic £6.32 £33.01 brganic £6.32
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6 x 340g £26.37 500ml £7 00 1Kg £3.45 700ml	£3.25
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RAW HEALTH AMISA BARLEY MALT EXTRACT 1Kg £7.23 Coconut Milk Green Pau Health Cases Prazil Rise Falafel Mix Glutenfree Organic Moridian 54.24 400ml	£2.85
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170g £5.79 100g £2.73 370g £2.79 250g Coconut Whitping C	eam
SO EDEE APTISAN CRAINS Meridian Organic 400ml	£3.05
Chocolate Spread Vegan Cranberry Nut Roast 370q £3.29 500n £4.65	£16.04
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ST. DALFOUR Mediterranean Sundried Tomato Nut Roast 340g 6 x 340g £3.89 210mm 400g 670g 8 x 340g £20.64 Billingtons 6 x 670g	£4.35 £22.88
Fig Spread 200q £2.99 BLACK TREACLE 500g £2.15 Gherkins - Sweet &	
284g £2.99 6 x 200g £15.82 ORGANIC 10 x 500g £19.04 330g	£3.85
6 x 284g £15.71 Vegetable Nut Roast Rayner's No added ingredients 6 x 330g	£20.14
Mirabelle Plum Spread 200q £2.99	£2.75
6 x 284g £15.71 POWES FARM	£14.54
Raspberry & Pomegranate Jam DOVES FARM BROWN RICE SYRUP LIGHT SOFT BROWN Sweetcorn Organic	
284g £2.99 Chocolate Brownie Mix Gluten Free Biona Organic SUGAR 340g 6 x 284g £15.71 350g £3.15 350g £4.35 1544 5.44 5.44 5.44 5.44 5.44 5.44 5.4	£2.25
E v 250g c12 02 COOR LIght Soft Brown Sugar	£11.75
SUNFLOWER SPREAD Chocolate Chip Cookie Mix Gluten 1Kg £7.84 CARLEY S	
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5000 1000 1000 1000 1000 1000 1000 1000	£32.37
Pancake Mix Gluten Free 25Kg £132.43 Chad Made Fare Organia	
250ml £2.65 CANE SUGAR RAW 250ml £9.49 Bio Kitchen Squerkrs	
280g £2.59 5 x 300g £11.69 ORGANIC 12 x 250ml £101.03 360g	£1.99
Light Tahini 3kg FREE & EASY Equal Exchange MOLASSES 6 x 360q	£10.54
3Kq £35.39 Afternoon Tea Scone Mix 500q £2.39 Rayner's COOKS & CO Light Tahini Organic 350g £3.65 10 x 500g £21.06 040 00 40 7 x 12 x 12	
340q £2.49 Roasted Red Peppel	s
6 x 280g F16 96 Cheese Flavour Sauce Dairy Free Mix CVDLD	£4.59
Whole Tahini 130q £2.55 Biona (DOMECDANATE)	£24.18
280g £2.59 6 x 130g £13.53 (FOMEGRAPATE) CYPRESSA	
12 x 280q £27.14 Chocolate Brownie Mix 530q £35.87 Marigold Stuffed Vine Leaves Whole Tahini Organic 350q £4.09 £35.87 250ml £4.49 280q	C1 0E
280g £3.24 4 x 350q £14.46 COCONUT NECTAR 6 x 250ml £23.24 6 x 280q	£1.95 £10.38
6 x 280g £16.96 Vegetable Gravy Mix Gluten Free Three By One Odysea EPICLIRE	
SWEET FREEDOM 130g £2.19 250ml £9.85 250ml £4.09 Stem Ginger In Syru	o 165a
Choc Pot Chocolate Spread OX 1300 E11.51 COCONUT PALM SUGAR 3500	£3.95
250g E4.09 ISABEL Biona Organic MOLASSES ORGANIC 6 x 350q	£20.85
6 x 250q £21.65 Yorkshire Pudding Mix Gluten Free 250q £3.05 Meridian Large £3.05 Meridian Large £2.79	
TARTEX 100q £3.15 500q £5.59 600q £2.79 £2.79 Apple Puree Organic Cl 8 x 100q £22.29 8 x 250q £21.85 6 x 600q £14.74 Apple Puree Organic	
Classic Pate Org UST WHOLEFOODS 5 x 500g £24.54 Meridian Small 360g	£2.19
2009 25.00 PARK MUSCOVADO 350g F2.20 V Acceptation Reproce Mix Organic DARK MUSCOVADO	£11.36
Mushroom Pate Organic Palm Oil Free 1Kg £8.79	£2.56
200g £3.85 125g £2.39 5Kg £38.97 MOLASSES SUGAR 6 x 400g	£13.23
12 x 200g £40.57 6 x 125g £12.61 25Kg £136.79 Billington Pineapple Chunks	
Olive Pate Organic Vegetarian Burger Mix Organic - Palm Billingtons 500q £2.25 400q 200q £2.79 Oil Free 500q £2.15 10 x 500q £19.67 6 x 400q	£2.56
200q £2.79 501 166 500q £2.13 10 x 500q £19.67 6 x 400q 12 x 200q £29.49 125q £2.39 10 x 500q £19.04	£13.23
6 x 125q £12.61	

	_	This price list was corr	ect at	the time of going to pre	ess, bu	it is subject to change	withou	t notification. 12 Oct	ober 2
Young Jackfruit Organic 400g 5 x 400g	£2.79 £14.44	SUMA BEANS AND LENTILS		YAKSO Seitan in Tamari Sauce		Pure Oaty Creamy & Enriched Gluten Free 1L	£2.39	THE COCONUT COMPANY	
FREE & EASY	۲. ۱۳. ۲۳	Aduki Beans Organic		350g	£4.65	6 x 1L	£12.52	Coconut Milk Powder	
		400q		6 x 350q	£24.01	Pure Oaty Organic Barista - Gl	uten	250q	£6.99
Bean Cassoulet Organic	C2 OF	12 x 400g Baked Beans Organic	£12.16	Vegan Desse	rte	Free		12 x 250g	£73.89
100g 3 x 400g	£3.05 £16.11		£1.39	vegan besse	เเอ	1L 6 x 1L	£2.19 £11.95	Vinegars	
Chick Pea & Bean Tagine Orga		12 x 400g		ALPRO			£11.90	Villegals	
100q	£3.05	Baked Beans Organic - Low S		Dark Chocolate Dessert		КОКО		ASPALL	
6 x 400g	£16.11	400g	£1.39	500g	£2.49	Koko Coconut Milk Drink Large		Cider Vinegar Organic Small	
Chick Pea & Vegetable Curry C		12 x 400g	£14.69	6 x 500q	£12.96	1L 12 x 1L	£2.15 £22.76	500ml	£2.69
.00g	£3.05	Black Beans Organic		ECOMIL ALMOND			122.10	6 x 500ml	£14.39
x 400g hree Bean Chilli Organic	£16.11	400g 12 x 400g	£1.15 £12.16	CREAM		MINOR FIGURES		Red Wine Vinegar Organic	
00q	£3.05	Black Beluga Lentils Organic	£12.10	Almond Cream		Everyday Oat Light	00.00	350ml	£2.15
x 400q	£16.11		£1.25	200ml	£1.59	1L 6 x 1L		6 x 350ml White Wine Vinegar	£11.28
egatable Balti Organic		12 x 400g	£13.21	24 x 200ml	£33.61	Everyday Oat Regular	L 12.12	350ml	£2.09
00g		Black Chickpeas Organic		FOOD HEAVEN		1L	£2.29	6 x 350ml	£10.99
	£16.11		£1.16	Heavenly Whipped Spray Crea	ım	6 x 1L	£12.12	BIONA	
egetable Hotpot Organic	C2 OF	12 x 400g Borlotti Beans Organic	£12.16	200ml	£2.29	Oat Barista		Cider Vinegar Organic	
00g x 400g	£3.05 £16.11	400g	£1.15	12 x 200ml	£24.19	1L	£2.45	500ml	£3.05
SEO ORGANICS	210.11	12 x 400g	£12.16	OATLY		6 x 1L	£12.92	6 x 500ml	£16.04
		Butter Beans Organic		Oat Cream Organic Dairy Free		NATURLI		CLEARSPRING	
thuna Curry Paste Organic	00.00	400g	£1.19	250ml	£1.25	Do Not Call Me Milk			
80g x 180g	£2.99 £15.81	12 x 400g	£13.46	18 x 250ml	£19.32	1L	£2.59	Rice Vinegar Organic 250ml	£3.69
ndonesian Satay Paste Organi		Cannellini Beans Organic		PROVAMEL SOYA		8 x 1L	£18.15	6 x 250ml	£3.69 £19.51
80g	£3.19	400g	£1.15	CREAM		OATLY		RAW HEALTH	
x 180g	£16.79	12 x 400g Chickpeas Organic	£12.16	Organic Alternative to Single C	ream	Chocolate Oat Drink		Vibrant Cider Vinegar	
Madras Curry Paste Organic		400g	£1.15	250ml	£1.25	1L	£2.19	1L	£4.85
80g	£2.92	12 x 400g	£12.16	15 x 250ml	£16.37	6 x 1L	£11.62	12 x 1L	£4.00 £51.37
x 180g	£15.11	Green Lentils Organic		PROVAMEL SOYA		Oat Milk Barista	00.00		201.01
hai Green Curry Paste Organi		400g	£1.15	DESSERT		1L 6 x 1L	£12.61	SUMA	
80g x 180g	£2.96 £15.11	12 x 400q	£12.16	Chocolate 4x125g Pots		Oat Milk Organic	£ 12.01	Balsamic Vinegar Organic - O	•
hai Red Curry Paste Organic	210.11	Haricot Beans Organic		·		1L	£2.19	250ml 6 x 250ml	£3.89 £20.52
80g	£2.96	400g	£1.15 £12.16	Vanilla 4x125g Pots		6 x 1L		Red Wine Vinegar Organic	220.02
x 180g	£15.12	12 x 400q Mixed Beans Organic	£12.10			Oat Milk with Calcium (light blu	ıe)	500ml	£2.29
IAPPY BUTTER GHI	EE	400g	£1.15	SOJADE		1L	£2.09	12 x 500ml	£22.42
Shee Grassfed Organic		12 x 400g		Chocolate Dessert		6 x 1L	£10.97	White Wine Vinegar Organic	
00g	£9.54	Organic Sweetcorn		530g	£1.89	RUDE HEALTH		500ml	£2.29
x 300g	£49.29	340q		8 x 530g	£13.15	Almond Drink		12 x 500ml	£24.08
HODMEDOD'S		12 x 340g	£17.44	Vanilla Soya Dessert		250ml	£1.65	II Body Ca	ro
ava Beans British Grown		Pinto Beans Organic	C4 4F	530ml		10 x 250ml Almond Drink Ultimate	£14.56	II. Body Ca	116
.00g	£1.35	400g 12 x 400g	£1.15 £12.16	8 x 530ml	£13.79	1L	£3.85		_
	£14.28	Red Kidney Beans Organic	212.10	SOYA 'ICE CREAM'		6 x 1L	£20.33	Baby Care	
/aal Dhal Made With British Gr	rown	400g	£1.19	see "Frozen Food"		Cashew Drink		Daby Garo	
ava Beans Organic	£2 10	12 x 400q	£12.58			1L	£3.49	BIO D	
100g 2 x 400g	£2.19 £23.39	SUMA COCONUT MI	LK	THE BRIDGE		6 x 1L	£18.45	Nappy Fresh VAT	
	220.00	Coconut Milk		Coconut Cream for Cooking		Hazelnut Drink		500g	£3.21
LOMA LINDA		400ml	£2.19	200ml	£1.55	1L	£2.99	12 x 500q	£33.05
Tuna' in Spring Water	04.00	6 x 400ml	£11.69	10 x 200ml	£13.39	6 x 1L Tiger Nut Milk	£15.81	INFINITY	
42g 2 x 142g	£1.99 £20.91	SUMA READY MEAL	.s	Oat Cream	04.0-	1L	£2 00	Maxi Plus Bamboo Nappies	
	۲۷.۵۱	Baked Beans and Vegan Saus		200ml 10 x 200ml	£1.35 £11.87	6 x 1L	£15.81	24item(s)	£14.51
MERIDIAN		400g	£2.65	IV X ZUUIIII	£11.0/	SOJADE		4 x 24item(s)	£50.56
Korma Sauce	00 ==	12 x 400g	£28.01	Vegan Milk					
50g	£2.59	Spicy Chorizo Style Stew				Hemp Milk Organic		Bath & Show	er
i x 350g Tikka Masala	£13.69	400q	£2.15	BONSOY		Soya Natural Milk Unsweetene	ed	Products	
150g	£2.89	12 x 400g	£22.73	Soya Milk		1L	£2.19	i Toducio	
is x 350g	£15.27	Vegan Meatball Bolognese	65	1L	£4.09	8 x 1L	£15.27	ECO BATH	
MR ORGANIC		400g	£2.55	6 x 1L		Vanilla Soya		All Bath Fizzers VAT	
		12 x 400g Vegan Meatballs & Chilli	£26.95	ECOMIL		1L	£2.59	1	£3.22
BBQ Baked Beans Organic	£1.79	400g	£2 55	Almond Milk Agave Sweetener	4	8 x 1L	£17.99	All Bath Puffs VAT	۷٠.۷
.00g 2 x 400g		12 x 400g		Organic Organic	-	SPROUD		1item(s)	£5.61
NATURE'S CHARM		Vegan Spaghetti Bolognese		1L	£2.99	Barista Pea Mylk		All Dead Sea Salts VAT	
		400g	£2.39	6 x 1L	£15.81		£2.15	300q	£6.33
vaporated Coconut Milk		12 x 400g	£25.26	Almond Milk Unsweetened Cal	cium	6 x 1L	£11.93	All Epsom Salts VAT	
NDO ANIOC		SUMA TOMATOES		Organic	00.45	Chocolate Milk		1Kg	£8.48
RGANICO		Organic Chopped Tomatoes		1L 6 x 1L	£3.15 £16.59			Facial Sea Sponge, Set of 3	
rtichoke Hearts		400g	£1.09	Cuisine Coconut Milk	£10.J∂	6 x 1L	£11.11	1item(s)	£5.39
90g		12 x 400q	£11.52	200ml	£1.59	THE BRIDGE		Natural Sisal Hemp Bath Pad	
x 190q undried Tomatoes and Herbs	£21.79	Organic Whole Peeled Tomato		24 x 200ml	£33.61	Rice Drink		1 Natural Sisal Nail Brush - VAT	£4.75 г
undried Tornatoes and Herbs 90g	£4.25	400g	£1.09	GLEBE FARM		1L	£2.15	1item(s)	£3.22
90g x 190g	£4.25 £18.75	12 x 400q	£11.52	Pure Oaty Barista - Gluten Fre	e	6 x 1L Rice Drink - Cacao	£11.37	Natural Sisial Hemp Bath Scru	
		THREE BY ONE		1L		250ml	£0 00	VAT	
		Coconut Milk Organic		6 x 1L	£12.59	250ml 10 x 250ml	£0.99 £8.62	1	£5.85
		1item(s)	£3.59			Rice Drink - Calcium Enriched	۷.02	Olive Wood Soap Dish VAT	
						1L	£2.29	1item(s)	£9.53
						12 x 1L	£24.09		

FAITH IN NATURE		JOINT & MUSCLE EASE	ROSE FLOWER WATER	Peppermint & Eucalyptus Shampoo
All Body Wash VAT	Essential Oils &	BLEND	ORG	Bar 95g VAT 95g £2.99
400ml £5.99	Cosmetic	Amour Natural VAT	Amour Natural VAT	HAIR MASKS
6 x 400ml £31.64	Ingredients		100ml £6.45	Faith In Nature Shea & Argan VAT
JASON		JOINT & MUSCLE EASE	ROSE GERANIUM OIL	300ml £6.99
Aloe Vera Satin Body Wash VAT	ARNICA OIL	ROLLER	Amour Natural VAT	6 x 300ml £37.09
1item(s) £12.99 Herbal Body Wash VAT	Amour Natural VAT	Amour Natural VAT 10ml £5.95	1 £9.45	LAVERA
1item(s) £14.99	100ml £9.45	JOJOBA OIL	ROSEMARY OIL	Moisture and Care Shampoo Bar VAT
Himalayan Pink Salt Bodywash VAT	BASIL OIL	Amour Natural VAT	Amour Natural VAT 1 £3.95	50g £8.95
1 £14.99	Amour Natural VAT 1 £5.95	100ml £10.95		6 x 50q £48.31
Lavender Body Wash VAT 1item(s) £14.99	BEESWAX PELLETS	JUNIPERBERRY OIL	Amour Natural VAT	THE ESSENTIAL SOAPS
Men's Refreshing Face and Body	Amour Natural VAT	Amour Natural VAT	1 £4.45	All shampoo bars 1item(s) £7.01
Wash VAT	1 £4.95	1 £4.95	SANDALWOOD 5% OIL	URTEKRAM
1item(s) £9.99	BERGAMOT OIL	LAVENDER OIL	Amour Natural VAT	Anti-Dandruff Organic Nettle
Rosewater Body Wash VAT 1item(s) £14.99	Amour Natural VAT	Amour Natural VAT	1 £6.95	Shampoo VAT
LAVERA	10ml £5.45	10ml £3.45	SHEA BUTTER ORGANIC	250ml £7.04
Hydrofeeling 2 in 1 Body Cleansing	BLACK PEPPER OIL	LAVENDER OIL	Amour Natural VAT	Sensitive Scalp Conditioner VAT
Bar VAT	Amour Natural VAT	ORGANIC	80g £7.95	180ml £5.99 6 x 180ml £31.43
50g £6.95	1 £6.45	Amour Natural VAT	ST JOHNS WORT	Sensitive Scalp Shampoo VAT
6 x 50g £37.52 Shampoo and Shower Soap Box VAT	BREATHE EASY	1item(s) £6.45	Amour Natural VAT	250ml £5.99
1item(s) £6.95	ROLLER BOTTLE	LEMON MYRTLE OIL	100ml £7.95	6 x 250ml £31.43
LOOFCO	Amour Natural VAT	Amour Natural VAT	STOP BUGGING ME	Menstrual
Back Scrubber Loofah	10ml £4.95	1 £5.45	BLEND	Products
1item(s) £4.95	CALENDULA OIL	LEMON OIL	Amour Natural VAT	Products
Bath-Time Loofah VAT	Amour Natural VAT	Amour Natural VAT	1item(s) £5.95	ANAE
1 £3.49	100ml £9.44	10ml £3.95	SWEET ALMOND OIL	Heavy Flow Cotton Washable
	CASTOR OIL ORGANIC	LEMON OIL ORGANIC	Amour Natural VAT	Sanitary Towels
THE ESSENTIAL SOAPS	Amour Natural VAT	Amour Natural VAT 1item(s) £4.45	100ml £2.95	2 £17.79
All bath salts	100ml £5.95	LEMONGRASS OIL	OWLET ORANGE OIL	5 x 2 £78.25
	CEDARWOOD OIL	Amour Natural VAT	Amour Natural VAT	MOONCUP
URTEKRAM	Amour Natural VAT 1 £3.95	1item(s) £3.95	10ml £3.45	Reusable Menstrual Cup Size A 1 £22.49
Sensitive Skin Body Wash VAT 200ml £7.94	. 20.00	MARJORAM OIL	SWEET ORANGE OIL ORGANIC	Reusable Menstrual Cup Size B
6 x 200ml £41.63	CINNAMON OIL Amour Natural VAT	Amour Natural VAT	Amour Natural VAT	1 £22.49
	1 £4.45		1item(s) £3.95	NATRACARE - LINERS
Deodorant	CITRONELLA OIL	MIGRA CALM OIL	TEA TREE OIL	Mini Panty Liner
EARTH CONSCIOUS	Amour Natural VAT	Amour Natural VAT	Amour Natural VAT	30 £2.09
Grapefruit and Lemon VAT	1 £2.95	1 £9.95	10ml £3.45	10 x 30 £18.66
•	CLARY SAGE OIL	NEEM OIL	TEA TREE ORGANIC	Ultra Thin Panty Liner 22item(s) £2.49
6 x 60g £38.03	Amour Natural VAT	Amour Natural VAT	Amour Natural VAT	16 x 22item(s) £34.39
Indian Bay and Orange VAT	1 £6.45	1item(s) £2.95	10ml £4.45	NATRACARE PADS
1 £6.99 6 £35.25	CLOVE BUD OIL	NEROLI 5% OIL	THYME OIL	Dry & Light Incontinence Pads VAT
Peppermint Deodorant Stick 60g VAT	Amour Natural VAT	Amour Natural VAT	Amour Natural VAT	20 £4.29
60q £6.99	1 £3.45	10ml £5.95	1 £3.95	
ECO BATH	COCOA BUTTER	NUTMEG OIL	YLANG YLANG OIL	Ultra EXTRA Pad Long with Wings Organic
Natural Deodorant Stone 160g VAT	BUTTONS ORGANIC	Amour Natural VAT	Amour Natural VAT	8item(s) £2.69
1 £5.37	Amour Natural VAT	1 £6.45	1 £6.46	12 x 8item(s) £27.94
LAVERA	1item(s) £6.95	OREGANO OIL	Hair Care	Ultra EXTRA Pad Super with Wings Organic
Basis Deodorant Roll On VAT	CYPRESS	Amour Natural VAT	naii Cale	10item(s) £2.69
50ml £9.75	Amour Natural VAT	1 £9.95	ALTER/NATIVE	12 x 10item(s) £27.94
THE ESSENTIAL SOAPS	1 £3.95	PATCHOULI OIL	Conditioner Bar - Rose and Geranium	Ultra Pad Long with Wings Organic
All deodorants	EUCALYPTUS ORGANIC	Amour Natural VAT	VAT	10 £2.69 12 x 10 £27.94
1item(s) £8.95	Amour Natural VAT	1 £3.95		Ultra Pad Regular with Wings Organic
URTEKRAM	1 £4.25	PEPPERMINT OIL	6 x 90g £28.79	14 £2.69
Crystal Deodorant Rose Roll On VAT	FRANKINCENSE	Amour Natural VAT	ECO COSMETICS	12 x 14 £27.94
	Amour Natural VAT		Hair Gel Natural Hold VAT 125g £8.95	Ultra Pad Super with Wings Organic
6 x 50ml £32.25 Men's Roll on VAT	2.0.00	PETITGRAIN OIL		12 £2.69 12 x 12 £30.01
50ml £4.75	GERANIUM OIL	Amour Natural VAT	EAITH IN NATURE	TAMPONS
6 x 50ml £24.89	Amour Natural VAT	1 £4.45	All Shampoo and Conditioner VAT	Regular with Applicator. Organic Non-
Sensitive Skin Fragrance Free Roll On VAT		PILLOW & ROOM	•	Chlorine Bleached. Natracare
50ml £6.29	GINGER OIL	SPRAY LAVENDER Amour Natural VAT	6 x 400ml £36.01	
6 x 50ml £32.99	Amour Natural VAT	100ml £8.95	FORSTERS	12 x 16 £37.92 Super with Applicator. Organic Non-
WILD	1 £5.95	ROSE ABSOLUTE 5%	Afro Comb VAT	Chlorine Bleached. Natracare
Aqua Case and Fresh Cotton	GRAPEFRUIT OIL	OIL	1 £9.95	16 £3.79
Deodorant VAT	Amour Natural VAT 1 £3.95	Amour Natural VAT	FRIENDLY	12 x 16 £39.92
40g £12.99		10ml £5.95	All Conditioner Bars VAT	
8 x 40g £90.55 Fresh Cotton and Sea Salt Refill VAT	JASMINE 5% Amour Natural VAT		90g £4.95	
40g £5.99	1 £6.95		All Shampoo Bar VAT 95q £2.95	
8 x 40g £42.21	. 20.93		6 x 95g £15.94	
		Page 17		

	- F D. d. I. d 000-11/AT	-			Die Weite Teeth Decedes VAT			
Skin Care	Express Body Lotion 250ml VAT 250q	1 £11.25	BIO D		Bio White Tooth Powder VAT 35q	£5.99	Candles,	
Okin Garo	Foot Cream VAT	211.20	All Handwash VAT	04.40	12 x 35g	£62.09	Incense & Oi	
ALOE PURA	75ml	£5.95	500ml 6 x 500ml	£4.49 £23.75	GEORGANICS			'
Aloe Vera Gel Organic	Hand Cream Basis VAT	05.05	BOXWORTH	2200	Fluoride Toothpaste - English		Burners	
200g £6.99	75ml Lip Balm 4.5g VAT	£5.85	BOTANICALS		Peppermint	05.05	EMILY'S CORNER	
6 x 200g £37.87	4.5ml	£4.05	All Soap Bars VAT		1item(s) 10 x 1item(s)	£5.25	All 300ml Candles - A Variety	of
ANAE Maka Un Damayar Dada VAT	Moisturising Cream VAT		100g	£5.29	Toothpaste - Activated Charco		Fragrances	OI.
Make Up Remover Pads VAT 1item(s) £14.14		£15.45	FAITH IN NATURE		60ml	£6.89	1item(s)	£12.39
BADGER BALM	Purifying Scrub with Ginkgo & Jo Pearls VAT	ojoba	All Handwash VAT		10 x 60ml Toothpowder - English Pepper	£41.39	All 400ml Candles - A Variety Fragrances	of
Badger Balm - Hard Working Hands	1item(s)	£7.95	400ml	£4.59	VAT	1111111	1item(s)	£17.05
VAT	4 x 1item(s)	£28.64	6 x 400ml All Soap Bars VAT	£24.37	60ml		All Wax Melts - A Variety of	
	NORFOLK SOAPS		100g	£2.29	10 x 60ml	£42.38	=	00.40
Badger Balm - Sleep Balm VAT	Skin Balm VAT		18 x 100g	£36.19	HUMBLE BRUSH		1item(s) Reed Diffuser - A Variety of	£6.19
21g £6.99	50ml	£6.98	FRIENDLY		Adult Medium Pack of 5 VAT		Fragrances	
BOXWORTH BOTANICALS	SIMPLY GENTLE		Shaving Soap Orange Lavend		1 Adult Medium VAT	£3.99	1item(s)	£12.39
Calendula Cream	Cotton Balls Organic (approx 10 VAT	0)	95g	£2.95	1item(s)	£3.99	HEAVEN SCENT	
100ml £13.69		£2 25	6 x 95q Soap Saver - Hemp Pouch VA	£15.94 .T	20 x 1item(s)	£70.47	Dinner Candle Unscented VA	Ī
Co-Q10 Face Cleanser		£46.52	1	£2.85	Dental Floss Mint VAT		1	£10.79
	Cotton Buds Organic (approx 20	00)	6	£14.89	1 12		Inspiration VAT 1item(s)	£4.89
Gardener's Hand Cream	VAT 200	£2.59	LA DROGUERIE		Interdental Brush VAT	~01.01	Love & Peace VAT	۲.03
1item(s) £13.69 Intensive Foot Care Cream		£55.56	ECOLOGIQUE		8item(s)	£3.99	1	£4.49
100ml £14.95	Cotton Pads Organic (approx 10	00)	Organic Olive Oil Soap Conce VAT	ntrated	6 x 8item(s)	£20.14	Meditation VAT	
Lavender Cream	VAT	CO EO	1L	£10.43	JACK N JILL		1item(s)	£4.49
1001	1 24	£2.59 £55.56	6 x 1L	£53.96	Bio Toothbrush - Bunny VAT	00 :-	Tealights VAT	
100ml £13.69 Neroli & Aloe Face Cream	Cotton Pleat (approx 100) VAT		LAUGHING BIRD		1 8	£3.18 £21.74	1	£6.15
1item(s) £14.97	1	£2.25	Soap Bar VAT		° KINGFISHER	LL1.14	INCENSE	
Nourishing Hand Cream		£47.31	150g	£4.49	Aloe Vera & Tea Tree with Mir	ıt (Blup)	All Stick Incense VAT	
200ml £24.95		APS	LAVERA		Fluoride Free VAT	it (blue)	1	£2.18
Rose & Frankincense Face Cream	Bamboo Face Wipes	00.04	Gentle Care Handwash VAT		100ml	£3.35	Incognito - Citronella Incense	
100ml £14.95 Witch Hazel Toner	1item(s)	£8.01	250ml	£5.85	12 x 100ml	£35.46	10item(s) Organic Goodness Resin Ince	£7.62
1item(s) £6.79	URTEKRAM		6 x 250ml Hand Wash Refill VAT	£31.59	Charcoal Toothpaste (Grey) V 100ml	£3.35	=	£6.19
ECO BATH	Sensitive Skin Body Lotion VAT 245ml	£8.14	500ml	£8.05	12 x 100ml	£35.46	INCENSE HOLDER	20.10
Konjac Sponge VAT			LOOFCO	20.00	Children's Strawberry Fluoride		Incense Holder VAT	
1 £5.85			Washing Up Bar Lemongrass	100a	VAT	00.45	1	£1.93
Pumice Stone VAT	75ml	£6.25	VAT	loog	100ml 12 x 100ml	£3.45 £35.74	JUST TRADE	21.50
1 £5.85		£30.08	100g	£2.95	Children's Strawberry with Flu		Animal Nodders VAT	
GREEN FIBRES	YAOH		NORFOLK SOAPS		VAT		1item(s)	£2.99
Two Sided Face Cloth VAT	Hemp Healing Salve VAT		2 Bar Gift Box. VAT		100ml	£3.35		
1item(s) £3.21					12 v 100ml		Bead Keyring VAT	
	_	£6.99 £35.18	1	£6.81	12 x 100ml Fennel Fluoride Free (Dark Re	£35.46	Bead Keyring VAT 1	£7.87
100 x 1item(s) £193.19	_	£35.18	1 5 Bar Gift Box. VAT			£35.46 d) VAT		£7.87
100 x 1item(s) £193.19 GREENCANE	6 Hemp Sun Lotion SPF30 Organi	£35.18	5 Bar Gift Box. VAT 1	£6.81 £14.99	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml	£35.46 d) VAT £3.35 £35.46	1	£7.87
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce	£35.18 ic VAT £12.99 ents)		£14.99	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re	£35.46 d) VAT £3.35 £35.46 ed) VAT	1 LAUGHING BIRD	£7.87
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £1.82	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4a	£35.18 ic VAT £12.99	5 Bar Gift Box. VAT 1		Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35	1 LAUGHING BIRD	
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce	£35.18 ic VAT £12.99 ents)	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1	£14.99 £3.15	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT	£7.86
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £1.82 24 x 90item(s) £38.43	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4a	£35.18 ic VAT £12.99 ents)	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT	£14.99 £3.15	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s)	
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £1.82 24 x 90item(s) £38.43 INCOGNITO	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4g	£35.18 ic VAT £12.99 ents)	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s)	£14.99 £3.15	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT	£7.86 £8.95
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £1.82 24 x 90item(s) £38.43 INCOGNITO Insect Repellent Lotion VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4g	£35.18 ic VAT £12.99 ents)	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q	£14.99 £3.15 £3.99	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35 £35.46 en) VAT	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s)	£7.86
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £18.22 24 x 90item(s) £38.43 INCOGNITO Insect Repellent Lotion VAT 100ml £14.31	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4g Soap ALTER/NATIVE All Facial Soaps VAT 95g	£35.18 ic VAT £12.99 ents) £3.07	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q	£14.99 £3.15 £3.99 £1.99 £3.99	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s)	£7.86 £8.95
100 x 1item(s) £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) £1.82 24 x 90item(s) £38.43 INCOGNITO Insect Repellent Lotion VAT 100ml £14.31 LAUGHING BIRD Balm VAT 1 £17.85	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q	£35.18 ic VAT £12.99 ents) £3.07	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q	£14.99 £3.15 £3.99	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35 £35.46 en) VAT £3.35	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT	£7.86 £8.95 £9.95
## 100 x 1item(s) ## £193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s)	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT	£35.18 ic VAT £12.99 ents) £3.07 £3.25 £17.17	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml 12 x 100ml	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 n) VAT £3.35 £35.46 en) VAT £3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s)	£7.86 £8.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-in-One Soap Bars VAT 95q	£35.18 ic VAT £12.99 ents) £3.07	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125q	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89	Fennel Fluoride Free (Dark Ref 100ml 12 x 100ml Fennel with Fluoride (Bright Ref 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.50 £35.46 en] En EN £35.46 en] EN	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT	£7.86 £8.95 £9.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V	£35.18 ic VAT £12.99 ents) £3.07 £3.25 £17.17 £2.59 £13.73 /AT	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125q THE ESSENTIAL SO	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89	Fennel Fluoride Free (Dark Ref 100ml 12 x 100ml Fennel with Fluoride (Bright Ref 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B. Handle VAT	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.15	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s)	£7.86 £8.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1	£35.18 ic VAT £12.99 ents) £3.07 £3.25 £17.17 £2.59 £13.73 'AT £4.65	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125q THE ESSENTIAL SO All soaps	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with Bellandle VAT	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.50 £35.46 en] En EN £35.46 en] EN	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s)	£7.86 £8.95 £9.95 £9.95
## 100 x 1item(s) ## 193.19 GREENCANE Facial Tissue (Recycled) VAT 90item(s) ## 238.43 INCOGNITO Insect Repellent Lotion VAT 100ml ## 14.31 LAUGHING BIRD Balm VAT 1 ## 217.85 Body Cream VAT 250ml ## 250ml ## 13.49 Body Scrub VAT 250ml ##	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6	£35.18 ic VAT £12.99 ents) £3.07 £3.25 £17.17 £2.59 £13.73 /AT	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125a 600g 6 x 600a 24 x 125g THE ESSENTIAL SO All soaps 1item(s)	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B- Handle VAT 1 12	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.15	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT	£7.86 £8.95 £9.95 £9.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1	£35.18 ic VAT £12.99 ents) £3.07 £3.25 £17.17 £2.59 £13.73 'AT £4.65	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125a 600a 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B- Handle VAT 1 12	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT 1item(s)	£7.86 £8.95 £9.95 £9.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6	£35.18 (£12.99 ents) £3.07 £3.07 £2.59 £13.73 (AT £4.65 £24.61	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125q THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 (APS)	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B. Handle VAT 1 12	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) RICE HUSK CUP	£7.86 £8.95 £9.95 £9.95 £9.95
## 100 x 1item(s) ## 213.49 GREENCANE	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT	£35.18 ic VAT £12.99 ants) £3.07 £2.59 £17.17 £2.59 £13.73 CAT £4.65 £24.61 £3.35 £17.67	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B- Handle VAT 1 12	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) RICE HUSK CUP	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
## 193.19 GREENCANE Facial Tissue (Recycled) VAT	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT 90q	£35.18 ic VAT £12.99 ants) £3.07 £2.59 £13.73 VAT £4.65 £224.61 £3.35 £17.67 £2.15	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125a 600a 6 x 600a 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml Toothpaste &	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B- Handle VAT 1 12	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT 1item(s) RICE HUSK CUP VAT 1	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
### 100 x 1item(s) ### 193.19 GREENCANE	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT 90q	£35.18 ic VAT £12.99 ants) £3.07 £2.59 £17.17 £2.59 £13.73 CAT £4.65 £24.61 £3.35 £17.67	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B Handle VAT 1 12 III. HOUSEhole	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Caudiron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT 1item(s) RICE HUSK CUP VAT 1 SHARED EARTH	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
### 100 x 1item(s) ### 193.19 GREENCANE	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q All-In-One Soap Bars VAT 95q 6 x 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT 90q 12 x 90q Square Soap VAT	£35.18 ic VAT £12.99 ants) £3.07 £3.25 £3.7.17 £2.59 £13.73 AT £4.65 £24.61 £3.35 £21.7.67 £2.15 £22.83 £3.15	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125a 600a 6 x 600a 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml Toothpaste & Dental Care	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B Handle VAT 1 12 III. HOUSEhole	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en E3.35 £35.46	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT 1item(s) RICE HUSK CUP VAT 1 SHARED EARTH Tealight Holder VAT 1item(s)	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
### 100 x 1item(s) ### 21.3.19 GREENCANE	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q Bamboo Soap Bars VAT 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT 90q 12 x 90q Square Soap VAT	£35.18 ic VAT £12.99 ants) £3.07 £3.25 £17.17 £2.59 £13.73 YAT £4.65 £24.61 £3.35 £22.83	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125q 600q 6 x 600q 24 x 125q THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml Toothpaste & Dental Care ECOLIVING	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B Handle VAT 1 12 III. HOUSEhole BOOKS AMOUR NATURAL At Home with Aromatherapy	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en] VAT £3.25 £35.40 en] VAT £3.25 £35.40 en] VAT £3.25 £35.40 en] VAT £3.25 £35.40 en]	1 LAUGHING BIRD Candle VAT 1 OIL BURNERS Cat Oil Burner VAT 1item(s) Cauddron Oil Burner VAT 1item(s) Flower Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) Tear Drop Oil Burner VAT 1item(s) RICE HUSK CUP VAT 1 SHARED EARTH Tealight Holder VAT	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
### 100 x 1item(s) ### 21.3.19 GREENCANE	6 Hemp Sun Lotion SPF30 Organi 240ml Lip Balms (an assortment of sce 4q Soap ALTER/NATIVE All Facial Soaps VAT 95q 6 x 95q 6 x 95q Bamboo Soap Bars VAT 95q Bamboo Soap Dish Rectangle V 1 6 Bamboo Soap Dish Round VAT 1 6 Round Soap VAT 90q 12 x 90q 5 x 90q 5 x 90q 6 x 90q 6 x 90q 7 ravel Soap Tin VAT	£35.18 (ic VAT £12.99 ants) £3.07 £3.07 £3.07 £3.25 £17.17 £2.59 £13.73 £4.65 £24.61 £3.35 £17.67 £2.15 £22.83 £3.15 £16.66	5 Bar Gift Box. VAT 1 90g Bar, Band Wrapped. VAT 1 90g Bar, Rivet VAT 1item(s) OLIVA Olive Oil Soap VAT 125a 600a 6 x 600a 24 x 125g THE ESSENTIAL SO All soaps 1item(s) URTEKRAM Sensitive Skin Handwash VAT 300ml 6 x 300ml Toothpaste & Dental Care	£14.99 £3.15 £3.99 £1.99 £3.99 £21.23 £41.89 APS £6.61	Fennel Fluoride Free (Dark Re 100ml 12 x 100ml Fennel with Fluoride (Bright Re 100ml 12 x 100ml Mint Fluoride Free (Dark Gree 100ml 12 x 100ml Mint with Fluoride (Bright Gree 100ml 12 x 100ml TOOTHBRUSH Environmental Medium with B Handle VAT 1 12 III. HOUSEhole BOOKS AMOUR NATURAL At Home with Aromatherapy - Special Order Only.	£35.46 d) VAT £3.35 £35.46 ed) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46 en) VAT £3.35 £35.46	LAUGHING BIRD Candle VAT OIL BURNERS Cat Oil Burner VAT 1item(s) Cauldron Oil Burner VAT 1item(s) Green Leaf Oil Burner VAT 1item(s) Spiral Oil Burner VAT 1item(s) RICE HUSK CUP VAT 1 SHARED EARTH Tealight Holder VAT 1item(s) Charts	£7.86 £8.95 £9.95 £9.95 £9.95 £9.95
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Mousehold Cleaning							ORNAMENTS		&	
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Collegating	•	2.0.00	500ml		Kitchenware		1	£3.09	Accessor	CO
Landy State	Household		12 x 500ml	£31.67			•	C4F 40	Dana	
Substance	Cleaning			NIC		D	·	£ 15.49	Bags	
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Foot Legicy User Val 19 19 19 19 19 19 19 1			**	£9.44		£3.29	SHARED EARTH			
March Color Colo	•	00.00			10 x 1item(s)	£29.43	All Coconut Decorative Bowls	VAT	1	£12.55
Description Control Spray (NAT Control Spray		£2.99	• .	£3 50	D2W		•	£6.98	-	
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25	Dishwasher Tablets (25) VAT				Kitchen Cloth 2 Pack Cotton V					£7.99
SALE					6	£3.95 £20.42	JARS - 2LB			£7.99
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Page 10										

Page 19

V. Garden

Garden **Ornaments**

SHARED EARTH

Bird Chime VAT Garden Bunting VAT 1item(s) £8.52 Hedgehog Planter VAT £17.45

Seed Packets

KINGS SEEDS

Various. Herbs, vegetables, sweet peas, green manures, wild flowers. As priced.

VI. Refill **Accessories**

Bottles, Pumps & Jars

28MM LOTION PUMP

VAT 10 £13.69

5L PUMP VAT £4.99

GLASS JUICE BOTTLE

Glass Juice Bottle 1L VAT

£1 98 **GLASS SYRUP AMBER**

1L Glass Syrup Amber Bottle 1L VAT 1item(s) £4.79

GLASS SYRUP AMBER 500ML

Glass Syrup Amber Bottle 500ml With Lotion Pump VAT

£3.09

GLASS SYRUP BOTTLE 250ML

Glass Syrup Bottle 250ml VAT

GLASS SYRUP BOTTLE 500ML

Glass Syrup Bottle 500ml VAT £2 18

VII. Refills

Home & Body

BIO D

All Scented Handwash Refill VAT 100ml £0.59 £21.99 Floor Cleaner Refill VAT 100ml £0.59 £26.69 Fragrance Free Handwash Refill VAT 100ml £0.51 5L £18.69

Limescale Remover Refill VAT 100ml 5L £21.95

Toilet Cleaner Refill VAT 100ml £0.34

£0.68

£13.99

£42.64

ECOLEAF

5L

Fabric Conditioner Refill VAT 100ml £0.27 20L £39.62

£6.19 Laundry Liquid Refill VAT 100ml £0.45 £78.19 20L

Multisurface Cleaner Refill VAT

100ml £0.31 20L £46.48 Washing Up Liquid Refill VAT 100ml £0.29

FAITH IN NATURE

All Body Wash Refill VAT 100ml £1.15 £53.04 All Handwash Refill VAT

100ml £1.12 5L £49.99 All Shampoo and Conditioner Refill VAT

100ml £1.35 5L £56.99 Hand and Body Lotion Refill VAT 100ml £1.32 5L £57.42

LA DROGUERIE £1.16 ECOLOGIQUE

Vinegar Refill 100ml £0.24 15L £36.92

SODASAN

All Purpose Cleaner Refill VAT 100ml £0.89 £35.95 Colour Sensitive Laundry Liquid Refill

VAT 100ml

Orange Cleaner Concentrated Refill 100ml

£1.23 £49.99